



Chinmaya Vidyalaya Tripunithura, Senior Secondary School (CBSE) - A Unit of CMECT (GC)

# Chinmayam 2024-25





## Chinmaya Vidyalaya

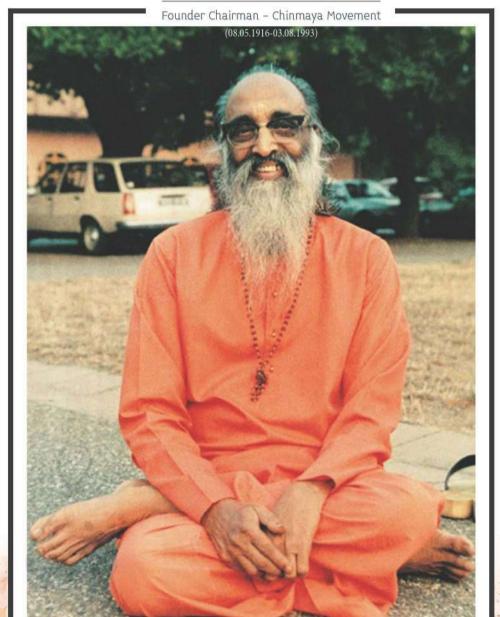
Senior Secondary School (CBSE)
Tripunithura
(A Unit of CMECT (GC))

There are infinite possibilities in each one of us. We must learn the art of tapping these mighty resources within. The only way to explore these unknown veins of power and strength, efficiency and ability, success and glory, is to put forth our sincere efforts into the work in hand, more diligently, more industriously.

Let us realize that whatever we have done so far is nothing and that we can still do much better, and even more to be sure. Immense possibilities are before us.

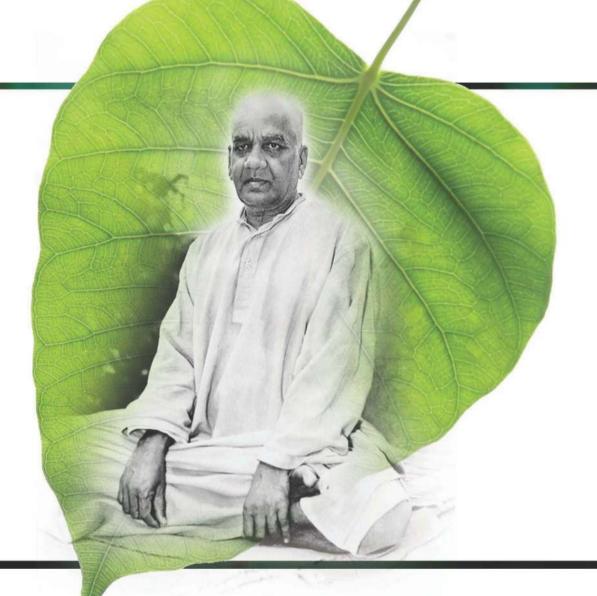
Fearlessly attempt the great, confidently pursue the great and ultimately you will find yourself on the peak. In our success lies the success of the nation, the glory of the world.

# Pujya Gurudev SWAMI CHINMAYANANDA





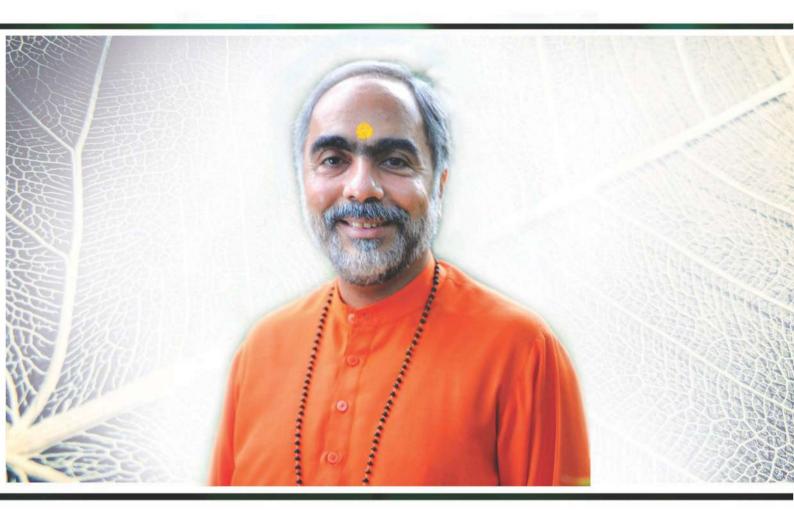




Good people are like bees which visit the flowers to gather sweet honey. Their attempt is to find the good in other people; on the contrary, the bad ones, like cocks on a dunghill searching for worms and other prey, revel in other people's defects and weaknesses.

## Swami Swaroopananda

Mukhya Swamiji of Chinmaya Mission World Wide and Chairman of Chinmaya Movement (Global)



Excellence has been defined as the quality of being outstanding or extremely good. We want to be good at everything, but there is always scope to become better. In fact, deep down all of us aspire to be the best. Whether we are in school, university, or the workplace, we want to be at the top; we seek to be the best. Excellence is when we have done our best and generated something that gives contentment not just to us, but pleases, enchants and amazes others too.

## swami Viviktananda

Regional Head, Chinmaya Mission, Kerala Region

Chinmaya Mission, Post Box No. 4 Vidyonagar, Kasaragod - 671 123, Kerala Phone : (04994) -256437 E-mail : uiuihaksd@gmoil.com : cmkrksd@gmail.com



I am happy to note that you are bringing out this year's school magazine "Chinmayam 2024-25". I am sure the magazine contains 'creations' by our young talents in literary and other skills. May this volume be a good read reflective of the high standard and reputation the school maintains! I invoke Pujya Gurudev's grace and blessings upon all of you for successfully bringing out this volume.

in the service of the Lord
With love and best wishes,

# MEMBERS OF THE BOARD OF MANAGEMENT



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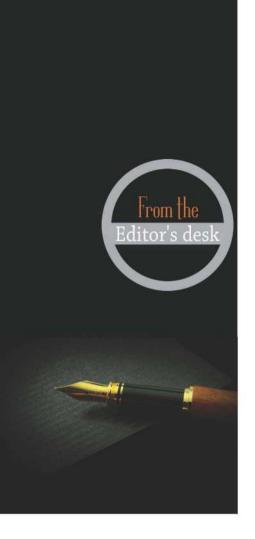
As we navigate the journey of life, our perspectives shape our experiences, influencing our thoughts, emotions, and actions. Our outlook can transform challenges into opportunities or obstacles into stepping stones. It is the lens through which we view the world, coloring our perceptions and guiding our decisions.

Swami Chinmayananda aptly said, "The strength or weakness of a person lies in their own mind, and not in external objects or circumstances." This wisdom reminds us that true power resides within. Our minds have the capacity to reshape our realities, to find beauty in adversity, and to uncover lessons in every experience.

At our Vidyalaya, we strive to cultivate a positive and resilient mindset, empowering our students to; Approach challenges with confidence and creativity, Embrace diversity with empathy and understanding, Nurture meaningful relationships built on kindness and respect, Discover their potential and pursue their passions.

As we grow and learn together, let us recognize the power of our perspectives and choose to see the world through the lens of hope, compassion and kindness.

May we unlock our full potential and create a brighter future for ourselves and those around us.



Hari om!

Built with the goal to give maximum happiness to maximum people for maximum time, the Chinmaya Mission has changed millions of lives around the world, and our Vidyalaya has been a shining example of that ideal.

In the milestone year following our golden jubilee, we were able to celebrate excellence in all fields. Academic prowess was outstanding, and literary activities flourished. The competence shown by our young sportsmen and sportswomen brought glory to our name.

We also had the opportunity to welcome brilliant speakers and guests to our school events. Our school joined the revolution of Indian edtech, fostering innovation with landmarks such as the installation of an interactive panel in our classrooms.

Our teachers and administrators continued to display their unwavering sincerity and dedication in educating the next generation to do their part, encouraging students to form their own opinions, and awarding creativity.

The teaching-learning process is endless, and Chinmaya Vidyalaya is not only a school for academics, but also a school for values. In our years here, we build lifelong friendships and memories. The camaraderie we experience in examinations and festivities alike is a highlight of our school lives. And of this I am certain - it has been the highest privilege to be part of this institution, which above all values the growth of a good human being.

This year's school magazine is a testament to the vibrant spirit of our students, showcasing their diverse talents, achievements, and experiences. Within these pages, you'll find captivating stories, poems, and artwork created by our students, as well as highlights from our various extracurricular and co-curricular activities, such as sports, arts, debates, and cultural events. We're proud to present this magazine as a snapshot of our school's journey, and we hope you enjoy reading it as much as we've enjoyed creating it.

Thank you

Hari om



# ADMINISTRATIVE HEADS OF THE VIDYALAYA VICE PRINCIPAL



SMT, SUCHITRA C

## ACADEMIC COORDINATORS



SMT. **NEENA** R ACADEMIC CO-ORDINATOR-KG

SMT. SHIVABINDU E K
ACADEMIC CO-ORDINATORPRIMARY SECTION

SMT. NITA P MENON
ACADEMIC CO-ORDINATOR MIDDLE SECTION



with the Principal, Vice Principal and Academic co-ordinators The Team of Teachers

















## Chinmaya Vidyalaya Emblem



The Chinmaya Vidyalaya has for its Emblem, the Lamp and the 'Hamsa' bird. In the light of the Scriptures (represented by the lamp) the discriminative power of the human intellect is to be developed (represented by the Hamsa bird). Vedic tradition describes Hamsa as a bird that can drink milk alone from a mixture of milk and water. The human intellect with its discriminative power must be able to discriminate between Spirit and Matter and must come to enjoy the Spiritual Essence in the world of names and forms. Thus the emblem indicates that the function of the Mission is to help people in developing ethical values and cultivating in them a discriminative intellect.



Is our School Motto.

This means:

**B**e brave and courageous always, face every experience in life with a smile on your face. In other words, be balanced in life under all circumstances- joy or sorrow, success or failure, honour or dishonour, prosperity or adversity. This calmness of mind expresses itself in a smile.





भारत माँ के लाल हम एक राग गायेंगे तन अनेक प्राण एक भाव एक गायेंगे चिन्मया विद्यालया लायेगा नवीनता चिन्मया विद्यालया लायेगा एकता कर्म धर्म प्रेम की ज्योत को जलायेंगे विनम्रता मनुष्यता सहिष्णता सिखायेंगे। रूढि रीति - नीति और मुढता मिटायेंगे मधुर मधुर स्वर्ग सी सभ्यता बनायेंगे ।। चिन्मया... भक्ति ज्ञान श्रद्धा के महत्व को बतायेंगे. विद्युत गति से हम परिवर्तन लायेंगे। सर्वक्षेम के स्वर्ण बीज को हम बोयेंगे, वस्धैव कुटुम्बकं की भावना फैलायेंगे।। मुस्कराते रहो सदा छंद को हम गायेंगे. भारतीय संस्कृति को खुब हम सजायेंगे।। चिन्मया...



## जन्मदिन गीत

ву Pujya Swami Tejomayananda

जन्मदिनमिदम् अयि प्रिय सखे शन्तनोतु ते सर्वदामुदम् ।।१।। प्रार्थयामहे भव शतायुषि ईश्वरस्सदा त्वां च रक्षतु ।।२।। पुण्यकर्मणा कीर्तिमर्जय जीवनं तव भवतु सार्थकम् ।।३।।

Janmadinamidam ayi priya sakhe
Santanotu te sarvada mudam || 1 ||
Prathayamahe bhava satayuşi
Tsvarassada tvam ca raksatu ||2||
Punya karmana kirtimarjaya
Jivanam tava bhavatu sarthakm ||3||

#### Translation

O dear friend! May this birthday bring auspiciousness and joy to you forever. Indeed, we all pray for your long life. May the Lord always protect you. By noble deeds, may you attain fame and may your life be fulfilled.



### ANNUAL REPORT

Hari om!

CHINMAYA VIDYALAYA TRIPUNITHURA 2024-25

Esteemed Chief Guest Dr Divya S Iyer IAS, respected Chief Sevak Sri A Gopalakrishnan, President of Board of Management & Trustee CMECT-GC Dr (Mrs) Leela Ramamurthy, Secretary & Treasurer of Board of Management & Trustee CMECT-GC Sri Rajesh Patel, Shri Venugopal C Govind, Senior Trustee-CMECT-GC, Sri V N Venugopal, Senior Trustee-CMECT-GC, Sri K S Vijayakumar, President of Board of Management, Chinmaya Vidyalaya Vaduthala & Trustee CMECT-GC, Parent Member of School Management committee Smt Sunaina Warrier, proud parents, dear staff, cherished students and well wishers,

As we look back on another year of growth and achievements of Chinmaya Vidyalaya Tripunithura, I am filled with a deep sense of pride and gratitude. My heartfelt gratitude is to the esteemed school management members for their unwavering support and visionary guidance which have been the foundation of our flourishing dreams.

My gratitude is to our exuberant community of students, competent and committed teachers, understanding and supportive parents and devoted and dedicated staff who have worked together tirelessly, fostering a nurturing and innovative environment. Each milestone, whether big or small, has been a testament to our collective efforts and dedication. Guided by the values of selfless service, humility, and the pursuit of knowledge- upheld by Poojya Gurudev Swami Chinmayananda we are striving to create a harmonious and enriching educational experience for each child This Annual Report is not just a record of our achievements but a celebration of the bonds we've strengthened, the virtues we've upheld, and the challenges we've overcome together. We invite you to join us in reflecting on our journey and looking forward to the future with hope and enthusiasm. The following are the *manifestations* of our scholastic and co-scholastic achievements which made us stand in the 32<sup>nd</sup> position in the Best Schools in India Ranking according to the Indian Institutional Ranking Framework (IIRF) for the year India School Rankings 2024-25.

Vidyalaya has been rated AAAA+ grade for the academic year 2024-25 under the Day School Category by Career360, a data-enabled and technology-driven Educational Products and Services Company.

The Vidyalaya was awarded the appreciation letter from Indo German Science and technology Centre, CUSAT for actively participating in the awareness program on "Fish health management through vaccination"

#### Achievement

Our school was the Centre for the NEET, CTET, CUET & SAINIK SCHOOL Entrance examination conducted by National Testing Agency.

## SENIOR SCHOOL CERTIFICATE EXAMINATION & SECONDARY SCHOOL EXAMINATION. RESULTS Moving on to ACHIEVEMENTS SCHOLASTIC

With great pride and excitement, I am pleased to announce the excellent performance of our students in the Class 12 Board Exams 2023-24.

In class12 total 143 students appeared for the exam and I feel proud to say that we have achieved 100 percent pass. 80 students have secured 75% and above 20% have scored between 60 % and 75%. A loud round of applause for our 13 students who bagged A1 in all subjects. Saurav Mohan emerged school topper in Science stream with 99.4% (497/500).

He is the proud recipient of the Swami Chinmayananda GOLD MEDAL instituted by Chinmaya Seva Trust Kerala as a token of appreciation to the student who scored the highest mark in the Science and Commerce stream of 12<sup>th</sup> std examination of CBSE,ISCE and State syllabus.

He has also received the Kochi Sahodaya Award for the student who scored the highest score in the Senior School Certificate Examination.

Abhinav Nair claimed the highest spot in the commerce stream with 96.2% (481/500) and Mithravinda N secured the top position in the Humanities stream with 93% (465/500).

The following are the students who burned their midnight oil and brought laurels to the Vidyalaya scoring centum in various subjects.

Sauray Mohan, had scored 100 in Physics, Chemistry, Computer Science & Maths.

Sanjeev Mohan, scored centum in Physics, Computer Science & Maths.

Aiswarva S in Maths

Lakshmi Mahesh in Informatic Practices

Surya Krishna in Accountancy

Mithravinda N in Psychology & Nandana S Nair in History.

On this joyous occasion I am equally delighted to announce the brilliant results of <u>Secondary School Examination</u> -class 10 board examination for the year 2024.

I'm proud to inform that 16 students had secured A1 in all subjects.

Neeraja S Nair rose to the top with a score of 98% (490 out of 500).

It's a proud moment for us as our students had scored centum in various subjects.

Ravi Purayannur had created history by scoring 100 in English this year.

6 students had scored centum in Sanskrit and 3 students had secured 100 in Social Science.

We are proud of you dear children. Congratulations to all the students and also to all the teachers for all the pain they have taken to groom them.

#### MOVING ON TO THE CO-SCHOLASTIC

#### ACHIEVEMENTS OF STUDENTS

Engaging in cultural and sports activities fosters holistic development, instilling values such as teamwork, discipline, and creativity, while promoting physical health and cultural awareness.

Our students not only participated in various cultural and literary competitions but also swept the board with their victories, showcasing their exceptional talents and determination!

#### SCIENCE AND TECHNOLOGY

Participating in Science and Technology competitions will provide the students at a very young age the spark of interest in Science ,technology, engineering and Mathematics (STEMI) fields, making it an essential component of their educational journey.

In the TechEd Interschool competition held at Chinmaya Vidyalaya, Vaduthala, our12 th std students Chinmay R, Nandana TP, Vikesh K Iyer & Malini Tarakadu Seshu bagged the First Prize in Relay programming

In the Interschool competition held at Bhavans News Print Vidyalaya Velloor, in Pictores phantasiae-video editing our 11<sup>th</sup> std students Abhishek Jayan & Ravi Purayannur bagged the first place. Our 10<sup>th</sup> std students Sreeram V & Ramprasath M secured the first position In Desafio De Robotics. They also bagged the First Position in the Next Gen Wonders conducted by Rajagiri Kristhu Jayanthy Public school

In the Saptha'24-All Kerala Interschool Science/Technical competition, in Animation Bhavish M M of Class XII secured 3 rd prize with Rs 3000 cash prize.

#### Our Achievements in ART, CULTURAL AND LITERARY FIELD

Our budding author Devika Arun from class 8 published her first book 'Venalinte Ormakal'. She also bagged the Second Prize in a 1-minute video presentation competition in connection with world environment day 2024 conducted by IIT Madras & Madras Mecical College

Our rising literary talent of class 12 Aparna Menon's poems found their place for the second time in the ..." Ananthology' for the Yercaud poetry festival.

A few excerpts of our other cultural, art and literary accolades.

In the CBSE state Kalotsavam Lalitha Parvathi bagged the second prize in Violin.

In the Nadhanirjari Competition by Vidyodaya School Vaishnavy Panicker class 6 secured First Prize for Vocal music (Sub Junior). She also secured A grade certificte in Light music in the CBSE state Kalotsavam along with Alaina, of 4std who secured A grade in Hindi recitation. In the Nadhanirjari Competition by Vidyodaya School, Lalitha Parvathy of class 11 secured Third Prize in Violin (Senior)

In the 'Tiger My Friend', National level colouring competition Krithika Renjith of class 2 secured 3<sup>rd</sup> position and in Story Telling Competition, Navamika P Pisharody of class 3 bagged 4<sup>th</sup> position. Kaniha Renjith of LKG B scored Third position & Anamika Sreekanth of LKGC scored Fifth position in this national on-line colouring competition.

In the Chinmaya Vishwa Vidyapeeth, Onakkur Sanskrit Day Celebration 2024 competitions Pradyota Chiplunkar(4B) has won the First Prize in Sanskrit Story telling competition, Solo Singing competition & Second Prize in Shloka Recitation competition in Sub Junior level. He also won the Gadiyaram Shanta Subramaniam medal for the overall best performance

among all levels. Pavana of class9 bagged 1st prize in Sloka recitation. In the Chinmaya Vishwa Vidyapeeth, Onakkur Sanskrit Day Celebration 2024 competitions Pavana of class9 bagged ,3rd prize in Solo singing &Elocution , Abhirami of class 5 bagged 2nd prize &Bhaumik D Nair of class7 got-3rd prize in drawing. Vyga Retheesh of std. 4 secured 2nd prize in Recitation.

Rudraksh Varun of UKG got first prize in Ente Gandhi colouring competition conducted jointly by Malayala Manorama and Sabarmathi Padhana Gaveshana Kendram . He also secured the first position in the All Kerala Children's Colouring competition conducted by Cochin Shipyard, First place in Kuttyvara Drawing and painting competition conducted by Global Public School and received a cash prize of 3000/-. He also got second prize in Sugatha Prakrithy All Kerala painting competition in Connection with Sugatha Kumary's Navathy Celebrations and 3<sup>rd</sup> prize in Balabhoomi Varnam Kids fest.

In Kinder fiesta organised by Chinmaya Vidyalaya West Kochi we bagged the Overall trophy.

In the interschool competition Esperenza conducted by Chinmaya Vidyalaya, West Kochi, our KG team secured first position and our school secured first runners up trophy . Our students bagged First place in Adzap Malayalam , Quiz , Painting & Fashion show.

#### Esperenza

- 1. Treasure hunt Primary Third prize (Class 2)
- 2. Adzap Malayalam Class 7&8 Middle- First prize 3. Quiz (Class 8) First prize
- 4. Letter writing (Class-8) Second prize 5. Art Painting First prize 6. Craft 6. Rangoli Second prize
- 6.2.Mehendi- Third prize 6.3.Clay modelling (Class-1) -Second prize 7.Group Dance- Primary 1&2 Third prize 8.1.Fashion show (Primary Class 3&4) First prize 8.2.Fashion show (Primary Class 2)- Second prize
- 8.3.Fashion show(Middle Class6,7&8)-Second prize 8.4.Fashion show(Senior Class 9 to 12)-Second prize.

In the State level Sanskrit competitions conducted by Sanskrit College Tripunithura our students bagged various positions. Recitation

- 1. Akshith G Kammath -2nd prize-std.4 2. Unnimaya P- 2nd prize std.6
- 3. Malini Tarakadu Seshu 3rd prize std. 11 Quiz 4. Vishnupriya Mallya 2nd prize std. 11
- 5. Avani AV-3rd prize-std.12

Tanmaya of class 11 secured third prize in the Interschool Debate competition conducted by Delta Study School.

Thus Spake Gurudev, in the declamation competition conducted by Chinmaya Vidyalaya Kannur Ravi Purayannur of class 11 secured Excellent Grade.

In Mayookhasree competition conducted by CV Trissur, in Extempore Pavithra Iyer secured grade "Good"

In the Spiritus Competition Conducted by Sri Sri Ravisankar Vidya Mandir our school bagged the overall 3<sup>rd</sup> Prize

1st prize Nadan Pattu

Saarangi PS, Megna, Anika, Hari Mayukh, Revathi prasanth, Vilvadri Iyer, Vaiga,

Akshith G Kammath (Calss 5 students)

Second prize-Arabic Dance. -Nitara V(2D) and Nadhanel Jude Antony(2A)

Second prize - Craft-Paper Quilling - Sreenandana (Class-8)

Sai Varada Vineeth & Shreya Aneesh (Class 8) Third Prize in Shakespear's Ensemble English.

Vishnudathan H Pisharody's (Std 8) poem Ente Keralam got Navamukulam prize by pisharody samajam. His debut movie Sthanarthy Sreekuttan hit the big screen recently.

Arundhati got prize for Ente Gandhi drawing and colouring competition conducted jointly by Malayala Manorama and Sabarmathi Padhana Gaveshana Kendram among 30 students selected.

In the Rajagiri kids fest -Spectrum competition, Samskriti Abhilash of LKG won the Third prize in colouring.

Vaiga S Menon of class 1C got 3rd prize for drawing competition conducted by Thanal charitable trust at St. Sebastian school, Udeyemperoor

In The Mathrubhoomi Vidya Big Vacation Challenge Akshat M Nair bagged prize.

Anirudh Aneesh & Aadya Aneesh performed drums and poem recitation in Radio 90.4 fm.

In interschool competition conducted by St.Antony's Public School Ananthalekshmi of Class 10 D secured second prize in Bottle Arte (Craft), Bhaumik D Nair of Class 7 Secured Third Prize in Drawing and Sivanya Sreeraj of Class X C got third prize in Crush with Trash(Craft) event and also 3<sup>rd</sup> prize in the Craft Bottle sand art conducted Marthoma Public School.

In Atham 2024 competition conducted by Tripunithura Municipality ,Senior level- Abhinav K Mani of Class XII secured Second prize Light Music and Third prize in Patriotic song. Nidhi S Kumar has won the third prize in Essay writing Competition. Devika R Menon of Class XI has won Third Prize in Malayalam Story writing and Second Prize in Malayalam Essay Writing. Sub Junior level Painting competition First prize won by Karthik J Nair of Class V D

Malayala Manorama, Padipura Quiz - Human Body - Puzzle Competition-

Gouri nanda 7 B & Abhishek Jayan - 11A got pens as prize with Mammoty's signature

Nabhanyu N Nair's (class 1) painting was published in The Children's magazine by PCM pvt Ltd . He received 100 Rs cash prize.

Abhiram K R Class 7 C Got selection for the painting competition by NTPC Kayamkulam

\*Vagmi Partheswara of Class IV secured Medal of appreciation in Dance by Heritage Foundation of Art and Culture and Adinath S of Class IV also secured Medal of appreciation in Music

Nainika Sujith of UKG B bagged Second prize in the Fancy dress competition held in connection with Janmashtami celebrations at GSV

Samskriti Abhilash of LKGB bagged Third prize in the LKG Colouring competition (Spectrum Junior ) held on 2nd August at Sanskara School.

Anvika Sujith of UKG-C and Abhirami Aneesh 5A got first prize in coloring competition conducted by Balagokulam Ayush B Nair of 3B, was awarded Sri. Gopalakrishnan Nair memorial scholarship on behalf of the commemoration ceremony of Great Kathakali artist Late Sri. Evoor Parameswaran Nair

Many of our students participated in the District Level CBSE Kalotsavam in various events and secured prizes.

#### KALOTSAVAM LIST

· ·		ODAYA SCHOOL COMP			
N.	JCHI SAH	KALOTSAV 2024	EXES		
	SCH	OOL PERFORMANCES			
	961	CATEGORY 1			
Item Name	ld No	Participant	Position	Grade	Point
DIGITAL PAINTING	10009	VANSHIKA SALEEL		B	3
ELOCUTION ENGLISH	10000	AKSHARA R AMITH	Third	T A	6
FOLK DANCE	10005	SANKEERTHANA HARI	75	A	5
LIGHT MUSIC MALAYAYALAM	10006	SHREYAAN A NAIR		A	5
PAINTING CRAYON	10008	SREENIKETH VIPIN	Third	A	6
PAINTING WATER COLOUR	10002	ASHMITA KRISHNAKUMAR	1/2	A	5
PENCIL DRAWING	10008	SREENIKETH VIPIN	-	8	3
RECITATION ENGLISH	10004	LAVANYA HARI	Third	A	- 6
RECITATION HINDI	10001	ALAINAARUN	Second	A	8
RECITATION MALAYALAM	10007	SOUPARNIKA ANUP	-	В	3
				Category Total	50
- Control of the Cont		CATEGORY 2	<u> </u>		<u> </u>
Item Name	ld No	Participant	Position	Grade	Point
BHARATANATYAM (GIRLS)	20700	KEERTHANA HARISH	-	A	5
CLASSICAL MUSIC (KARNATIC)	20011	VAISHNAVY PANICKER	Third	A	6
ELOCUTION ENGLISH	20007	PARTHIV RAKESH		C	1.
ELOCUTION MALAYALAM	20010	UMA SANKARI V		В	3
ESSAY WRITING ENGLISH	20008	ROHAN JOHN THOMAS		A	5
FOLK DANCE (GIRLS)	20701	SOUPARNIKA HARI	Second	- A	-8
LIGHT MUSIC MALAYALAM (BOYS)	20001	ADVAY A NAIR		A	5
LIGHT MUSIC MALAYALAM (GIRLS)	20011	VAISHNAVY PANICKER	First	A	10
PAINTING WATER COLOUR	20000	ABHIRAMI ANEESH		В	3
PENCIL DRAWING	20002	ANIRUDH G		В	3
RECITATION ENGLISH	20003	ANN RITA ANTONY		A	5
RECITATION HINDI	20009	SRIYA SUKESH		A	- 5
RECITATION MALAYALAM	20011	VAISHNAVY PANICKER	353	A	5
RECITATION SANSKRIT	20006	NAYAN NIVED RAJ	F.	A	5
ALTERNATION NUMBER OF	-0/5(-1			Category Total	69
		CATEGORY 3			
Item Name	ld No	Participant	Position	Grade	Point
BHARATANATYAM (GIRLS)	30001	DEVADARSHANA I G		1	6

## Moving on to SPORTS , GAMES AND MARTIALARTS

The Physical Education Department plays a vital role in fostering the overall health and well-being of students. Additionally, martial arts provide students with valuable self-defense techniques while enhancing their mental focus, confidence, and respect for others.

The school Annual Sports Meet was conducted in the campus in November.

The school conducts special Coaching sessions in athletics and games and Band.

In the All Kerala Inter School Football Championship organized by Regional Sports Centre Kadavanthara, our team emerged winners in the uder 17 boys category. Pranav P was adjudged as the Best player of the tournament. We were the winners of Asissi Interschool Junior Football championship too. Dhanjai M Nair was adjudged as the Best goal keeper.

#### Highlights of our achievements are here.

Krishna M R and Gauri Nanda V of class 9 won the trophy in the under-17 girls Badminton singles & Doubles category in the All Kerala Inter school Badminton Championship organized by Asissi Vidyaniketan Kakkanad and also in the RBC Inter School Badminton Tournament. Krishna M R is the

winner of under 17 girls singles and Gauri Nanda is the winner of under 13 girls singles and runner up in the under 11 singles in the RBC Tournament.

They are the champions of Super Slam Interschool Badminton Championship Organized by Global public School in the under 15 Girls Doubles.

Sreedhaksh Sujith of class 1 bagged **First place** (under 7 years category )in the Ernakulam District Sports Karate Association Karate Championship.

In the Super Slam Inter school Athletic meet Organized by Global public school in the under 12 Girls Category Vyshnavi Rajesh of (5D)won the first place in 100 Mts & Second place in 200 Mts race.

Karthik Narayan K L & Nila J Nair secured Second Place in South Indian Full Contact Kyokushin Karate Open Tournament under 50kg & 40kg weight category respectively.

Arshia Rajesh (Class 7C) Gold medal winner in Karate Competition by IJSK

In Chinmaya Soccer, hosted by our school ,our Senior Football team became the First Runners up. The team was the first Runner-Up in the

Vishal Cup Interschool Football Championship organized by Gregorian Public School . Sooryajith. S was adjudged as **the best goalkeeper** of the tournament

Our Junior Football team was the First Runner up in the Dawn Interschool Football Championship, Abhinav P- Best player. In the RCJPS interschool Football championship we were the First . Best player of the Tournament was Jagath Dev of class 7

In the Bhavans Girinagar court clash - Interschool Sports Carnival Pranav P std 10 and Aavani P R std 11 emerged as the player of the match.

Rishikesh V Menon (8B) and Vedha Ratheesh (7A) represented the Ernakulam District in All Kerala State Net Ball championship at Sub Junior Level.

We hosted Ernakulam District Level Sub Junior Net Ball Championship in which our Girls Team secured the Runner up position.

Our students also bagged prizes in various interschool spotrs events.

In the Ernakulam District Chess Championship, Aadhvik of class 1 participated and secured 2.5 points from 4 rounds

Gouri Nanda of 4B was the Semi finalist in Kerala State badminton championship which was held at Malappuram this year. School Kho-Kho team participated in the All India Chinmaya - Khel Milan . Our boys team reached the Semi Finals.

National level KALARIPAYATTU competition held at Ahmedabad, Gujarat, Avani TR of Class X secured Second Prize in Chuavdu and Vadi payattu and Fist Prize in Kaipooru. Sreeram V of Class 9(Junior) secured First Prize in Maypayattu, Chuvadu and Vadi payattu. E N Sreya of Class 7(Sub Junior) secured First Prize in Chuvadu and Second Prize in Maypayattu and Vadi Payattu. Karthika P R of Class 7 (Sub junior) secured Third in Maypattu and Chuvadu and Second in Vadi payattu. Thanusree Vipin of Class 6 (Sub junior) got Third in Maypayattu and First Prize in Chuvadu and Vadi payattu. Shreya T R of Class 4(Sub junior) secured First Prize in Maypayattu and Vadi Payattu and Third in Chuvadu. Shreya also secured Kaalsadagam - first prize, Chuvadu third & Vadiveesu first prize.

Our students secured prizes in JSKA PALAKKAD DISTRICT KARATE CHAMPIONSHIP 2024.

Abhishek Jayan (class 11) - Gold - Team Kata, Gold - Kumite

Subramanyan (class 9) - Gold - Team Kata, Gold-Kumite

Sarang K Lenin (class 5) - Gold-Team Kata, Gold-Kumite,

Keerthana A Binish (class 5) - Gold - Team Kata, Bronze- Individual Kata

Suchetha P(class 6) - Gold - Team Kata

Souparnika Hari(Class 6) - Gold. - Team Kata, Bronze-Kumite

Nandini Krishna (class 6) - Bronze - Kumite, Bronze - Team Kata

(Keerthana, Souparnika, Suchetha and Nandini are trained by our Karate master Hanshi K V Babu in our school)

Pranav Rajesh Nair (Class 7C) got Badminton finals participation certificate and medal & Badminton internal singles certificate and medal by RBC.

Our girls team Secured 3rd position in Ernakulam District level Mini Net ball Championship. Guruchinthana D(Class 9) and Adhilakshmi (class 8) represented the Ernakulam District in all Kerala state Mini Netball Championship. (Jan, 2024)

Nived Krishna and Rishikesh V Menon represented the Ernakulam District in all Kerala state Mini Netball Championship.(Jan, 2024)

#### Let's proceed to QUIZ

Agneya S Namboodiri of class 10 was one among the 8 finalists in the TCS Quiz.

#### An overview of our other achievements.

Sreeram V & Ananya Varma got 2nd prize along with Cash award of Rs. 1000/-

in the Ramayana Quiz competition conducted by Thamarakulangara Ayyappa Seva samithy

In the Interschool Ramanyana Quiz conducted by Paramabhattara Kendriya Vidyalaya, Dhanjith S Iyer and Keshav D secured Third Prize.

In the Ramayana Quiz Conducted by Amrita Vidyalayam, Edappally, Neha M Harikumar & Keerthana s Kumar bagged the 3<sup>rd</sup> Prize. Anvitha H Menon class 2 won the second prize in Ramayana Quiz conducted by Koottekkavu Temple, Kanjiramattam.

#### Lets advance to COMPETITIVE EXAMS

Participating in competitive exams at the school level is crucial as it nurtures a spirit of healthy competition, provide students with the opportunity to challenge themselves, gain confidence in their knowledge and skills.

Our school takes proactive steps to encourage and support students to participate in the following Exams every year.

International Olympiads in English, GK, Maths, Science ,Computer Science , Social Studies , Sanskrit and Commerce. In addition to that we give opportunity for our students to participate in the Maths Talent Search Exams conducted by Kerala Ganitha Sastra parishad and NASTA - KAMP (National Assessment for Scientific Temperament and Aptitude- Knowledge & Awareness Mapping Platform) conducted by Council of Scientific & Industrial Research-Ministry of Science and Technology. We also conduct Sugama Hindi Exam.

In the MTSE 2023 M Ramprasath of class 9 bagged the  $2^{nd}$  rank with a cash award and Abhivruth M Nair of class 5 secured the  $6^{th}$  rank.

#### A snapshot of our various recognitions.

IMO (ZONal Rank) Girish Chander 10 D (rank 30), Pavithra Venkatesh Iyer 8B (rank 25), Malini Tarakad Seshu 11 A (rank 3),

Sreedhar S Menon 11a (rank 16),

NSO-Nived S 10 D (rank 40), Vinayak V Mallya 8D, (rank 78), Ramkishan M 9A (rank 14)

IEO Aprna Menon 11B (rank 28), Ramkishan M 9A (rank 76), Pavithra Venkatesh Iyer 8B (rank 11), Harivarad R 10B (rank 20), Malini Tarakad Seshu 11 A (rank 9)

IGKO-Sreenidhi S 8C (rank 15), Harivarad R 10B (rank 20)

ISSO Rachit Rajesh 10 D (rank 5)

ICO Sarandev Nair 11C (rank 8), Thomas Lee 11C (rank 9), Devika Menon 11C (rank 18)

In Brainobrain state level Abacus Competition, Yukta Subramanian of Class IV secured Gold Medal and Shreyas S Iyer of Class IV secured Silver Medal. Yuvan Subramanian 6D)also got Champions trophy in 44th National Brainobrain abacus championship competition

Vedika Ullas of LKG C is the Champion in State Level

Brainobrain 2024 Abacus Competition Held at S.H.College Thevara.

Nihaara. S of class 7D got Silver in 2024 National Brain O Brain Abacus competition held at Chennai.

Pranay Rajesh Nair (Class 7C) got Brain O Brain Abacus state level championship and trophy.

Sreelakshmi M of class 7D is Silver Topper in the BRAIN O BRAIN regional abacus competition and Gold Topper in the BRAIN O BRAIN national abacus competition held at Chennai.

In alignment with the vision of our Honourable Prime Minister, Sri Narendra Modiji for a Digital India, our school proudly conducts the Future Tech Olympiad (FTO) which is designed to challenge and inspire the next generation of innovators, testing their knowledge and understanding of cutting-edge technologies that are reshaping the world. The Future Tech Olympiad provides an unparalleled platform for students to explore and immerse themselves in the world of emerging technologies, equipping them with critical knowledge and skills while challenging their understanding for a chance to earn prestigious rewards.

29 students registered for FTO this year. They have attended the orientation webinar and now doing 2 courses on IBM SKILLBUILD for participating in the FUTURE TECH OLYMPIAD phase-3. All the participants will receive certificate.

35 of our senior secondary students have successfully completed -the 8 week Certification course in Data Science and AI & Electronic Systems conducted by Centre for Outreach and Digital Education, IIT Madras

#### **ALUMNI ACHIEVEMENTS**

Our Alumni are our great Ambassadors . We take immense pride in the accomplishments of our esteemed Alumni, whose achievements inspire our students and reflect the values of our institution. This year, we are thrilled to recognize some of the most notable successes from our Alumni community.

Mr Bharath Krishna Pisharody 2014-15 Batch) secured the 347th rank in the UPSC examination and now he is posted as Asst. Commissioner of Income Tax (Under Training).

Mis Meenakshi Nair(2017-18 Batch) made headlines by serving as the British Deputy High Commissioner to Kerala and Karnataka for a day in Bengaluru. This unique opportunity was part of the International Day of the Girl Child celebrations

Abhiram Lokanathan (2019-20 batch) secured the Second Rank in BA(Hons) from Delhi University with a 9.476 CGPA from Shri Ram College of Commerce.

Mr S Niranjan & Mr Rrishikesh Menon (2022-23 batch), the members of our CBSE STATE LEVEL FOOTBALL CHAMPIONSHIP winning team, were selected to the under 23 Mini Football World Cup which was held in Croatia.

On the occasion of the 50 th Anniversary of the Vidyalaya, a premier League tournament was organized for our Alumni.

Dr Haritha D was conferred with doctorate from IIT, Gandhinagar in Chemistry. She has been awarded the prestigious Wenner Gren Foundation post doctoral fellowship to pursue her research at the Dept.Of Cell And Molecular Biology at Uppsala University Swedwen.

Their alma mater celebrated their achievements with special felicitation ceremonies, honouring their dedication, perseverance, and excellence.

#### Moving Forward to the ACHIEVEMENTS of STAFF

#### **PRINCIPAL**

The Principal received the The Best Principal Award (Innovative Administrative)2024 by FAP, Federation of Private Schools & Association, Kerala Chapter.

 $The \ Principal \ is \ a \ CBSE \ Resource Person \ for \ Ethics, Integrity \ and \ Value \ Education.$ 

The Principal was appointed as the Centre Superintendent by CBSE at TocH school in March-April 2024 for CBSE board examinations.

The Principal was appointed as the Centre Superintendent for the NEET, CTET, CUET, SAINIK SCHOOL Entrance Examinations.

#### **VICE PRINCIPAL**

The Vice Principal Mrs Suchithra C was appointed as the Head Examiner- Evaluation English Language and Literature by CBSE for the spot evaluation 2023-24.

The Vice Principal was appointed as Observer for the PARAKH Rashtriya Sarvekshan survey held on 4th December 2024.

The Vice Principal was appointed as the Centre Deputy Superintendent for the NEET, CTET, CUET, SAINIK SCHOOL examinations.

#### **TEACHERS**

Mrs Kanchana V and Mrs Geetha Raja brought laurels to the Vidyalay by winning the 2<sup>nd</sup> position with a cash prize of Rs 20000/and the 5<sup>th</sup> position with a cash prize of Rs 10000 respectively in the All India Chinmaya Quotient Quiz held at Coimbatore.

Kerala Commerce Forum has adjudged Mrs Sindhu Sudhakaran HOD Commerce as the Best Business Studies Teacher of the academic year among all CBSE school teachers of Kerala.

Mrs Jayasree T S from the Sanskrit Dept. is conferred with Doctorate in Sanskrit Special Nyaya Sasthra by Sree Sankaracharya Sanskrit University, Kalady.

Mrs Madhurima C N, HOD Physics received the Certificate of Appreciation for her instrumental role as SPOC for the Centre for Outreach and Digital Education, IIT Madras, School Connect Program.

Mrs Geetha Thankappan from the Dept. of Social Science was appointed as Observer for the PARAKH Rashtriya Sarvekshan survey held on 4<sup>th</sup> December 2024.

Mrs Yamunadevi K P from the Dept. of Physical Education was the winner of Shotput & Discus Throw and was also Runner up in Long Jump in the 6<sup>th</sup> Kerala State Masters Athletic Meet which was held in Kozhikodu on 12<sup>th</sup> December 2024. She was selected for the National Championship at Himachal Pradesh in the month of April

She also attended the State Level Basic & Advance SM/GC Training Camp organized by the Hindustan Scouts and Guides Association Kerala (HSGA Kerala State) at National Public School, Thazhuthala, Kollam District from October 31 to November 3, 2024.

4 of our teachers were selected as CVP Master Trainers by CCMT Education cell, Coimbatore . Mrs T Savita Madhavan, Mrs Sreeja PN, Mrs Suja Sukumar, & Mrs Smitha Rani.

Kalamandalam Rajasree Menon, our dance teacher served as judge at multiple prestigious events, including the District and Sub-District Kalolsavam competitions, as well as at Sahodaya (CBSE school) events.

All the teachers of the Vidyalaya have completed the Vedanta and Bhagavat Gita Course conducted by Chinmaya International Foundation.

This year, we bid farewell to four of our esteemed senior teachers. Mrs Santhy Unnikrishnan (HOD Dept. of Maths), retired after an incredible 36 years of meritorious service, while Mrs Omana Gangadharan (HOD Dept. of Biology), Mr Narayanan Kutty(HOD Dept. of Music) and Mr Ramesh T K(Dept. of Physical Education) concluded their outstanding careers, each having served for over two decades. Their contributions have been invaluable, and their legacy will continue to inspire us.

#### Moving on to FACULTY DVELOPMENT PROGRAMMES

 $Training\ programs\ are\ vital\ for\ skill\ enhancement\ and\ knowledge\ acquisition,\ fostering\ professional\ and\ personal\ growth.$ 

Let's take a closer look at the training sessions attended by the Principal and Vice Principal

#### Principal's Workshop

Consultative meeting on Balvatika & Jadui Pitara June 7 at Bhavans Adarsha Vidyalaya, Kakkanad

30<sup>th</sup> National Annual Conference of sahodaya school complexes-2024 at *Biswa Bangla Convention Centre, New Town, Kolkata* National Curriculum Framework, National Credit Frame work, Holistic progress card at *Naipunya Public school* 

Interaction programme on national curriculum framework- ONLINE

Capacity Building Programme on career guidance- Chinmaya Vidyalaya Tripunithura

Certification course of Training of Trainers-Bhavans Vidya Mandir, Ernakulam

Prayog (Pradhanacharya Yojna for Growth) for principals- ONLINE

PRP programme-Educating Parents about Education-Arya Central School Pattom

PRP Programme Art Integration-Navajeevan Bethany Vidyalaya Nalanchira, Trivandrum

#### Vice Principal's Workshop

- 1. Capacity Building Programme on career guidance-Chinmaya Vidyalaya Tripunithura
- 2. NISHTHA 2.0-ONLINE
- 3. Learning through art integration-foundational stage-ONLINE
- 4. Learning through art integration- preparatory stage-ONLINE
- 5. Learning through art integration- preparatory stage-ONLINE
- 6. Learning through art integration foundational stage- ONLINE
- 7. Counselling approaches- ONLINE
- 8. Learning through art integration- Middle stage- ONLINE

#### **STUDENTS**

Vidyalaya organises Workshops and Webinars for students to gain valuable skills, knowledge and experiences that benefit their personal, academic and professional lives.

#### A detailed look at our student empowerment programmes.

• Self-defense Training by WSDT by Kerala Police

Body Safety and Dealing with Threats by Bodhini an NGO

Creative Writing by Privarai Govinda Rai, Digital Head, Mathrubhumi

Career Guidance by SAHYA group, Career Launcher and KCF and Logic Group

Road Safety by Mr. Adarsh Kumar Retd. Motor Vehicle Officer

Interactive session and motivational classes by SWAMINI DEVAKI CHAITANYA and YUVEER

Personal hygiene session for primary classes by NCC cadets

Imaquac-Seminar On Challenges In Vaccine Production For Fishes At Bhavans, Elamakkara

Technical talk at CUSAT on Rubber technology by Mr. Chandyson K Kuriakose

Symposium Biohorizon on Bio technology by Mrs. Ajitha D, Assistant Professor ,D.B.College,Thalayolaparambu & Students of class11 at CV Tripunithura

15 of our psychology students were taken to Mridulasparsham an integrated Training Center for CWSN on 5th November 2024. The members of the Philately club were taken to the Coin Expo held at Ernakulam Town Hall on 18th Oct 2024

#### **TEACHERS**

Vidyalaya organises faculty development programmes every year to boost the teachers' confidence in their teaching abilities, leading to more effective classroom management and student engagement.

#### An overview of our various faculty improvement programmes.

Design Thinking and Problem solving by Dr J John Lovejoy, Associate Professor of St Joseph College, Trichi & Dr. Jithesh, Internationally acclaimed, pictorial Orator

Implementation of NEP by Dr Varada Department of Elementary Education, NCERT, New Delhi

Lesson From Bhagavat Gita by Dr Mrs Leela Ramamurthy (President of Board of Management & Trustee-CMECT GC)

Creative and Critical Thinking by Ms. Ajeesha

Competency Based Assessment by Mohan Nikalje, Professor Department of Education

Introduction of Spectron Interactive Board by Krishna Prasad, Sales Manager, BEN Q

Capacity Building Workshop for teachers by CBSE on Career guidance by Mr, Haneefa M, Principal, Saadiya English, Medium School and MS. Franklin Mathew, Principal, St. Mary's English medium School

Chinmaya Parichay by CCMT Education Cell, Coimbatore was attended by Mrs Sreeja PN and Mrs Elaina George.

Consultative Meeting on Balvatika & Jaduipitara organised by COE Thiruvananthapuram at Bhavans Adarsha Vidyalaya Kakkanadu on June 7, 2024 was attended by Mrs Preethi K & Mrs Rekha Nair.

Mathrubhoomi Seed Teachers Training 24-25 programme was attended by Mrs Yamunadevi K P.

Mrs Radhika attended the CVP Master Training Programme.

Mrs Kanchana V and Mrs Smitha P R attended a 2 day CBSE Prospective Resource Person Training Programme in Thiruvananthapuram on  $29^{th}$  &  $30^{th}$  of November 2024.

Mrs Madhurima C N and Mrs Ambily Vijayan attended the VIGYAN GOSHTI-II(A Science Seminar for the Science Teachers) held at Chinmaya International Residential School, Coimbatore from December 2<sup>nd</sup> to 6<sup>th</sup> 2024.

Mrs Prathibha Santhosh and Mrs Krishnendhu B attended a workshop on POCSO AND CHILD RIGHTS at Chinmaya Viswa Vidyapeedh, Onakkoor

on 23rd October 2024.

A workshop on POSH was conducted by Student Counsellor Mrs Krishnendhu B for the teachers of the Vidyalaya.

A workshop on First Aid was conducted for teachers by Mrs Dhanya M Nair, the Nurse of our Vidyalaya.

A workshop on Handwashing and Personal Hygiene for Teachers was conducted by Mrs Elaina George along with Mrs Dhanya M Nair.

Mr Rajesh Kumar C P (HOD Malayalam) attended a Consultative Meeting on Training Manual on Malayalam-Secondary at Bhavans Munshi Vidyashram on 28<sup>th</sup> September 2024.

A Samshodhan Session was conducted by the teachers of the Hindi Dept. in the Vidyalaya for all the teachers.

#### **Events & Activities 2024**

Chinmaya Vidyalaya, Thripunithura, proudly upholds the Chinmaya Vision Programme (CVP), envisioned by Gurudev Swami Chinmayananda. This comprehensive educational initiative integrates the finest aspects of Indian culture and modern education, fostering holistic development in students which the National Education Policy 2020 envisages.

All Vidyalaya events and activities align with the four pillars of CVP: Integrated Development, Indian Culture, Patriotism, and Universal Outlook. These pillars help students develop a profound life vision, equipping them to face challenges with positivity

and dynamism. By instilling cultural values, national pride, and a global perspective, CVP empowers students to become responsible, enlightened citizens who contribute meaningfully to society. We honour heritage, embrace diversity, and inspire future generations by celebrating all days of national and local importance.

#### A snapshot of our various activities and events in the months of June & July.

Environment day, Reading Day, International Yoga Day, Music Day, Doctors' Day, Father's Day, Blood Donor's Day

, Vanmahotsav, World Nature Conservation Day, National Video game Day, Gurupoornima, Kargil Vijay Diwas, Ramayana month and Literary Week- English, Chinmaya Fest, Anti Child labour Day Anti Drug Day, Convocation Ceremony, Visit-Swami Sudheer Chaithanya, Inauguration-Public Speaking Club, Special assembly Olympics, Anokha,

Interactive Flat Panels, a cutting-edge upgrade from the traditional smart boards, were installed this year in all our class rooms.

August, September & October are vibrant months, packed with celebrations and activities that fill the air with excitement and energy. **Poojya Gurudev Swami Chinmayananda's 31**<sup>st</sup> **Mahasamadhi Day** was observed with all its serenity. The occasion was marked by two prestigious events: the 16th Swami Chinmayananda Memorial All Kerala Inter School Football Tournament, and the 27th Chinmaya Inter School Oratorical Competition.

#### Highlights of our other activities in these months.

Atham day, International Youth day, Hiroshima Day, Independence Day, Culmination of Ramayana Month, Chingapulari, Sanskrit Day, Sree Narayana Guru Jayanthy, Ayyankali Jayanthi, Sree Krishna Jayanthy & National Sports day. The 27th Chinmaya Interschool Oratorical Competition & the 16th Chinmaya Soccer Tournament, No Bag day / Teacher's Day, Ganesh Chathurthy, Hindi Day, International Peace and Tourism Day, Onam and world Heart day, Ozone Day, Commerce Club/Swachhata Pakhwada, Gandhi Jayanthy, 'Mathru Pooja, Navaratri, World Postal day, Students' day & Food Day, UN day and Diwali, Book Fair, Comprehensive Health Check up

The month of November commenced with a plethora of events in connection with Keralapiravi Celebrations.

#### A few other activities of our November and December months for you to explore.

Vigilance awareness week, National Education Day, Children's Day, Sports Day, Kids Carnival, National Integration Day, Constitution Day, Children's Day, Annual Sports Meet, Kids Carnival, Biohorizon-Symposium, Farewell, Philately Exhibition, Interact Club Installation, / World Aids Day, International Day Of Differently Abled, Flag Day, Investiture -CHYK, Navy Day, Visit to Naval Base, Human Rights Day, Junior Annual Day, Gita Jayanthy, Vrischikotsavam, Trikkarthika, Maths day, Cycle Rally- in line with Matrubhoomi SEED, Bhartheeya Bhasha Utsav

To support busy parents with work commitments & to provide wholesome and nutritious vegetarian food for their children the school has introduced a **Canteen** facility this year.

#### Sharing Wisdom, Shaping Minds

This year, we've had the honour of hosting many esteemed guests in our Vidyalaya.

Chief Sevak Sri A Gopalakrishnan, Brahmachari Sudheer Chaithanya (State coordinator of Chinmaya Yuva Kendra ,Kerala), Dr Mrs Leela Ramamurthy (President of Board of of Management Chinmaya Vidyalaya, Tripunithura & Trustee CMECT GC), Sri V N Venugopal (Senior Trustee CMECT-GC), Sri Venugopal C Govind, (Senior Trustee CMECT-GC), renowned film actress and anchor Ms. Margaret Antony, Sri K. Babu( MLA Thripunithura), the prolific Malayalam writer Sri C. Radhakrishnan, Kendra Sahithya Academy Award winner Sri Sunil Njaliyath, Shri V.A. Moideen Naina IRS, Prof. Dr. V Sivanandan Achari, (Dean of School of Environmental Studies), writer Mrs. Anjana Varma, Prof. Dr. Jayan D, (HOD of Swastha Vritha Department, Ayurveda College), Advocate K. Anand from B S Krishnan Associates, Commander S. Gopalakrishnan, (Retd)Indian Navy, Smt Rema Santhosh, (Muncipal Chair Person, Tripunithura), Mrs. Valli Muralidharan & Smt. Radhika Varma(ward councillors of Tripunithura Municipality) (Smt. Sujatha Madhav Chandran (Head Strategic Initiatives, Analytics at ECBO, TCS), Dr. Ajitha Kumari K.R (Assistant Professor, Rajagiri College of Management & Applied Sciences, Kakkanad), Shri A.L. Yesudas (Circle Inspector of Police, Thripunithura), Mrs Ajitha D, (Assistant Professor, D.B.College, Thalayolaparambu), Dr Beena Job (Dean of Spiritual & Religious Life, St. Teresa's College, Ernakulam)

#### Moving on to Competitions-Inter & Intra School

We organizes various Intra School and Inter School competitions in our Vidyalaya every year.

#### Lets have an eye on the competitions conducted.

Chinmaya Fest is one such platform for the young talents to unleash their potential in Arts, Music, Dance, and Literature CBSE Reading Challenge, Aryabhatta Ganith Challenge,

Poorva Sainik Seva Parishad's Essay Wrting Competition, Gita Chanting, Narayaneeyam Chanting, Puranic Quiz, Camlin Drawing Competition, Elocution-"Relevance of Bhagavad Gita in modern system"in connection with Aradhana day.

Elocution competition in connection with Environment day,

Pigeon origami in connection with Hiroshima day,

Hindi handwriting by Hindi Dept in connection with Hindi Diwas.

Maths quiz in connection with Maths day, Sudoku,

Floral carpet design using geometrical shapes,

Numeral art, Symmetrical drawing by Maths Dept.

Malayalam handwriting Competition in connection with Keralappiravi,

Ramayana quiz in connection with Ramayana month by Malayalam dept,

Malayali Manka and Kerala Sreeman competition in connection with Nov 1.

Our school had undergone the SAFAL, the assessment by CBSE board as a part of NEP.

#### Inter school

ANOKHA, Chinmaya Soccer, Chinmaya Oratorical Competition

#### **NCC**

Our school proudly hosts an NCC sub-unit affiliated with the 7 Kerala Naval NCC unit, Ernakulam. Our dynamic and dedicated cadets actively engage in a wide range of social and humanitarian activities.

World Environment Day-"Save the Earth" public awareness campaign at Hillpalace

Kargil Vijay Diwas- Cleanliness Drive, Yoga day celebration, Character parade by NCC Cadets (Freedom fighters from Kerala)

Swachh Bharat- cleanliness drive, personal hygiene demonstration, Navy day celebrations

January 27 th &28 th NCC A certificate exam conducted at St Alberts School Ernakulam,29 cadets attended the exam all passed with A grade.

In the month of May 14 JD Cadets & 5 JW cadets attended the Annual Training Camp at SNMHSS, Moothakunnam

Indian coast guard selected 4 of our cadets for the welcome ceremony of Vietname Coast Guard Ship at Kochi

Subramanian V. Nandkrishna Biju. Krish Nair & Pavithra Venkatesh Iver of 9th std

Cadet JISHNU I L Of Class 9 C has been awarded the BEST CADET among 600 other cadets at the Annual Training Camp held at St Teresa's College Ernakulam.

Sea Cadet Akshat M Nair of class 9 participated in the Independence day parade At collectorate and he was a member of the team received the First prize for the Best Platoon.

#### Clubs & Co Curricular Activities

Engaging in Club as well as Co Curricular activities help children develop essential life skills, build relationships, and explore their passions, leading to a more well-rounded and fulfilling educational experience.

#### Aglimpse into our Activities.

Music, Dance, Art, Craft, Yoga, Keyboard, Chenda, Mridungam, Theatre, Public Speaking, Reading, Chess, Maths, Quizz, Cyber Security, Yuva, Creative Writing, Eco, Gardening, Heritage, Seva Club, SWAROOPAM-Summer Camp, MUN (MOCK UN), Philately Club, Bird Club.

#### **Spiritual & Seva Activities**

The Spiritual Quotient is the cornerstone of personal development, as it helps to stabilize and enhance all other quotients, including Intellectual, Emotional, and others, by fostering inner peace, purpose, and resilience.

We engage our students in spiritual and seva activities from a young age, following the wisdom of Swami Chinmayananda, who aptly said, "catch them young."

"A handful of rice with a heart full of Love" **Orupidi Ari** is a project in which the fistful of rice collected & brought by our KG kids is collected and given to the needy.

#### A few other Spiritual and Seva Activities

Brahmacharini Tarini Chaithanya( Chinmaya International Foundation) conducts Spiritual class in the Vidyalaya for teachers every Tuesday.

Vishnu Sahasranama Archana is conducted on the 3<sup>rd</sup> Thursday of every month.

Balavihar Classes are held on Saturdays in the Vidyalaya & Mrs. Sudhalakshmi, kinder garten teacher, conducts Balavihar classes at the Chinmaya Mission Hall, Layam Road, under the guidance of Dr. Mrs. Leela Ramamurthy (President of Chinmaya Mission and President of Board of Management Chinmaya Vidyalaya, Tripunithura & Trustee CMECT GC) In connection with Navarathri, Matrupooja is conducted every year.

Our students perform Bhajan Sandhya at Poornathrayeesa temple every year in connection with Vrischikolsavam.

We conduct Puranic Quiz, Gita Chanting & Narayaneeyam Chanting competitions every year.

This year Orupidi Ari collected was given to Seva Bharathi and Sakshama organizations.

Seva Club Members along with teachers visited the Poornathrayeesa old age home and handed over the materials collected.

Our parents and students generously contributed to the Wayanad Relief fund.

To conclude, our school year has been filled with remarkable achievements, memorable moments, and significant growth. As we look forward to the coming year, we remain committed in nurturing each student's potential and continuing our journey of excellence. Here's to another year of learning, growth, and success!

Thank you all.

Hari om!!!

#### **SPECIAL COVERAGE**

#### WORLD ENVIRONMENT DAY CELEBRATION

World Environment Day was celebrated on 5th June 2024 with remarkable enthusiasm. Prof.Dr.V Sivanandan Achari, Dean, professor & Director(2019-2023) of School of Environmental Studies graced the occasion as the Chief Guest and delivered an insightful speech to the students, highlighting the fundamental duties of citizens as enshrined in the Constitution. The inauguration of the Eco Club marked a significant moment, with the Chief Guest planting a sapling to commemorate the event. Mrs. Leela Ramamurthy, President of the Board of Management and Trustee of CMECT GC, along with Sri V N Venugopal, Senior Trustee of CMECT GC, joined in the ceremonial planting of saplings. The principal unveiled the Eco Club's logo. CONVOCATION CEREMONY

The Convocation Ceremony of Class 12 (2023-24) students was held on 14th June 2024, at 11am, at Abhishekam Convention Centre, Tripunithura. Sri. A Gopalakrishnan [Chief Sevak, CMECT-GC] was the Chief Guest and delivered the Keynote Address. Dr. Mrs Leela Ramamurthy (President- Board of Management& Trustee-CMECT-GC) presided over the function. Vice Principal Mrs Suchithra C formally welcomed the gathering. Principal Mrs. Priya C Pillai declared the academic results of the year 2023-24 and presented the report. Smt Lakshmi Narayanan (Member-BOM) felicitated on the occasion. The School Toppers and all the students who secured A1 grade in all the subjects were honoured.

#### FELICITATION CEREMONY-BHARATH KRISHNA PISHARODY

A Felicitation Ceremony was organised in the Vidyalaya on 19<sup>th</sup> June 2024, on the victory of our alumnus Mr Bharath Krishna Pisharody who secured the 347th rank in the UPSC examination.

#### READING DAY CELEBRATION

National Reading Day was celebrated on 19th June 2024. Writer Mrs. Anjana Varma was the Chief Guest. As a freelance writer and an ardent reader, she shared her journey of cultivating the reading habit. Mrs. Varma engaged with students, patiently answering their queries and inspiring them to embrace the joy of reading. Her insights left a lasting impression, encouraging young minds to explore the world through books. Principal Mrs Priya C Pillai also emphasized the importance of being a lifelong reader.

#### INTERNATIONAL YOGA DAY CELEBRATION

Chinmaya Vidyalaya, Tripunithura celebrated International Yoga Day on 21 st June 2024. Prof. Dr. Jayan D (HOD, Swastha Vritha Department, Ayurveda College, Tripunithura) was the Chief Guest . In his talk the Chief Guest explained to the gathering that Yoga begins with controlling the body , followed by focusing on breath and finally centering the mind. He explained and demonstrated simple body relaxing yoga exercises . This was followed by a demonstration of the various 'Asanas' by the students of different classes.

#### MUSIC DAY CELEBRATION

Music Day was celebrated in the Vidyalaya on 21 June 2024 with great enthusiasm. The children enjoyed singing their favourite songs. Mr.Abhilash, Teacher from the Dept. of Music, spoke about Carnatic music, its origin and evolution and also introduced different musical instruments to children. The atmosphere was filled with melodies and laughter, fostering a love for music. The programmes were designed to enhance the children's creativity, coordination, and mindfulness, making learning enjoyable and holistic.

#### **INVESTITURE CEREMONY**

To acknowledge the budding young leaders of the Vidyalaya, the Investiture Ceremony was held on 24th June, 2024 with the elected members of the Student Council taking charge for the Academic Year 2024-25. Sri . Sooraj Kumar M B (Asst. District Nodal Officer, Student Police Cadet Project & Police Coordinator, CHIRI, Digital De-addiction Projects of Kerala Police ) was the Chief Guest. Dr. Mrs Leela Ramamurthy (President-BOM & Trustee CMECT-GC) presided over the function and spoke. The upcoming leaders of the school were sworn in and badges were pinned by the dignitaries. Sooryajith S was elected as the Head Boy, Nidhi M Harikumar as the Head Girl, Adithya R Nair and Shreya D menon as Sports Captains and Malini Tarakad Seshu as School Editor.

#### VISIT BY SWAMI SUDHEER CHAITHANYA

On July 9, 2024, Swami Sudheer Chaithanya visited the Vidyalaya and addressed the students, enlightening them on the importance of setting a vision for life and fulfilling it through proper planning. He emphasized that without vision, action leads to confusion, while action combined with vision results in transformation. Swamiji also explained the functioning of CHYK to the students.

#### INAUGURATION - PUBLIC SPEAKING CLUB

The Public Speaking Club was officially inaugurated at the Vidyalaya on July 10, 2024, amidst great enthusiasm and zeal. Advocate K. Anand, a renowned legal professional from B S Krishnan Associates, graced the occasion as the Chief Guest and inspired the students with his insightful words, emphasizing the significance of hard work in achieving success.

Dr. Mrs. Leela Ramamurthy, President of the Board of Management and Trustee of CMECT-GC, presided over the function and highlighted the importance of developing public speaking skills to excel in various aspects of life. The event also witnessed the presence of distinguished Toastmasters - Sri Anish Shankar, Sri Mathew Jacob, and Sri Ninan - who shared their expertise and motivated the students to hone their communication skills.

#### CHINMAYA FEST

Chinmaya Fest, an intra-school literary and arts competition, was held on July 11th and 12th at the Vidyalaya, engaging students from all classes. The event witnessed enthusiastic participation from students who showcased their talents in various competitions, unveiling their potential to become future orators, debaters, dancers, artists, craftsmen, and more.

#### **GURU POORNIMA CELEBRATIONS**

Guru Poornima was celebrated at the Vidyalaya on July 19, 2024,. The day began with chanting Guru Stotram, Paduka Pooja, and Vyasa Ashtothara Shatanamavali Archana at 8 am. Sri Ramakumaran Thampuran, who has served as a Sanskrit professor at Maharaja's College, Ernakulam, and also colleges in Palakkad and Kodungallur was the Chief Guest and addressed the students. His words highlighted the importance of Guru's grace in everyone's life and the significance of respecting Guru.

#### <u>ANOKHA'24</u>

Anokha-'24, the inter-school competitions at Chinmaya Vidyalaya, Tripunithura, was held on July 20, 2024. Students from 16

schools in Ernakulam district participated in events like Spell Bee, Photography, Canvas painting, Quiz(Science &Maths), Information Technology and Craft. Bhavans Newsprint Vidyalaya, Velloor, won the Ever Rolling Trophy with the highest points. At the valedictory function held at 12 pm, renowned film actress and anchor Ms. Margaret Antony presented certificates and trophies to the winners. . Dr. Mrs . Leela Ramamurthy (President BOM, Trustee CMECT-GC) delivered the presidential address and extended best wishes to all.

#### INAUGURATION-INTERACTIVE FLAT PANEL

The inauguration of the newly introduced Interactive Flat Panels, a cutting-edge upgrade from the traditional smart boards, was held on 24<sup>th</sup> July 2024 at the Vidyalaya marking a significant milestone in the journey towards innovative learning. Dr. (Mrs.) Leela Ramamurthy, President of the Board of Management and Trustee of Chinmaya Mission Educational and Cultural Trust-Greater Cochin, delivered the presidential address. The Chief Guest, Smt. Rema Santhosh, Municipal Chairperson of Tripunithura, inaugurated the project, and the lighting of the lamp ceremony symbolized the ignition of knowledge and wisdom. The features of the interactive flat panel were presented by Shri. Krishna Prasad, Sales Manager of BenQ India. Felicitations were offered by Mrs. Valli Muralidharan and Mrs. Radhika Varma, ward councillors of Tripunithura Municipality.

#### KARGIL VIJÁY DIWAS CELEBRATIONS

Kargil Vijay Diwas was celebrated in the Vidyalaya on July 26, 2024. Commander S. Gopalakrishnan, who retired from the Indian Navy, was the Chief Guest. During the commemorative event, he addressed the students and highlighted the selfless service of the Indian armed forces.

#### ENGLISH LITERARY WEEK CELEBRATIONS

The Vidyalaya hosted an engaging and vibrant English Literary Week from June 28th to July 2nd. The event aimed to celebrate literature, foster a love for reading, and showcase students' talents.

#### SRI KRISHNA JAYANTHI CELEBRATIONS

Vidyalaya celebrated Sri Krishna Jayanthi on 23rd August with vibrant decorations, where children came dressed as little Krishnas and Radhas. The programme began with a GHOSHAYATRA by kids which added colour and vigour to the event. A skit was performed on the birth of Lord Krishna. The students of Class 12 organised URIYADI.

#### 27TH CHINMAYA INTER SCHOOL ORATORICAL COMPETITION

In fond remembrance to the masterful orator of all time, Swami Chinmayanandaji, an Inter school Oratorical Competition was conducted on 17th August,2024. Dr Beena Job (Dean of Spiritual & Religious Life, St. Teresa's College, Ernakulam) was the Chief Guest and one of the members of the judging panel. The eminent panel of judges also included Mrs. Vinaya Ajithkumar( HOD, Dept. of English , Chinmaya College Of Arts, Commerce And Science, Tripunithura). The Chief Guest gave away the prizes in the Valedictory Function .

#### ARADHANA DAY

The 31st Samadhi day of Poojya Gurudev Swami Chinmayanandaji was observed at Chinmaya Vidyalaya, Tripunithura on August 2, 2024, with special programmes. The day commenced with special chantings and Archana. The esteemed Chief Guest, Brahmacharini Devaki Chaithanya, graced the event with her presence and delivered an inspiring address to the students. As part of the Seva Club activities, the rice collected by students under the project 'A Fistful of Rice' was handed over to Seva Bharathi and Sakshama organizations.

#### **INDEPENDENCE DAY CELEBRATIONS**

The 78th Independence Day was celebrated with great enthusiasm by the students and staff of the Vidyalaya on 15<sup>th</sup> August 2024. Principal Mrs. Priya C. Pillai proudly hoisted the national flag, which was followed by a flag salute. In line with Azadi Ka Amrit Mahotsav festivities students presented a diverse array of cultural programmes based on the theme Viksit Bharath.

#### VALEDICTORY CEREMONY-16<sup>™</sup> CHINMAYA SÖCCER

The 16th Swami Chinmayananda Memorial All Kerala Inter School Football Tournament, organized by Chinmaya Vidyalaya, Thripunithura, kicked off on August 12, 2024, at the school ground. The tournament was inaugurated by the school Principal, Ms. Priya C. Pillai. Nineteen schools participated in the tournament, and the closing ceremony took place on August 14, 2024, at 2:30 pm. Sri. K. Babu, (MLA Thripunithura) was the Chief Guest and presented the awards. Smt Lakshmy Narayanan, Member of Board of Management presided over the function. The Tournament concluded with Bhavans Vidya Mandir, Elamakkara emerged victorious ,clinching the championship title defeating Chinmaya Vidyalaya, Tripunithura in the final match.

#### SANSKRIT DAY CELEBRATIONS

Sanskrit Day was celebrated on August 19, 2024. The programme began with a prayer, followed by the inaugural lighting the lamp ceremony. Students sung a Sanskrit group song highlighting patriotism and the importance of Sanskrit. The famous Sanskrit dramatist, Bhasa was introduced to students which was followed by a dance performance honouring Goddess Saraswati, the deity of knowledge and arts. A group song emphasizing environmental conservation was also presented, featuring a Sanskrit adaptation of the song "Aayiram paadaswarangal kilungi" from the Malayalam movie "Nadee". The programme concluded with the National Pledge in Sanskrit.

#### RAMYANA MONTH CELEBRATIONS

The month long Ramayana Month Celebrations concluded on Friday, Aug 16th with Sreeramapattabhishekam. The programme started with a grand welcome to Sri Rama, Sita and Lakshmana back to Ayodhya. It was followed by the coronation ceremony and other cultural events.

#### TEACHER'S DAY CELEBRATIONS

Teachers' Day was celebrated in the Vidyalaya on September 5, 2024. As a token of appreciation, handmade cards and roses were presented to all teachers by students during the assembly. The Award Of Excellence for the Best Teacher of the year, instituted by Late.

Mrs.Kamala Varma, former president of the Vidvalava management committee, was declared by the Principal on this occasion. Mrs Nisha P (Dept. of Mathematics) is the proud recipient. Dr. Javasree T S (Teacher Dept. of Sanskrit) was also felicitated for being awarded her PhD.

#### **HINDIDAY CELEBRATIONS**

On September 9, 2024, students presented a vibrant special assembly to celebrate Hindi Day. The programme commenced with a speech on the significance of Hindi as an official language, followed by a group chanting of Saraswati sthuti. A student's recitation of a patriotic poem and a mesmerizing dance performance to Meera Bhajan added to the festivities. Thought-provoking street plays highlighted the importance of Hindi and the ill effects of mobile phones. The audience also enjoyed Anthaakshari of epic Hindi songs and a lively festival folk dance. The Principal released two handwritten magazines, and emphasized the role of Hindi in connecting us to our cultural heritage, encouraging students to promote and preserve the language.

#### ONAM CELEBRATIONS

Vidyalaya celebrated Onam on September 12th, 2024. Students presented a special assembly featuring the mythological story of King Mahabali. Thiruvathira Kali by boys, Onam dance by girls, Pulikali, Vallamkali, Onappattu and Vanchipattu. Beautiful Pookkalams made by students created a resplendent tapestry of colour and joy, weaving a magical spell of festive delight.

#### SWACHHATA PAKHWADA & GANDHI JAYANTHY CELEBRATIONS

Vidyalaya celebrated Gandhi Jayanthy on 27th September 2024 with a series of meaningful activities, paying tribute to the Father of the Nation. The day began with the NCC cadets, along with the Principal, offering a poignant floral tribute to Gandhiji, symbolizing respect and gratitude for his selfless contributions to India's independence. Students chanted sacred verses from the Bhagavad Gita, the Quran and the Bible which was a beautiful display of secularism, echoing Gandhiji's vision of unity and harmony. Students transformed into enthusiastic scavengers, diligently cleaning their classrooms and surroundings. As part of the Swachhata Pakhwada initiative by CBSE, Chinmaya Vidyalaya Tripunithura conducted a series of activities from 3rd September 2024 to 12th September 2024.

#### COMMERCE CLUB CELEBRATIONS

The Commerce Club 2024-2025 kicked off on 2<sup>nd</sup> September 2024, with the theme 'Time', highlighting the significance of effective time management. The coordinators curated a 3-day programme with a lively skit and engaging games.

#### FELICITATION CEREMONY- Ms MEENAKSHI NAIR

Vidyalaya organised a grand Felicitation ceremony on 14<sup>th</sup> October 2024 to honour the accomplished alumnus, Ms Meenakshi Nair, who made headlines by serving as the British Deputy High Commissioner to Kerala and Karnataka for a day in Bengaluru. This unique opportunity was part of the International Day of the Girl Child celebrations.

#### MATHRUBHUMI SCHOOL BOOK FAIR

Vidyalaya hosted a Book Fair in collaboration with Mathrubhumi from 17<sup>th</sup> October 2024 to 19<sup>th</sup> October 2024. The inauguration ceremony took place on October 17, Thursday, at 9 am. Vidyalaya Principal Ms. Priya C. Pillai presided over the function. Renowned Malayalam writer Sri C. Radhakrishnan lit the lamp and inaugurated the festival. Kendra Sahitya Akademi Award winner Sri Sunil Njaliyath and Mathrubhumi's Vice President (Public Relations) Ms. Mini P.V. extended their felicitations. **MATHRU POOJĂ** 

As part of the Navaratri celebrations, Chinmava Vidvalava, Thrippunithura, organized a 'Mathru Pooia' on Friday, October 11, 2024, at 8:00 AM. The Chief Guest, Brahmachari Sudheer Chaitanya, State Coordinator of Chinmaya Yuva Kendra, Kerala, spoke about the significance of Mathru Pooja and led the ceremony. The occasion also featured the recitation of Meenakshi Pancharatnam and Mathru Panchakam, composed by Adi Shankaracharya. Over 100 mothers participated in the Matru Pooja ceremony.

#### KERALA PIRAVI DAY CELEBRATIONS

Chinmaya Vidyalaya, Tripunithura, celebrated the 68th Kerala Piravi Day on 1st November 2024 with a plethora of cultural events, coinciding with renowned poet Sughathakumari's Navathi celebrations.. Principal Mrs Priya C. Pillai inaugurated the festivities at 9 am by lighting the lamp. The vibrant programmes included speeches, Thiruvathira, Oppana, Group dances, Mudiyattam, and Nadanpattu.. Each programme showcased the rich cultural heritage of Kerala, paying tribute to the state's formation and Sughathakumari's contributions to Malayalam literature.

#### ANNUAL SPORTS MEET

Chinmaya Vidyalaya, Thripunithura, kick started its 51<sup>st</sup> Annual Sports Meet on November 14, 2024. The event was formally inaugurated by Shri V.A. Moideen Naina (IRS), former Indian Volleyball Team Captain and Assistant Commissioner of Customs (Retd), International Airport, Kochi. In his inaugural address, Shri Naina emphasized the importance of participation and sportsmanship in athletic competitions and urged students to adopt a dedicated mind set. KG section's sports competitions were inaugurated by Dr. Ajitha Kumari K.R. (Assistant Professor, Rajagiri College of Management & Applied Sciences, Kakkanad) on November 4. The Primary section's events were inaugurated by Shri A.L. Yesudas (Circle Inspector of Police, Thripunithura) on November 5. Ganga House emerged winners . Yamuna House and Narmada House bagged the second and third position respectively.

#### KIDS CARNIVAL

Chinmaya Vidyalaya, Thripunithura, organized "Kids Carnival 2024" for primary and KG section students on Saturday, November 16, 2024. The event was formally inaugurated by Smt. Sujatha Madhav Chandran, Head of Strategic Initiatives, Analytics ECBO, TCS, at 9:00 am. The carnival featured an array of thought-provoking and entertaining games, shows, and activities, making it an unforgettable experience.

#### **BIOHORIZON-SYMPOSIUM**

Vidyalaya hosted Biohorizon, a symposium on biotechnology, on 19th November 2024. The event featured 12 student presentations showcasing cutting-edge research in various areas and techniques of biotechnology. Renowned expert Mrs. Ajitha D, Assistant Professor, D.B.College, Thalayolaparambu served as the chief speaker, offering insightful comments and expertise after each presentation. She also conducted an interactive session on tissue culture, providing hands-on training to students. The symposium provided a platform for students to share their knowledge and learn from the speaker's vast experience.

#### FAREWELL-CLASS 12

A heartfelt farewell meeting was organized for the outgoing Class 12 students at the Vidyalaya on November 22, 2024. The event was meticulously planned and executed by the Class 11 students, in collaboration with the teachers and non-teaching staff. As a token of appreciation, the Class 12 students were accorded a red-carpet welcome, marking the beginning of a memorable evening. The occasion was graced by Sri Venugopal C Govind, Senior Trustee of CMECT-GC, who delivered an inspiring address to the students.

#### **PHILATELY EXHIBITION**

Philately Exhibition was conducted in the Vidyalaya in association with the Postal Department on 26<sup>th</sup> November 2024. Principal Mrs Priva C Pillai inaugurated the Exhibition. The Philately collection of our Students and staff were also exhibited. It was an awesome experience for students when the stamps of different ages opened a window to the world.

#### <u>CHYK INVESTITÜRE CEREMONY</u>

The Chinmaya Yuva Kendra (CHYK) representatives at Chinmaya Vidyalaya, Tripunithura, were honoured with badges. The ceremony took place at the school on Friday, December 6, 2024. Dr. Mrs. Leela Ramamurthy, President of the Board of Management and Trustee of CMECT (GC), presented the badges to the student representatives. Brahmachari Sudheer Chaitanya, State Co-ordinator of Chinmaya Yuya Kendra, addressed the gathering, emphasizing the importance of values in life and the activities of Chinmaya Yuva Kendra.

#### **GITA JAYANTHY CELEBRATIONS**

Chinmaya Vidyalaya, Tripunithura, celebrated Geetha Day on 11 December 2024, with great fervour and enthusiasm.. The occasion was graced by the presence of Dr. Mrs. Leela Ramamurthy, President of the Board of Management & Trustee, CMECT GC, who shared her wise words, inspiring the students to embody the values and principles of the Gita. She also shared a special message from Swami Viviktanandaji on the occasion of Gita Day, further enriching the students' understanding of the Gita's teachings.

#### NATIONAL MATHEMATICS DAY CELEBRATIONS

Vidyalaya celebrated National Mathematics Day on 20/12/2024. A special assembly was conducted by the students. Interesting facts including Ramanujan stamp, Ramanujan Museum, Ramanujan Park, Ramanujan number, IQ of Ramanujan etc were presented.

51<sup>st</sup> ANNUALDAY CELEBRATIONS
The 51<sup>st</sup> Annual day of Chinmaya Vidyalaya Tripunithura was celebrated on Saturday 21 December 2024 at Pushpanjali Auditorium, Tripunithura. The Chief Guest of the day was Dr Divya S Iyer IAS, Managing Director, (Vizhinjam International Seaport). Shri. A.Gopalakrishnan, Chief Sevak, CMECT-GC presided over the function and gave the presidential address. Dr. (Mrs.) Leela Ramamurthy, President- Board Of Management, Chinmaya Vidyalaya Tripunithura & Chinmaya Mission Tripunithura & Trustee-CMECT-GC delivered the Special Address and introduced the Chief Guest. Mrs Sunaina Warrier (Parent Member-School Management Committee) offered felicitation. Mr Ganesh Sundaram (Playback Singer), was the Celebrity Guest and distributed the prizes. Principal Mrs. Priya. C. Pillai presented the Annual Report. Vice Principal Mrs. Suchithra. C proposed the vote of thanks. Senior Trustee of CMECT-GC Sri V N Venugopal, , parents, teachers, students & staff attended the function.

#### **CHRISTMAS CELEBRATIONS**

Vidyalaya organised vibrant Christmas Celebrations on 23rd December 2024. Soaking in the spirit of Christmas, carols were sung and variety entertainments programmes were presented by students. Students and staff dressed up in red and white with Christmas caps brought cheer into the hearts of every one.

#### ROAD SAFETY CLUB INAUGURATION

The Road Safety Club was inaugurated at Chinmaya Vidyalaya, Tripunithura, on December 23, 2024, as part of the Safe Path project. Shri Abdul Rahman, Joint RTO, Tripunithura, inaugurated the club. Shri Adarsh Kumar (Director, SCMS Institute for Safety and Transportation), Shri Varun T V (Secretary, Popular Vehicles and Services Ltd.) and Shri Subhash Ramakrishnan (Project Coordinator, Kuttukaran Group) extended their greetings and felicitation. Students presented gifts to the drivers who safely transport them daily. An awareness class was also organized to educate everyone associated with the school about essential road safety information.

#### DHANYAM BHARATHAM – EK BHARATH SRESHT BHARATH

The students of the Vidyalaya showcased their talent and creativity through a series of programmes in the month of January 2025 as part of the "Dhanyam Bharatham - Ek Bharat Sresht Bharat" project, highlighting the cultural bond between Kerala and Chhattisgarh. The programmes provided a fascinating glimpse into the rich cultural tapestry of Kerala and Chhattisgarh.

#### HARITHA VIDYALAYA AWARD

Chinmaya Vidyalaya, Tripunithura has been selected as a "HARITHA VIDYALAYA" under the Haritha Vidylaya Programme of the Haritha Kerala Mission, which is part of the Navakeralam project. The school received this honour in recognition of its exemplary work in environmental conservation, cleanliness, water conservation, and biodiversity protection.

#### REPUBLIC DAY CELEBRATIONS

The 76th Republic Day of India was celebrated with great fervour and enthusiasm at Chinmaya Vidyalaya, Tripunithura, on January 26, 2025. Kumari Mithravinda, the student who secured the highest marks in the class 12 Board examinations for the academic year 2023-24, was the Chief Guest. The day's events began at 8:30 am with the hoisting of the National Flag by the Principal along with the Chief Guest. The students presented a range of programmes, including speeches, melodious patriotic group songs and also a fashion show which showcased the rich cultural heritage of India.



## STUDENTS COUNCIL



SOORYAJITH S Head Boy



NIDHI M HARIKUMAR MALINI TARAKAD SESHU Head Girl



School Editor



ADITHYA R NAIR Sports captain



SHREYA D MENON Asst. Sports Capain

## GANGA



Midhun Krishnan J Avantika S Nambiar House Captain Asst. House Capatin



Harinarayanan K Sports Captain



Vrindha Viswanathan Asst, Sports Captain



House Editor



Rohini Pranesh Bolar Chinmayee Prasanth Asst. House Editor

## YAMUNA



House Captain



Shweta R Mohan Geetika Asok Kumar V Nair Asst. House Capatin Sports Captain



Aryan J L



Neil Jose Varghese Asst. Sports Captain



Deva Nanda S Menon House Editor



Devapriya C S Asst. House Editor

### KRISHNA



Soorya Balakrishnan Gokul Nandan S



House Captain Asst. House Capatin



Amrith KR Sports Captain



Rachit Rajesh Asst. Sports Captain



Anirudh Sivadas House Editor



Tanmaya Nair Asst. House Editor

### NARMADA



Subish PS House Captain



Mariya Saara Jolly Sravan Krishnan PS Asst. House Capatin



Sports Captain



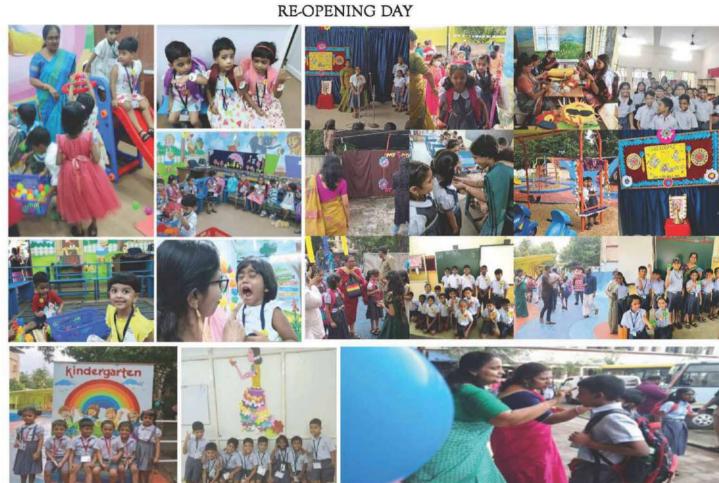
Sreeram Vinod Asst. Sports Captain



Shreya K House Editor



Shrihari Asst. House Editor



#### **ENVIRONMENT DAY**

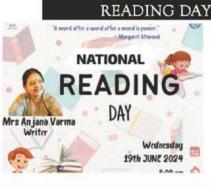
A UNIT OF CMECT (GC)



#### FATHER'S DAY

























VANMAHOTSAV



VISIT BY SWAMI SUDHEER CHAITHANYA







FELICITATION OF SRI.BHARATH KRISHNA PISHARODY









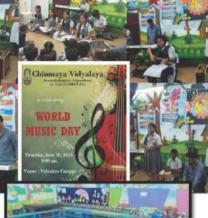


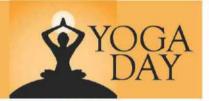
























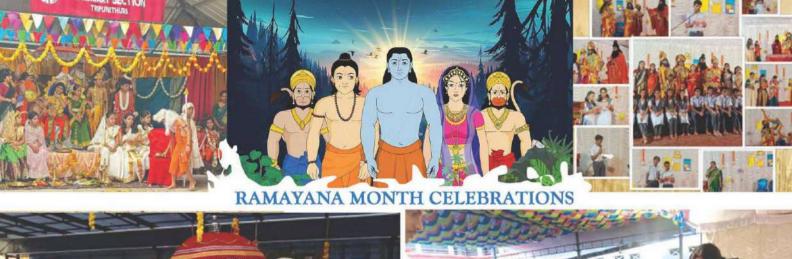
















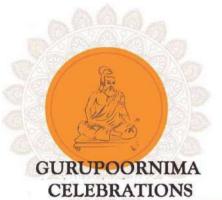




































HIROSHIMA DAY

| Interest | Inter



SANSKRIT DAY



#### CHINGAPULARI



AYYANKALI JAYANTHY



NATIONAL SPACE DAY







SREENARAYANA GURU JAYANTHY

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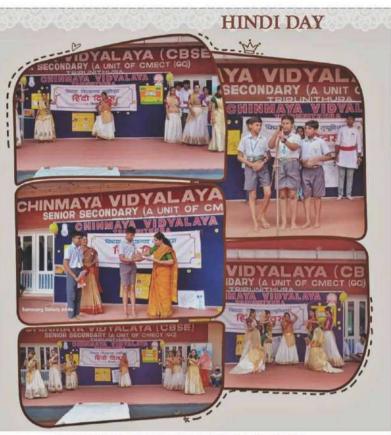


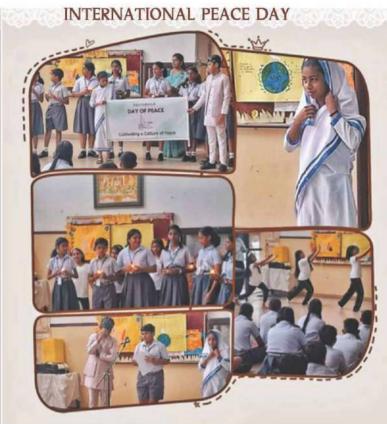


















**OZONE DAY** 







# Teenager

"Life throws sticks and stones at us, but they help us to become who we are today."

The life of a teenager seems to change daily.

One minute a teen seems interested in a new sport, a topic of school, or a type of music, only to completely shift gears the next. Constantly exposed to new ideas, social situations, and people, teenagers work to develop their personalities and interests during this time of great change.

Before their teenage years, these adolescents focused on school, play, and gaining parental approval. But now, those former goals are replaced with a desire for independence, as teenagers work toward becoming young adults.

During adolescence, teenagers develop emotionally, cognitively, and physically. These changes aren't without challenges, but thankfully, education professionals, family members, counsellors, and psychologists are available to help teens navigate this difficult period.

In conclusion, the teenage years are a key period of change and self-discovery. As adolescents shift from seeking approval to pursuing independence, they face various challenges. Support from parents and educators is essential in helping them navigate this time, enabling teens to build confidence as they transcend into adulthood.



MALAVIKA S X B





My family and I visited Mysuru during my last summer vacation. Nestled between the magnificent Chamundi hills, the royal city of Mysuru is a major tourist attraction and a true cultural treasure of India. All of us were excited from the beginning as we were about to stay in a palace itself. En route, we passed through Sathyamangalam forest. This forest was once feared by everyone as it was the hideout of Veerappan. We reached Mysuru within a few hours and then proceeded to Lalitha Mahal Palace hotel where we booked our stay. The palace is already a tourist destination and serves as the shooting location for various films. The next morning, we progressed to our first stop - Mysuru palace.

In the heart of the city lies the opulent Mysuru palace, originally known as the Amba Vilas palace. The fortress served as the official residence for the Wodeyar dynasty for generations. Mysuru palace is an excellent example of Indo-Saracenic architecture. Originally made of wood, the palace was rebuilt three times. It attracts almost three million visitors annually. The front citadel highlights two

enormous bronze tigers, originally a gift by the British, resembling the fierce and strong rule of the Wodeyars. The entrance leads the 'Dolls pavilion' known as the 'Gombe Thotti.' It displays the age-old tradition of keeping the 'Bommakkolu' (display of dolls) during the Dussehra festival, a practice inherited from the Vijayanagara empire.

Walking further, the guide whisked us through the elegant chambers, which did not seem to have an end. Each room boasted of luxurious tapestries, silver plated mirrors, silken bedspreads, and precious ornaments. After numerous mazelike paths we finally reached the major attraction of our tourthe royal durbar or meeting hall.

Huge pillars stood tall, ornate with numerous precious stones. One glance at the hall conveyed the lush life of the Wodeyars. The palace walls bespoke the grandness of the castle with pride. We stood there, amazed, soaking in the sights of the gallery. Progressing toward the exit, one could see various temples, symbolizing the cultural heritage of the empire. We then went back to the entrance to click a few pictures, or rather, memories that would be etched in our hearts forever.

After departing from the palace, we went for some shopping. Throughout the journey, we enjoyed traditional Mysuru food and bought sweet savories for the journey back home. We also visited the renowned Brindavan gardens and the adjoining Krishna Raja Sagar dam. The evening sky from the gardens was quite mesmerizing that prompted us to stay there and remain drenched in the beautiful atmosphere. Overall, our trip to Mysuru was a delightful and memorable journey, leaving us with scenic memories and a wish to visit there again and again.



# Immersed in the Pages of a Book

Reading a book is a delightful feeling,
Transporting us into a world so enchanting.
The scent of papers, envelopes our soul
Calming the mind with secrets unheard.
The feel of paper as it caresses our hand
A connection formed with a faraway land.
Ink dissolves and worlds unfurl,
Uncovering castles dripping with sapphire swirls,
Intricate designs on doors set with pearls.
Through this portal, a tale we watch
A story woven with threads of thought.
The realm of books is ethereal indeed
A place where mind and heart are freed.



SAARANGI SHYAM VIII A





KRISHNAHARI.S VI C

## The Seas

The waves splash around
And the whales call out
When the stars start shining
The jellyfish is glowing
When the moon fades away
The hunters come out and search for their prey.







<u>ROHIT</u> <u>MANOJ KRISHNA</u> VIII D

I am the most excited person in the world! My father has just announced that we would be taking a 5-day trip to the Andaman Islands!

It took us 6 hours to reach Port Blair. In the evening, we watched the fantastic light and sound show at the Cellular jail. On the second day, we visited Ross island

## Magic islands

My trip to Andaman and Nicobar

and North bay island. Ross island has an abandoned British town. In North bay island, we had a beautiful view of the sea from a lighthouse.

The next day, we took a ferry named "Makruzz" to visit Havelock Island. In the evening, we walked to Radhanagar beach nearby. The beach has many souvenir shops and I bought some for my friends. The next day we went to Elephanta beach. We did snorkelling and saw beautiful fish and corals. We also enjoyed a few more water sports like parasailing, jet ski riding etc. On the last day, we visited the cellular jail again and saw Veer Savarkar's prison cell. It was a great and memorable trip and I wish to travel to the islands again when I get older.





### The forbidden forest

As north as we can go;
There is a land hidden,
Behind the forest.
There are two paths, left and right.
When moon reached the
Sixth hour of night;
The right path opens,
To a world still unknown.
Forever I will stay in there,
To escape the reality;
That wails for me beside.
What lies in this world
Is still unknown;
But never fear,
Because I will also be there...



ANAVADYA M ABHILASH VI D



## THE UNSOLVED MYSTERY [LOOK OUT FOR YOURSELF]

Reyansh was an orphan who lived in a village. He was abandoned by his parents for being the "Runt of the litter". He learned to take care of himself and he became a headstrong boy. There was something special about the village Reyansh stayed. There was a castle and rumours flowed that the castle was haunted. People said that "whoever goes inside the castle will never see the outside world". Time flew and Revansh became 20 years old. His friends were playing "Truth or Dare". One of his friends dared him to go to the castle and come back. Reyansh accepted the dare and started his way to the castle. Revansh reached the castle's giant door and opened it and bats flew out of it. He explored a little and started having a spine chilling moment that somebody was following him. He turned around and saw foggy figures. IT WAS NONE OTHER THAN REYANSH'S PARENTS WHO HAD LEFT HIM 20 YEARS AGO.



ANUJA AJITH KUMAR XD





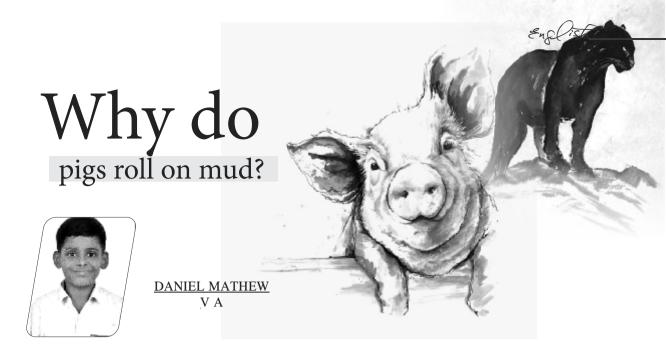


ARVIND NAIR VIII A



Our journey started from Kempegowda Airport in Bangalore. My parents, uncle, aunt and I were so excited to visit Sikkim and see all the wonderful places there. We started our journey to Bagdora located in Siliguri, West Bengal. On our way, we saw the Himalayan peaks through our airplane window. Everyone was so amazed to witness this wonderful sight. We finally reached Bagdora Airport and we met our tourist guide, Psang Tempo who was waiting to pick us up. After having lunch, we started our journey to Sikkim through Darjeeling. On our way, we saw beautiful tea plantations and also saw and heard the house sparrows chirping in the streets. We finally reached a place at Sikkim, Mangan where we staved at a resort which had treehouse facilities. The next day, we went for a little trekking and reached a Karmapa Lama

Buddhist Monastery called Ringhem Monastery. After that, we had lunch at the banks of River Teesta. The next morning, we visited Katao and it was very difficult to go through the checkpost considering the long wait for security check along with the cold weather there and also it is the highest military base camp. We made snowmen and had a lot of fun there and stayed there for the next three days. The next day, we saw many yaks there and also we visited the Satharang Lake which was frozen at that time. After three days, we visited Yumthang Valley where we saw Lachung mountains, Rhododendrons which was the state tree of Sikkim, a variety of orchids and a lot of strawberry herbs. The next day, we visited Gangtok which is the capital of Sikkim and there we visited Kanchenzonga National Park where we saw Red Pandas, porcupines, Himalayan tigers, different types of Himalayan birds and the Blue Sheep which is endangered in the Himalayan region. After that, we went to Jawarhalal Nehru Botanical Garden and also visited a museum. My uncle and aunt went paragliding while we were admiring the beautiful sceneries. After the long day, we packed our bags and got ready to go back home the next day. On our way to the airport, we saw Hanuman Tok. We finally reached the airport and got on our next flight back to Bangalore. This journey with my family had been a wonderful experience and I hope everyone gets fulfilled and satisfied by visiting this place like I did. Sikkim is the only state with zero crime and no railway stations but in 2025 a project of completing a railway station at Rangpo is under way and we all will also get an opportunity to travel through train too. In 1970, Sikkim became a state of India. In conclusion, Sikkim is a beautiful state with amazing places to visit and I recommend everyone to go during your vacation with your family and enjoy.



Once upon a time a thirsty panther came to the jungle. On his way he met a monkey. The panther asked the monkey if there was a water body nearby. The monkey said, 'Yes, there is one. Go straight and take left. Then you will find a path. Then follow the path. Then the path will split into two. Take the right path to reach the water body.'

The panther thanked him and disappeared. He followed the monkey's words and reached a crystal clear pond. As he was quenching his thirst, the panther saw a pig. The panther thought the pig had come to drink water. So the panther continued to drink

water. As the pig came closer, the panther smelt bad. He thought, "what a disgusting creature! I cannot bear this bad smell. I shall go away from it." The panther ran away.

Seeing this the pig thought, "Ha Ha! That cat is scared of me!" So the pig ran after the panther. Seeing the pig come close, the panther ran away from the smell. The pig shouted, 'Come here you little cat, if you are brave I challenge you to fight. The panther thought. "So that was it. That pig thought that I was afraid of him." The panther said to the pig, "I will. But not today. Tomorrow we will fight."

On the way home, the pig told every animal he saw about the challenge. When he reached home he told the same to his mother. "You fool, the panther ran away from you, because of your smell," said the mother.

"But don't worry you accept the challenge. On the way you roll on mud."

'Will it work?' asked the pig, nervous.

His mom said, "Yes!"

The next day the pig rolled on mud and took up the challenge. The panther was there licking his claws. The pig came closer and closer. As the panther got the bad smell stronger than before, he ran away saying 'Another time Mr. Pig.'

Since then the pigs roll on mud to avoid danger.



Prize winning debate speech against the motion on the topic "The Competitive Environment of Coaching Centres Takes a toll on students well-being"



TANMAYA NAIR XI B

I recently spoke with a friend who attends coaching classes. When I asked how she manages both school and coaching, her response shifted my perspective. She told me how she learned to prioritize her tasks and the peergroup interactions are helping her achieve her goal.

Good morning, respected judges and esteemed audience, I stand before you today to present my views against the motion that the competitive nature of coaching centers takes a toll on students' well being. Instead, I contend that they are pillars of support, fostering ambition in a world that demands nothing short of excellence

Firstly, let's consider the success rates of students. A study by the National Testing Agency cited that students enrolled in coaching centers for the Joint Entrance Examination (JEE) had an average success rate of about 25%, significantly higher than those studying on their own, had a success rate of only 10%. So I would like to pose a question to my worthy



opponents why was the success rate of these students as high as 25% if coaching is deemed unnecessary and stressful?

Moreover, I would also like to add that coaching centers contribute to essential skills beyond academics. A survey conducted by Career360 in 2022 found that 68% of students attending coaching centers reported improvement in time management and study habits. This clearly shows that coaching centers instill discipline, focus, and resilience—qualities that are often linked to long-term mental well-being rather than stress. Many of my worthy opponents mentioned that coaching centres contribute to students' stress. I strongly disagree with that statement. Research consistently affirms that the health impacts of coaching centers are often overstated. In 2019 a report, by the Indian Journal of Psychiatry cited that family expectations and societal demands were the major contributors to student stress. This tells us one thing: blaming coaching centers alone for stress is not only misguided but unjust. They now provide mental health resources like counselling for students to cope with these pressures.

So my dear friends, coaching centers aren't obstacles; they're stepping stones to success. So, to say that coaching centers "take a toll on students' well being" is to overlook the triumph, the resilience, and the success stories they inspire. These centers are places where dreams are nurtured, where futures are forged, and where students discover the strength to achieve the extraordinary.



## Debate speech for the motion on the topic "The Competitive Environment of Coaching Centres Takes a toll on students well-being"

A popular Netflix series, Kota factory brings out the dynamics of the Kota coaching industry.

Yes. Kota, Rajasthan is renowned for its coaching centres. A 16 year old engineering aspirant allegedly died by suicide. He hung himself from a ceiling fan inside his PG room in Kota. This is the 13<sup>th</sup> case of suspected suicide by a coaching student in Kota since January 2022. The district administrative has made it mandatory to install anti suicide devices in their rooms to prevent such cases in Kota's coaching hubs.

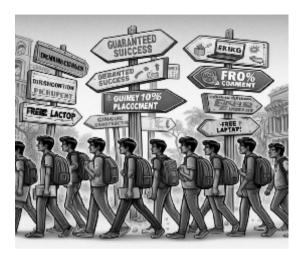
Good day to one and all present here, Respected members of the jury, my worthy opponents and all my dear friends.

Today I am here to speak and present my views for the motion of the topic, "Competitive Nature of coaching centres takes a toll on the students well-being " and that the treatment of such centres creates severe adverse effects on students today. It is quite ironic isn't it, friends? The temple of learning is becoming an intellectual wasteland!

"Why", you wonder? Because these centres over prioritise on the exams leaving students no time for school life. This one size fits for all approach disregards the individual learning styles and needs of students.



SREEHARI XI C



Haven't we seen children getting enrolled into coaching classes from 7<sup>th</sup> grade itself? Pathetic isn't it? It is too much for a child to balance both school and coaching classes at the same time. Children are caged to coaching classes even on Sundays.

I'm sure you all will agree on to the mental torture that these children undergo. They burn the midnight oil to catch up to both portions.

The over emphasis by these coaching centres cause grave mental issues such as depression aggression and worst of all, suicidal tendencies, An NCBI study says that 75% of students experience significant stress due to such centres. The overemphasis even affects the interest in students to study. 50% of the students report decreased interest in studies as these centres emphasise on grades too much.

This level of stress even worsened our state's infamy for taking one's own life. In 2022 alone Kerala was ranked fourth highest in suicide rates with over 10,000 suicides primarily student suicides. We all are quite aware that long study hours and neglecting physical activity leads to chronic health issues among teenagers like back pain migraine and sleep deprivation. The wide gap in the number of aspirants and the seats available lead to exam anxiety and high level of competition between students which can lead to unfair means such as bribery, leaking of exam papers, and other forms of unethical practices.

My friends, I trust that you all will agree on my views and my reasons as to why and how the overcompetitive spirit put by these coaching centres on students can be detrimental on their physical and psychological wellbeing.

Not only that, I strongly believe that the nature and treatment of these centres is one of, if not THE primary reason for why children succumb to grave depression and are ultimately led to the coward's path by taking their own lives.



## MY TEACHER... MY HERO

Here she strides into the room, Which is always swept clean with a broom. Everything about her is impeccable, Oh! Ma'am how can you be so humble?

She has a good sense of humour, And displays excellent demeanour. The weight of knowledge is what she

Indiscipline is what she refrains. So any slackers woe betide, From her wrath, there is no place to hide!

She taught us to be well-behaved,
And to call 'a spade a spade'.
In her, we find a good friend,
And everything she says we comprehend.
She gives us problems like a breeze,
Which we all do with ease.
Some may call her a conventional teacher,
But, we know, she is never a preacher.
She tutored us literally from 'zero',
So, I call her, 'My Teacher...My Hero'!

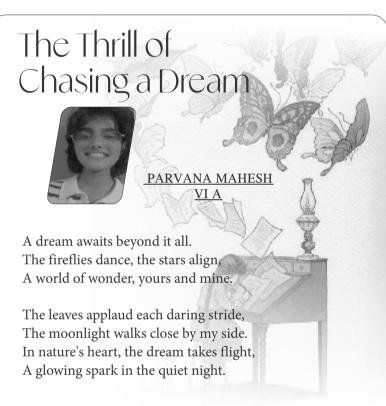
## **READING:**LIMITLESS JOY TO MANKIND

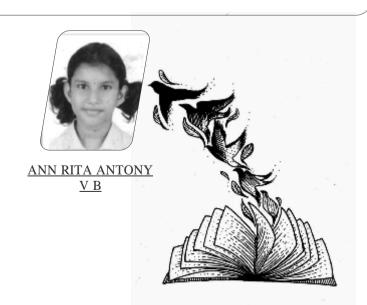
In this modern world, technology has taken over our lives; children are more into watching video games and less into reading. Reading is a hobby that every individual should develop at a very young age, as it helps us exercise our brain, increase our concentration and also improve our speaking ability. "A book is a gift you can open and open again," says Garrison Keillor. So let's make a habit to read books for at least 15 minutes daily to enhance our skills.



PAVITHRA VENKATESH IYER
IX D







English\_

In this world, I have a beautiful bunch of flowers, I call 'buddies' who brighten up my life with colours and fun!

### My first friend

Yashika is my first and best friend since I was 2 years old. She lives in Tirupati and studies in 5<sup>th</sup> grade. She was my neighbour in Tirupati and we had lots of fun playing and eating together. I will always cherish this beautiful gift of friendship with Yashika.

#### My Kerala friends

My friendship in Kerala began with Gouripriya who was my classmate during LKG in Vidyalaya Amrita Perumbavur. My next friend is my father's daughter Sarah who lives in Kottayam. We go to tours together and its so much fun with her. I have many other friends from my apartment: Sera , Aarav, Aditya, Kunju Ezzah, Gouri, Aarav, and Ryan. Not just these, I have amazing best friends from my school, Vyga, Aradhana, Shreyaan, Niranjana, Nivedhya, Madhuvani, Tanvi and Devana with whom I study, play and enjoy each day of school.

# My Bouquet of



VAGMI PARTHESWAR IV C



Vyga and Aradhana are my special friends with whom I love to play and chit-chat!

### My Bangalore friends

I was born in Bangalore and I have many friends there. Aadya is my best friend among all others and its fun and joyful to play with her. My other friends include Dhathri akka and Sanchita who taught me swimming and Surabhi, Adithi, Raga, Riya and Ritu with whom I learnt archery and skating and had fun in summer camps during my vacations.

These are the beautiful flowers in my garden of friendship and I wish that this garden blossoms with more flowers as I grow spreading the fragrance of love and making this world a beautiful place and colourful place!



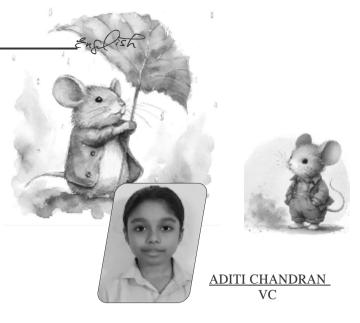
DIYA H II A

My Flower



I had a little seed, And I put it in a pot. I put it in the sunshine, And I watered it a lot.

I waited and I waited, I watched it grow and grow. And then one day a flower Came out to say "HELLO".



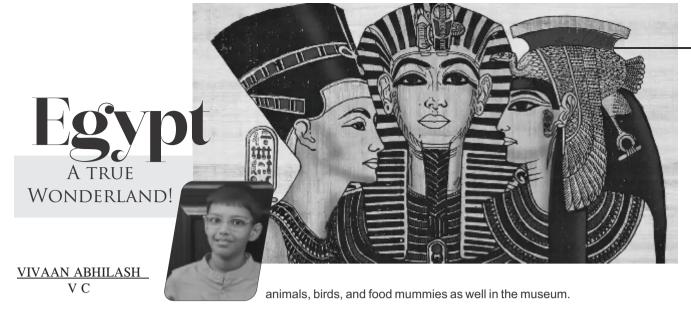
# APPLE PLEASE!

One day, the rabbit got a basket full of apples. He walked straight to his home with the basket. Seeing a bunch of apples in his hand, all of his friends came running. "Hey rabbit! " "Can you give us some apples too? " asked the mouse. The rabbit got very angry after hearing that. He didn't even pretend to hear it. Then the deer asked, "LET US HELP YOU CARRY THE BASKET. Just give us some apples." Immediately, the rabbit turned around and said to his friends, "No, I will not give you the apples. Don't stand here simply dreaming of it; you can go!" All of them became very sad. They sadly started to go, but shortly after they heard a sound, they turned back and saw the rabbit, who walked away with the apples, tripping on a stone and falling down. The basket also fell, and his apples were on the ground. His friends ran quickly and helped him get up. At that time, there was not even "A" apple in the basket. All the apples had gone into a big forest. The rabbit became sad and started to cry. At that time, the deer and mouse quickly ran into the forest and found all the apples. They put them in the basket and gave them back to the rabbit. The rabbit was ashamed of what he did to his friends, so he gave them an apple and left happily.



# READING : THE PLEASURE OF TIME

I have a lot of favourite activities that I like to do everyday. But, the one that I am mostly interested to do is 'reading'. In the world of books is my favourite time of entertainment. My favourite author is Sudha Murty. I have read almost 400 stories written by her. It makes me calm when I am stressed, books give positive thoughts and they are a good source of relaxation. It doesn't matter whether I am in a good or bad mood, but reading keeps me always happy. I always feel that, reading is much better than spending time on digital gadgets. And I feel that, books are building new & creative thoughts, images & opinions in our mind. It makes me better in grammar, comprehension, writing & vocabulary. Reading book is an effective way to reduce stress and anxiety. It can improve memory & brain development etc. It helps us to control our bad emotions and also replace it with good thoughts and positive vibes. It enhances our intelligence and makes you feel better when you are tensed. That's the magic of reading! Anyway, I strongly trust that, reading builds self - confidence & self-esteem. That's the power, the magic of reading!!!!



I along with my mother, uncle, and grandmother, visited Egypt – the land of Pharaohs, during the Christmas vacation. It was an eight-day trip covering three major places in the country.

The first three days were in the capital city - Cairo. We visited Coptic Cairo (old Cairo) and the beautiful churches there, the ancient wonder of the world the Great Pyramids, the Egyptian museum, Cairo Tower, St. Simon's cave church and Khan-el-Khalili market. I was wonderstruck when I saw the pyramids as it was my first experience to see such huge creations by humans! I entered inside the Pyramid of Giza along with my mother and it wasn't an easy walk. We had to bend to almost half and walk through an extremely narrow passage, but it was all worth it. We had a camel ride in the Sahara Desert around the pyramids and saw them from all sides. The ride was awesome on the winter morning! Egyptian museum is a storehouse of different kinds of sculptures and engraved writings (hieroglyphs). Not only that, I saw two mummies there. The ancient Egyptians respected all

kinds of animals, birds, food, and

humans. Hence, they mummified all

such beings/ things. There were

St. Simon's Church was a marvellous church built on a mountain inside a cave and is the largest church in Egypt where 20,000 people can pray at the same time! Near to the church is St. Mark's church – another cave church where a group of devotees were having some celebrations. They were kind enough to include us in their glorious event.

The next destination was the Deserts of Egypt. We had a 4-hour journey to Bahariya Oasis and from there to some of the significant deserts. We visited the Black Deserts, Crystal Mountains, Agabat Valley, and the White Deserts. We had a desert camping in the White Deserts witnessing gorgeous 'mushroom' shaped formations in the endless desert! This area was under the sea millions of years ago. It was chilling cold during the night due to the winter season, but we were well equipped with winter clothes. One of my most memorable experiences in the desert was sandboarding, an activity where I was given a wooden board and had to slide down huge dunes! I did it twice without falling. Both my mother and uncle fell when they tried the sport.

The third and last place we visited was Luxor. From the deserts we came to Giza railway station and boarded a train to Luxor, thereby enjoying an Egyptian train journey. We visited the temple of Karnak and the temple of Luxor on our first day there. By the evening we roamed around a nearby market. For me, the eventful day was the second day there when my family experienced a Hot Air Balloon ride! We were on air for about 30 minutes witnessing a wonderful sunrise and the entire Luxor township. We also got a chance to boat across the famous Nile River. We also visited the Valley of Kings in Luxor which is the home to the tombs of many Egyptian Pharaohs (kings), before bidding goodbye to the town and returning to Cairo.

The last day in Egypt was in Cairo and ended our wonderful trip with a Nile-cruise dinner. I got a chance to dance with the great Egyptian dancers on the cruise. The desert country was so welcoming that I wish to visit it once again, maybe when I grow up! I feel so lucky and blessed to go to this Wonderland at a young age and understand their culture and history.

### 'A FRIEND IN NEED IS A FRIEND INDEED'

Lina and Mina were friends. One day they were playing in a playground. They saw a bear nearby. Both Lina and Mina were afraid and they tried to hide. Lina climbed up a small tree but Mina couldn't climb. Mina asked for Lina's help but Lina said 'NO' bending her head down. Mina saw the bear coming straight to her. She thought of acting dead. The bear smelled her and left her without attacking. Lina was surprised by this act. She asked Mina 'What did you do friend?". Mina replied "My father said don't make friendship with friends who don't help in need".



SWATHI A III A







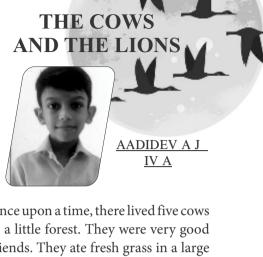
Lilly -The Butterfly

One day, it rained a lot in the forest. Everything became wet. There was not a dry place. This made Lilly, the colourful butterfly, very sad. The heavy rain was making the lovely red colour on her wings disappear! There was no place where it could take shelter and escape the rain.

"Oh! What should I do?" worried Lilly. Bea, the bee, came to Lilly's rescue. When it stopped raining, Bea said, "Here, look at my magic." She held a brush in one hand and colour in the other. And with a few strokes of the brush, Lilly's problem was solved. She was once again the most colourful butterfly in the forest.



SHIVANYA ANEESH III B



Once upon a time, there lived five cows in a little forest. They were very good friends. They ate fresh grass in a large green meadow. They decided to do everything together so that lions couldn't attack them for food. But one day the five cows fought with each other and they started to graze in different places. The lions decided to seize the opportunity and killed them one by one.



DHWANI MAHESH V B

## My sapling

Inside the seed. All bundled up tight. A tiny sapling sleeps day and night. If you plant it in the soil, Where the sun shines, With some water and with some care You can watch it flourish and grow.





I saw a flock of beautiful birds Flying up in the sky, like a rainbow; Oh what a sight; I stand mesmerised. The colours are vivid, bright and lovely, I wonder whether this is the heavenly path That my grandpa told in his fairy tales

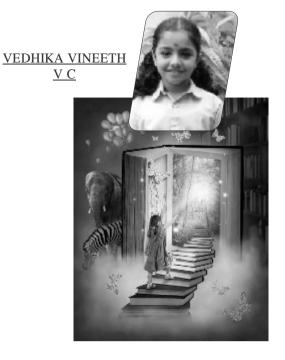


ADVAITH J PILLAI IV D

English\_

### THE MAGICAL DOOR!

One day while I was going to play outside, I noticed that the front door of my house looked a bit different. At first, I thought, "Did my grandfather change it?" I looked through the small gap of the half-open door. It just looked like the streets I used to play in with my friends. I walked by casually thinking it was the same place. But lo and behold, I was teleported into a magical land of Books. The people there were all characters from books. All the surroundings looked like the pages of different books. On one side, it was the magical land of Oz and on the other side the school of Wizards, Hogwarts. I was very happy and excited to meet my favourite book characters. We had fun and had a good time together. At last, I saw the same door that brought me to this magical land. I bid farewell to everyone and walked through the door. I was back at my house. It was for sure the best dream ever.





# Tuttu & the Deer



Once upon a time there lived a parrot named Tuttu. One day Tuttu was flying through the jungle, suddenly he saw a pack of wolves trying to attack a deer. He flew back, got some sticks and threw them at the wolves. The wolves got hurt and ran away. Tuttu flew down near the deer and asked, "Are you okay?" The deer replied, "Yes, I'm fine". Thank you for saving my life and I will surely pay back this kind act whenever I get an opportunity. Tuttu smiled and flew back to his nest.

After few days, an eagle was roaming over the jungle for his prey as he was very hungry and spotted Tuttu. Tuttu was playing with his friends in a ground near his nest. The eagle thought "This bird will surely make my stomach full". He rushed towards Tuttu like a jet. When he was closing near to Tuttu, the same deer which Tuttu had saved, saw the eagle and knew that eagle is going to attack Tuttu. The deer tried to warn Tuttu and called loudly, "Tuttu, an eagle is coming to attack you", but Tuttu didn't hear it. The deer also ran towards Tuttu, calling out him more loudly, "Tuttu, an eagle is coming to attack you". This time Tuttu heard and turned around. The eagle was so near, but Tuttu and his friends flew away and escaped to their nest. The eagle became disappointed, he flew few rounds above their nest and went away. When Tuttu understood that eagle is nowhere near him, he flew down towards the deer and told, "Thank you... You saved our lives", then the deer replied, "I had told you, I will payback your kindness". They both smiled and from then they both became good friends.



DHYAAN K. DHIBU IV D



## My nature

The grass is green,
The sky is blue,
The moon is white,
The clouds are too.
The sun is yellow,
The trees are brown,
The leaves are red
When falling down.
The sunset is orange,
The air is clear,
What a colorful world
We have right here!



EVANA PHILOMIN KS II E

### My Schoolmates

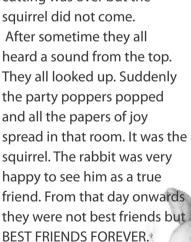
My schoolmates are my friends all day, We learn, we laugh, we work, we play. From morning bell to end of school, Together, we make learning cool! In the classroom, we take our seats, Sharing pencils, snacks, and treats. We help each other through thick and thin, With every challenge, we all win! At recess time, we run and shout, Play hide and seek or just hang out. Each one is special, in their own way, They make me smile, they make my day! So here's to friends, both old and new, My schoolmates, strong and true. Side by side, we learn and grow, The best of friends, this I know!



ADHARV MITHUN IV D

### Poppy's birthday

Once upon a time there was a rabbit named Poppy.
His birthday was approaching.
He invited all his friends.
Everyone came but his best friend squirrel did not come. The rabbit was very sad. The cake cutting was over but the squirrel did not come.
After sometime they all





ARUNDHATI
A. NAIR
IV D

### One

One One One
One smile makes a friend.
One drop of water makes a river.
One seed makes a tree.
One book gives us knowledge.
One joke makes a smile.
One gift makes us happy.



VYGA S NAIR IV B

One One One
One kite flying in the sky looks
beautiful!
One rose smells so nice.
One smile makes more smiles.
One is the most perfect thing.









A dream came true-

MY ARANGETTAM

My Bharatanatyam arangettam was on 30th April 2023 at Layam Koothambalam Tripunithura, when I had just completed my second grade.

I started learning dance when I was in LKG with my sister, but because of Covid, our dance teacher could not teach us offline. Then she moved to the UK. She taught us online all the steps of the dance for arangettam, correcting even the minute mistakes we made.

One month before my dream day our dearest teacher Anisha returned from the UK and we started full time practice. Morning and evening we practised with fun and excitement. Our teacher's love, care and dedication towards dance inspired and motivated us alot.

On the day of arangettam, I was very much excited and reached my dance class very early. Our make-up sir, Subhash, was ready with his make-up kit. He made us ready before the due time. After seeking the blessings from Poornathrayeesa we reached Koothambalam. The blessings of the Lord drizzled as rain drops

when I started dancing. We did around 10 dances and the final one was 'Madu mekkum Kanna.." in which our teacher, my sister, me and my friends performed.

We received lots of appreciation for our dance. It was around 9:00 pm when we left the venue. We were hungry and went to the nearby restaurant with my family members. It was here the most memorable incident in connection with the arangettam happened.

After dinner we said good bye to our relatives and was about to return home. A family with two kids, father, mother and grandparent came to the restaurant. The younger child was around 3 years old. She was surprised to see my sister who was dressed as Krishna. When her mother opened the car, she ran to my sister calling 'Kannaaa'. She touched my sister and held her hand. She was moving around my sister and her little face was filled with love for lord Krishna. She wanted to take my sister (Kanna) to her home and wanted to play with him. When my sister tried to hide herself, the child's eyes filled with tears and it ran down her cheeks. The little girl was not willing to move away from my sister. The parents tried their best to take the child away from us. But she insisted to be with her kanna.

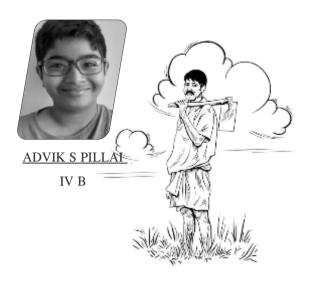
It was getting late and my mother had to convince the little girl saying that "when you reach your home back, your Kannan will be there ready to play with you". She trusted my mother's words and went with her parents. She hugged and kissed her Krishna for the last time and moved with her parents.

This smile of the little girl was the biggest gift for us. We still like to believe that it was lord Krishna himself who came near us donning the innocent smile of that little girl.



### THE POOR AND RICH

One sunny morning, a poor farmer came to visit a city. Everyone in the city thought that he was an enemy of theirs and drove him off. The farmer felt insulted and returned to his village. Another sunny morning, in his village, he noticed that the birds were chirping happily and the butterflies drank nectar from the flowers. Ooooh...!!!! Whistled the farmer in a happy tune. He remembered that when he had visited the city, he had seen that the water was filled with garbage. Comparing that to his village, he saw that the water in his village was crystal clear! And noticed the difference. The city was noisy, busy and filled with garbage whereas his village was quiet and clean! He was happy to be in his village and forgot about the insult he had faced in the city!



### MY BEAUTIFUL JOURNEY

Last vacation I went to Bandipur, a National Park in Karnataka. I had wanted to go for this trip for a long time. My uncle lived in Hassan, a nearby place. It was around 4:00 pm when we reached there. The garden was very beautiful and spacious. I learnt that the government had prepared special plans to protect tigers. Rare species of mammals and animals are found here.

When we entered the park and went a little further, we came across a herd of deer and wildebeast. In the evening, it was time for the herd of elephants to come down. I saw a huge elephant amongst the herd of elephants. After about half an hour, a wild boar was seen running in front of the car and hiding. The time was 6:00 pm. Because it is a place for dangerous animals, so borders were not allowed. This trip made me mentally happy and I got to know nature more.



BHAVADETH. R.
IV B



## My soul

I have a little soul inside me
When I grow he becomes so strong
When I cry he becomes so weak
Sometimes I only have him as my friend
The time I was born he is my friend
He believes that if you think right,
the thing you do will be right
He tells me that my goal is right
there don't give up now,
get up and work hard and smart
And he is my soul that makes me
feel good and comfortable.





TANVI PRASANTH IV C



ADINATH.S IV C

# Sony Ant's Big Day at School

Sony Ant was a little ant who went to Insect's School. He had many friends in his class, like Henry ant, Mini ant, and Sam Spider.

One day, their teacher, Mrs. Butterfly, announced that the school would conduct a big festival. "We need volunteers to help with the preparations," she said.

Sony Ant was excited. He raised his hand and said, "I want to help, Mrs. Butterfly!"

Henry, Mini, Sam and some others also volunteered. Together, they formed a team to help with the festival preparations.

Sony Ant and his friends worked hard. They decorated the school hall, made posters, and even practiced a dance performance.

On the day of the festival, the school hall was filled with ants, beetles, and other creatures. Sony Ant and his friends performed their dance, and everyone clapped and cheered.

Mrs. Butterfly was proud of Sony Ant and his friends. "You all did a great job," she said. "I'm so proud of my students!"

Sony Ant and his friends beamed with pride. They had worked together as a team and made their school festival a big success.



Teny Job VIIIB

# A Shattered friendship

I had a quarrel with one of my best friends. I had trusted him for the past three years. It was a serious quarrel. Actually, it was not a quarrel. He betrayed me for a long time. My friend's house is next to my house. He said that he had no parents because his parents were soldiers and were killed in a war. I felt so sad when I heard that story. I went to his house everyday. At that time, I wondered how he was getting money for his expense and who cooked food for him. I played games with him. But on some days I heard people talking with him at night in his house. When I asked him about that, he said that it was his uncle and aunt. From that moment, I had been spying on him because I was getting something unusual with him. I had lots of questions. If he didn't have parents, how did he live? From where did he get food? One day I saw a car parked in his house at night. I saw two persons inside the car. I decided to talk with them. Now, here is the point. They were my friend's parents !!. They would come home late night and go early in the morning for their work. He had been cheating me for more than three years. I made him my friend because I thought, he had no friends except me . At that time, I was getting mad. I decided not to talk or play with him. The next week, I saw another car parked in front of that house. I understood that new neighbors had come to live there. Still I kept thinking of my old friend who cheated and fooled me.



Eng Oish

## THE DAY I TOUCHED THE SKY: MY VISIT TO BURJ KHALIFA



DHYAN SARAN VD

Last summer vacation, I went to UAE with my parents and sister. We had visited many places in UAE. But the most amazing experience was visiting the BURJ KHALIFA . It is the tallest building in the world. I couldn't believe that I am standing in front of it. For me it was like a giant metal rode touching the sky. We took many photographs from outside of the building. Then we entered into the building and collected the entry pass to access "At The Top". We need to undergo many security check up before entering into the building. Also they displayed many informations about the construction of the building on both sides of the passage. We can see the 3D models also. They also displayed the pictures of people who were part of construction. The construction began in 2004 and completed in 2010. Finally I reached near the elevator. We took the high speed elevator to reach the 124 th floor.It has 163 floors. Within 60 seconds we reached the observation deck on 124 th floor. Can you imagine it? The view from the observation deck was unbelievable. I saw the whole city of Dubai, deserts and ocean. I felt like I was touching the sky. On the 124th floor there were many antique shops ,refreshment centres and also a large touch screen display showing the cultural and geographical highlights of UAE. We spent some time there and enjoyed the view. It was an unforgettable trip in my life and it is a must visit place for anyone travelling to Dubai.



English\_

# **A** Journey begins.....



DEVADUTH BIJULAL XII B

Early this year I had planned to go for a trip with my family to the eastern fringes of India that is to Odisha.It was my great desire to visit Puri, Odisha, as it is well known for its attractions like the Bay of Bengal,the Konark Sun Temple,and the greatest of all the Puri Jagganath Temple.

We were all in a dilemma how to reach Puri. After a lot of discussions and researches we took the courage to drive in our own vehicle. We crossed the state borders and travelled through the great expanse of 1860.5 km by road. It was quite challenging but it was a great experience driving through different places and reaching Puri, Odisha.

There are a plethora of places to visit in Puri, like the historic Konark Sun Temple known as the 'Black Pagoda' of India. The 774 years old Temple stands lofty at the coasts of the Bay of Bengal. History says it was built by King Narasimhadeva in the shape of a chariot, with 7 horses, of the Hindu Sun God ,Lord Surya Dev. Sadly



after prolonged and frequent foreign invasions and attacks by the Portuguese and the Islamic rulers, only one horse remains with a broken stone leg. Really tragic!

If you are an art lover, the cultural and heritage village, Raghurajpur at Chandanpur is a must visit. I was mesmerized by the techniques and the artistic skills of the villagers at Raghurajpur. We bought the famous Pattachithra paintings bookmarks painted on palm leaves a traditional, beautifully designed teapot and a lantern.

The most spectacular of all the monuments is the Puri Jagganath Temple. This Temple is one among the chaar-dham which is believed to have been built between 1135 and 1150 C.E. There are a lot of mysteries associated with this temple .The temple houses a beautiful dome in which the deity presides. The temple has 4 doors-Singhadhwar in the east, Vyaghradwar in the west, Hasthidwar in the north and Ashwadwar in the south .This is the only temple where the prayer flag on top of the dome, flutters in a direction opposite to that of wind. The temple prepare it's holy sumptuous bhog (food) each day randomly but it will always suffice to feed it's 20,000 to 2 lakh devotees who visit this temple each day. Though the temple is located at the very coast of the Bay of Bengal, once you enter the temple you cannot hear the waves .There is no shadow of the main domes unlike other opaque objects on Earth and no birds fly over it.

We enjoyed trying new varities of dishes at Puri starting from Dalma, Rasaballi to Rasgulla, Chhenapoda etc. Sweets are important delicacies in Puri. It was really wonderful to try the new varities of eateries of the Eastern coast of India.

The eight days trip to Odisha was really memorable. Seeing the architectural marvels, historic places was a true insight to the culture and tradition of the Eastern flank of India. It was a great experience talking to the villagers who have new stories to narrate to their visitors. I would say that each one of us have to visit Odisha once in their lifetime since there are a lot of things waiting to be discovered.





ADVIKA G MENON IX C

"We know we were not good enough today. We tried everything we could from our side but it wasn't supposed to be." said Rohit. Indian team faced a heartbreak in the 2023 ODI World Cup held at home, after enjoying a 10-match unbeaten run in the tournament, India endured a final defeat at the hands of Pat Cummins' Australia in Ahmedabad. Just like March 23, 2003 when India lost the ODI World Cup final to Australia, it is there in the memories of an entire generation. The date of November 19, 2023 will also remind another generation of the feeling of losing another World Cup final, at home,

# THE MEN IN BLUE'S COMEBACK



against the same opponents. Indeed, this was the day when the whole India was heartbroken by the defeat.

"It is a special team and I am so lucky to lead this team. Yes, of course, it means so much for us but it's for the entire nation. "This was the comeback of the Indian team for which the whole nation was waiting. The Indian cricket team ended its 17-year-long T20 World Cup trophy drought with a sensational win over South Africa in the final in Barbados. Partnership between Virat Kohli & Axar Patel helped a lot in setting a target for the opponents. Jasprit Bumrah , Hardik Pandya & Arshdeep Singh bagged huge wickets. Suryakumar Yadav's breathtaking catch was the winning spell in the whole match which helped India get the title. It was a historic night to be remembered for generations to come. Many legends celebrated the team's victory in the T20 World Cup, stating that it will encourage the nation's youth to move one more step closer to their dreams.





SMRITI ARUN VII C

# **Paper N Parcels -** A Unique small Venture

Mumbai's iconic Dabbawallas are known worldwide for their exceptional and efficient delivery system. However, not many are aware of the unique business idea that leverages this vast network in Mumbai and its suburbs.

A young entrepreneur named Tilak Mehta began his journey at just 13 years old. Inspired by the vast network of Dabbawallas and their seamless logistics system, he launched **Paper N Parcels.** This innovative delivery service operates within the city of Mumbai, utilizing the Dabbawallas' network to offer efficient, reliable parcel delivery.

Over time, Paper N Parcels expanded its services to include shipping and logistics, further broadening its reach. The idea for this venture was born in 2018, after an incident where Tilak forgot his textbook at his uncle's house. He was able to get it back quickly, thanks to the help of the Dabbawallas. This experience sparked the idea to create a delivery service using their unique network.

Today, Paper N Parcels is a successful business generating an impressive turnover of Rs 100 Crores. As of 2021, Tilak Mehta's net worth stands at a remarkable Rs 65 Crores, with a monthly income of Rs 2 Crores.

This venture is a testament to how a simple idea, when nurtured with vision and determination, can go a long way. Let Tilak Mehta's journey inspires others to think outside the box and pursue their entrepreneurial dreams.



### MIND OVER MATTER -

Why Mental Health Must Be A Student's Priority

"By facing our challenges and overcoming them, we grow stronger, wiser, and more compassionate"

Mental health is a vital aspect of a student's overall well being. It directly impacts their academic performance, personal growth and social interactions. In today's fast paced world, students often juggle multiple responsibilities, busy with their classes including exams, assignments and co-curricular activities. This constant academic and peer pressure can lead to stress, anxiety and sometimes panic attacks.

A healthy state of body and mind enhances focus, creativity and decision-making skills enabling them to achieve their goals. Ignoring mental health can have negative impacts on a student. It can decrease motivation, result in poor concentration and focus.

To prioritize mental health students should adopt healthy habits like meditating, exercising, engage in a sport or game of interest and practicing mindfulness. Educational institutions, parents and friends play a key role in creating a safe and peaceful environment for students. Ultimately mental health is as important as physical health. It helps students cope up with stress, unlock their true potential and pave the way for a happy and fulfilling life and career.

### INTERNATIONAL TOURISM DAY



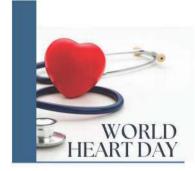


















### MATHRU POOJA































GANDHI JAYANTHY





























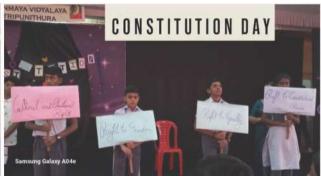
























#### FELICITATION- MS. MEENAKSHI NAIR





#### **BOOK FAIR**













#### VRISCHIKOATSAVAM





ATHAM -SPECIAL ASSEMBLY



















### മലയാളവിഭാഗം



### എന്റെ കേരളം

സാഗരറാണിയാൽ പൂജിതം പാദങ്ങൾ, ലാളിതം മെയ്, സഹ്യനീറ്റുറവാൽ, ഭാരതമാതാവിൻ പാദങ്ങൾ പൂജിക്കും കേരള നാടെന്റെ സ്വന്തം നാട്. കലകൾ തൻ കരയാണ് കേരളം നമ്മുടെ-കരളിനെ കവരുന്ന ഭൂമിയാണ്. എന്നുടെ സിരകളിൽ എന്നും തുടിക്കുന്ന കേരള നാടെന്റെ സ്വന്തം നാട് വീര നായകരും, ധീര യോദ്ധാക്കളും അങ്കം ജയിച്ചൊരു മണ്ണിതല്ലോ, അവരുടെ ചരിതങ്ങൾ പാടി പുകഴ്ത്തുന്ന കേരള നാടെന്റെ സ്വന്തം നാട്. തുഞ്ചനും, കുഞ്ചനും, ചെറുശ്ശേരിയും പിന്നെ ആശാനും, ഉള്ളൂരും, വള്ളത്തോളും കവിതകൾ പാടി തികഞ്ഞൊരു നാടാണ് കേരള നാടെന്റെ സ്വന്തം നാട് പണ്ടു ശ്രീ ഭാർഗവൻ തന്റെ മഴുവെടു-ത്തൂക്കോടുയർത്തി എറിഞ്ഞ നേരം സാഗരം മെല്ലെ പിളർത്തി ഉയർന്നൊരു കേരള നാടെന്റെ സ്വന്തം നാട്. കേരള നാടിന്റെ മഹിമയിതേവവും കേൾക്കണം നിങ്ങൾ ഹേ കൂട്ടുകാരേ, കേരളീയർക്കെന്നും അഭിമാനമല്ലയോ





വിഷ്ണുദത്തൻ എച്ച്. പിഷാരടി 8 എ

#### (GO 222

കേരള നാടെന്റെ സ്വന്തം നാട്

അമ്മയില്ലാതെ എന്തു ജനനം എന്നും എന്നെ കാത്തുകൊള്ളുന്ന അമ്മേ! പുലരുന്ന പൂക്കളെ കാണാൻ പഠിപ്പിച്ച അമ്മേ! എന്നും, എപ്പോഴും എന്റെ കൂടെ നിൽക്കുന്ന അമ്മേ! സ്വാർത്ഥത നിറഞ്ഞ ഈ ലോകത്ത് നമ്മുടെ സന്തോഷങ്ങൾ ആഗ്രഹിക്കുന്ന അമ്മേ! തന്നെ തന്റെ രണ്ടു കാലുകളിൽ നടക്കാൻ പഠിപ്പിച്ച അമ്മേ! എന്തൊരു കാര്യവും പഠിക്കുന്നതിന്

എന്തൊരു കാര്യവും പഠിക്കുന്നതന മുൻപ് പഠിച്ച വാക്ക് 'അമ്മേ' എന്നെ നൊന്തുപെറ്റ സ്നേഹമേ നന്ദി പറയാൻ വാക്കുകളില്ല! അമ്മ!



ആര്യ രാഹുൽ 8 ബി





മഞ്ഞാൽ പുളകിതയായ കൊടൈക്കനാലിന്റെ മലനിരകളിലെ മനോഹര കാഴ്ചകളെ വാക്കുകളാൽ പ്രകടിപ്പിക്കാൻ സാധിക്കില്ല. എങ്കിലും എന്നെക്കൊണ്ട് കഴിയുന്നപോലെ എന്റെ അനുഭവം ഞാൻ പറയാം പുലർച്ചെ 5.00 മണിക്ക് പുറപ്പെട്ട ഞങ്ങൾ അവിടെ എത്തിയത് 3.30 കഴിഞ്ഞാണ്. അടിമാലി, രാജാക്കാട് വഴിയാണ് ഞങ്ങൾ പോകും വഴിയുള്ള തേയിലത്തോട്ടങ്ങൾ വളരെ മനോഹരമായിരുന്നു. കൊടൈക്കനാലിന്റെ അടുത്താണ് ഞങ്ങൾ മുറി എടുത്തത്. ഏകദേശം ഒരു 5.00 മണി ആയിക്കാണും ഞങ്ങൾ കുളിച്ചു റെഡിയായപ്പോൾ കുറച്ച് കഴിഞ്ഞ് കൊടൈക്കനാലിൽ എത്തി. അവിടെ ബോട്ടിങ്ങൊക്കെ ഉണ്ടായിരുന്നു. സമയം കഴിഞ്ഞതുകൊണ്ട് ഞങ്ങൾക്ക് കയറാൻ സാധിച്ചില്ല. പിറ്റേദിവസം നേരത്തെ ചെന്ന് കയറി ശേഷം അവിടെ നിന്ന് ഞങ്ങൾ വെക്കേറ്റ് ചെയ്ത് പിന്നീട് ഞങ്ങൾ പോയത് പൈൻ ഫോറസ്റ്റിലേക്കാണ്. അനേകം പൈൻ മരങ്ങളുടെ നടുവിൽ നടക്കാൻ എന്തു സുഖമാണ്. പ്രകൃതി രമണീയമായ സ്ഥലം പ്ലാസ്റ്റിക് വിമുക്തം. അവിടുത്തെ ശുദ്ധവായുവും, നിശബ്ദതയും ആ കാടിനെ ശാന്തമാക്കി. പൈൻ ഫോറസ്റ്റിന് ശേഷം പോയത് ഗുണ കേവിലേക്കാണ് "ഗുണ"സിനിമയിലൂടെ പ്രശസ്ഥമായത്. ഇവിടെയും നിറച്ച് മരങ്ങളായിരുന്നു. ഉള്ളിലേക്ക് നടന്ന് കുറച്ച് അടുത്ത് എത്തുമ്പോഴേക്കും കണ്ടത് കൂടുതലും കുരങ്ങന്മാരെയാണ്. മരങ്ങളിലൂടെ ചാടി നടക്കുന്നത് കാണാൻ നല്ല രസമാണ്. പിന്നീട് അങ്ങോട്ടേക്ക് മൊത്തം മഞ്ഞുമ്മൽ ബോയ്സ് എന്ന സിനിമയിലൂടെ കൂടുതൽ ആളുകൾ കേട്ടുതുടങ്ങിയ ഒരു പാട്ടാണ് നിറഞ്ഞ് നിന്നത് എങ്ങോട്ട് തിരിഞ്ഞാലും ഇത് തന്നെ എങ്കിലും നല്ലവണ്ണം ആസ്വദിച്ചു. അന്നേ ദിവസം അവിടെ നിന്ന് മടങ്ങി തിരികെ പോകുന്ന വഴി എന്നാൽ പിന്നെ പഴനിക്ക് പോയി ഒന്ന് തൊഴുതിട്ട് പോകാം എന്ന നിലയിലായി. അതുകൊണ്ട് 15–ാം തീയതി വൈകിട്ട് തന്നെ തൊഴുതു രാത്രി ആയത് കൊണ്ട് പിന്നെ അവിടെ തന്നെ തങ്ങി എന്നിട്ട് പിറ്റേന്ന് രാവിലെ പുറപ്പെട്ടു എറണാകുളത്തേക്ക് വൈകിട്ട് 3.00 മണിയോടെ തിരികെ എത്തുകയും ചെയ്തു. ഇതിനുമുമ്പ് പോയിട്ടുണ്ടെങ്കിലും ഇപ്പോഴാണ് ഞാൻ സന്തുഷ്ടയായത്.





VII A

മനുഷ്യ ശരീരത്തിലെ ആന്തരീകാവയവമാണ് ഹൃദയം. (പഭാത നടത്തം സ്ട്രെയിന പി. എസ് VII B "ആരോഗ്യമുള്ള ശരീരത്തിലേ ആരോഗ്യമുള്ള ഒരു മനസ്സുണ്ടാവൂ"

ശരീരത്തിലെ എല്ലാ ഭാഗങ്ങളിലേക്കും രക്തം ശുദ്ധീകരിച്ച് പമ്പ് ചെയ്യുകയാണ് ഈ അവയവത്തിന്റെ പ്രധാന ധർമ്മം. സ്നേഹത്തിന്റെ പ്രതീകമായി ഹൃദയത്തെയാണ് കണക്കാക്കുന്നത്. 'ഹൃദ്' എന്ന സംസ്കൃത പദത്തിൽ നിന്നുത്ഭവിച്ച പദമാണ് ഹൃദയം. മറ്റെല്ലാ ശരീരഭാഗങ്ങളിലേക്കും രക്തം, പോഷകങ്ങൾ, ഓക്സിജൻ എന്നിവ വിതരണം ചെയ്യാൻ ഹൃദയം നിരന്തരം പ്രവർത്തിക്കുന്നു. മനുഷ്യ ഹൃദയത്തിന്റെ ശരാശരി പ്രായം 80 വർഷമാണ്. ഹൃദയം ഓരോ ദിവസവും 1,00,000 തവണ സ്പന്ദിക്കുന്നു. ഹൃദയം മനുഷ്യ ശരീരത്തിനുടനീളം പ്രതിദിനം 7000 ലിറ്റർ രക്തം പമ്പ് ചെയ്യുന്നു. ഹൃദയത്തിന്റെ ശരാശരി ഭാരം 346 ഗ്രാമും, സ്ത്രീകൾക്ക് 285 ഗ്രാമുമാണ്. ഓരോ മിനിറ്റിലും പുരുഷന്മാർക്ക് 70-72 തവണയും സ്ത്രീകൾക്ക് 78 - 82 തവണയും സ്പന്ദിക്കുന്നു. ഹൃദയത്തെപ്പറ്റി നമ്മെ ഓർമ്മിപ്പിക്കാനായി വേൾഡ് ഹാർട്ട് ഫെഡറേഷനും യുനസ്ക്കോയും ലോകാരോഗ്യ സംഘടനയും സംയുക്തമായാണ് എല്ലാ വർഷവും സെപ്റ്റംബർ 29-ാം തീയതി ലോക ഹൃദയാരോഗൃദിനമായി ആിരിക്കുന്നു. ഉപസംഹാരമായി, ഹൃദയം നിസ്റ്റംശയമായും മനുഷൃശരീരത്തിലെ ഏറ്റവും പ്രധാനപ്പെട്ട അവയവങ്ങളിൽ ഒന്നാണ് ജീവൻ നിലനിർത്തുന്നതിൽ നിർണ്ണായക പങ്ക് വഹിക്കുന്നു.

– സ്വാമി വിവേകാനന്ദന്റെ ഈ വരികൾക്ക് ഇന്നത്തെ ലോകത്തിൽ വളരെയേറെ പ്രസക്തിയുണ്ട്. ശാസ്ത്ര സാങ്കേതിക മേഖലയിൽ മുന്നേറ്റമുണ്ടാക്കാൻ നമുക്ക് കഴിഞ്ഞു. പക്ഷേ ഈ ആരോഗ്യം സൂക്ഷിക്കാൻ കാത്തു നാം എത്രമാത്രം പതിപ്പിക്കുന്നുവെന്ന് നേരിട്ടറിയേണ്ടകാര്യമാണ്. കാത്തു സൂക്ഷിക്കാൻ ഏറ്റവും എളുപ്പമായ ഒരു മാർഗ്ഗമാണ് പ്രഭാത നടത്തം. രാവിലെ ഉണരുമ്പോൾ നമ്മുടെ മനസ്സിൽ മനസ്റ്റിന്റെ ഏകാഗ്രത വർദ്ധിക്കുന്നു. ഉന്മേഷമുണ്ടാകുന്നു. ശരീരത്തിൽ രക്തയോട്ടം വർദ്ധിക്കുന്നു. നമുക്ക് സന്തോഷം പ്രദാനം ചെയ്യാൻ പ്രഭാത നടത്തത്തിന് സാധിക്കും. ചുറ്റുപാടും കണ്ണോടിച്ച് നാം നടക്കുമ്പോൾ മനസ്സിന് കുളിർമയും ശാന്തിയും ഉണ്ടാകുന്നു. പേശികളുടെയും എല്ലുകളുടെയും പ്രവർത്തനം നല്ല രീതിയിൽ നടക്കാൻ നടത്തം നമ്മെ സഹായിക്കുന്നു. സൗഹൃദം പരിധിവരെ നിലനിർത്താൻ പ്രഭാതനടത്തം സഹായിക്കുന്നു. ആരോഗ്യം നിലനിർത്തുന്നതിന് പ്രഭാതനടത്തം നമ്മുടെ ദൈനംദിന ജീവിതത്തിൽ ഉൾപ്പെടുത്താൻ ശ്രമിക്കുക. അങ്ങനെ ആരോഗ്യമുള്ള വ്യക്തികളെ സമൂഹത്തിൽ വാർത്തെടുക്കാൻ സഹായിക്കുന്നു.



V<sub>B</sub>

ഓണം ഓണം പൊന്നോണം ഊരെതാൽ ആടാം ഓണത്തിന് പുക്കളം ഉടാല്ലോ സദ്വ ഉണ്ണാലോ പാട്ടുപാടി രസിക്കാലോ തിരുവോണത്തിന് കോടികുടടുത്ത് തിരുവാതിര കളിക്കാല്ലോ വള്ളംകളി കാണാൻ പോകാല്ലോ വഞ്ചിപ്പാട്ടു കേൾക്കാലോ മാവേലിമന്നനെ വരവേൽക്കാല്ലോ



അപൂർവ സുജിത്ത് III C

### എന്റെ താമര

ഒരിക്കൽ ഞാൻ എന്റെ അമ്മയോടൊപ്പം എന്റെ വീടിനടുത്തുള്ള അമ്പലത്തിൽ പോയി. അവിടെ ദേവിയുടെ നടക്കൽ ഒരു താമരപ്പൂവ് ഞാൻ കണ്ടു. അത് കണ്ടപ്പോൾ എന്റെ ഉള്ളിൽ ഒരു ആഗ്രഹം തോന്നി. എനിക്കും അതുപോലെ ഒരു താമരപ്പൂവ് ദേവിക്ക് കൊടുക്കണമെന്ന് ഞാൻ അമ്മയോട് പറഞ്ഞു എനിക്കൊരു താമരച്ചെടി വേണമെന്ന്. കുറച്ചു ദിവസം കഴിഞ്ഞപ്പോൾ ഒരു താമരച്ചെടി വാങ്ങിക്കൊണ്ടുവന്ന് അമ്മ അത് എനിക്ക് സമ്മാനി ച്ചു. അത് ഞങ്ങളുടെ വീട്ടിൽ ഉണ്ടായിരുന്ന ഒരു വലിയ പാത്രത്തിൽ ഞങ്ങൾ നട്ടു. പിന്നീട് എന്നും അത് വളരുന്നുണ്ടോ എന്ന് നോക്കുന്നതായിരുന്നു എന്റെ പ്രധാന ജോലി. അങ്ങനെ ദിവസങ്ങൾ കട ന്നുപോയി. ഒരു ദിവസം അതിൽ ഒരു കൊച്ചു മൊട്ടു വിരിഞ്ഞു. ഞാൻ സന്തോഷംകൊണ്ട് തുള്ളി ച്ചാടി. പിന്നെ അത് വിടർന്നു വരുന്നതും കാത്ത് ഇരി പ്പായി. അങ്ങനെ കുറച്ചു ദിവസം കഴിഞ്ഞപ്പോൾ ഒരു ദിവസം അതിരാവിലെ ഞാൻ ചെന്ന് നോക്കു മ്പോൾ ഒരു വിടർന്ന താമരപ്പൂവ് സൂര്യനെനോക്കി ചിരിച്ചുകൊണ്ട് സുന്ദരിയായി നിൽക്കുന്നു. എൻ സന്തോഷം പറഞ്ഞറിയിക്കാൻ വയ്യായിരുന്നു. അന്നു തന്നെ ഞാൻ അമ്മയോട് പറഞ്ഞു. അമ്മേ നമുക്ക് ഇപ്പോൾത്തന്നെ അമ്പലത്തിൽ പോകണം. അങ്ങനെ എന്റെ താമരപ്പൂവുമായി ഞങ്ങൾ അമ്പല ത്തിലേക്കു പുറപ്പെട്ടു.

പോകുന്ന വഴിയിലൊക്കെ ആരെങ്കിലും എന്റെ പൂവ് കാണുന്നുണ്ടോ എന്നായിരുന്നു എന്റ ചിന്ത. കണ്ടവരോടൊക്കെ ഇത് എന്റെ താമരപ്പൂവാണെന്ന് ഞാൻ അഭിമാനത്തോടെ പറഞ്ഞു. അമ്പലത്തിൽ ചെന്ന് ദേവിയുടെ മുൻപിൽ ആ പൂവ് സമർപ്പിച്ചു. തിരുമേനിയോടു പറഞ്ഞു ഇത് എന്റെ വീട്ടിൽ ഞാൻ വളർത്തിയ പൂവാണെന്ന്. തിരുമേനി എന്നെ ഒത്തിരി പ്രശംസിച്ചു.

സ്വന്തമായി നമ്മൾ എന്തെങ്കിലും ചെയ്ത് വിജയി ക്കുമ്പോൾ ഉണ്ടാകുന്ന സന്തോഷം എത്ര വലുതാ ണെന്ന് ഞാൻ മനസ്സിലാക്കി. അനുഭവകഥ-



കഴിഞ്ഞ ഓണാവധിക്കാലത്ത് അമ്മയുടെ വീട്ടിലെത്തിയ ഞങ്ങൾ മുത്തച്ഛനും മുത്തശ്ശി യുമൊന്നിച്ച് ആദ്യമായി വാട്ടർമെട്രോയിൽ കയറാനായി പോയി. ഒരു വൈകുന്നേരം ഞങ്ങൾ ഹൈക്കോർട്ട് ജട്ടിയിലെത്തി. നല്ല തിരക്കായിരുന്നെങ്കിലും നൂറുപേർ കയറുന്ന ബോട്ടിൽ ഞങ്ങൾ വൈപ്പിനിലേക്ക് യാത്ര തിരിച്ചു. വാട്ടർമെട്രോയിൽ പ്ലാറ്റ്ഫോം നമ്പർ പോലെ പോൺടൂൺ നമ്പ റാണ്. ഞങ്ങൾ നമ്പർ നോക്കി ബോട്ടിൽ കയറി, വലിയ ഓട്ടോ മാറ്റിക് ഡോറും എ.സി.യുമൊക്കെയായി ഗംഭീരമാണ് വാട്ടർ മെട്രോ. ബോട്ട് ഡ്രൈവറെ സ്രാങ്ക് എന്നാണ് വിളിക്കു ന്നതെന്ന് മുത്ത ച്ചൻ പറഞ്ഞു. ഒരു ജനലരികിലിരുന്ന ഞാൻ പുറത്തെ നല്ല കാഴ്ചകൾ കണ്ടു. കപ്പലുകൾ പോകുന്നതും വലിയ മീനുകൾ പോകുന്നതും

വൈപ്പിനിലെത്തിയ ഞങ്ങൾ അവിടെ നിന്നും റോ–റോ ബോട്ടിൽ കയറി ഫോർട്ട്കൊച്ചിയി ലെത്തി. അവിടെ മനോഹരമായ ബീച്ചിലെ ത്തി. അവിടെ മനോഹരമായ ബീച്ചിൽ പോയി ചീനവലയിൽ മീൻപിടിക്കുന്നതു കണ്ടു. അങ്ങനെ ഇഷ്ടപ്പെട്ട കാഴ്ചകളൊക്കെ കണ്ട് വൈകുന്നേരത്തോടെ ഞങ്ങൾ തിരികെ വീട്ടി ലേക്ക് പോന്നു.





ശിവാനി ദീപു 3 എ

### മുള്ളുകൾ ഇല്പാതെ റോസ്

പണ്ട് ഒരു തോട്ടത്തിൽ പല നിറത്തി ധാരാളം റോസാച്ചെടികൾ ഉണ്ടായിരുന്നു. എന്നാൽ റോസാച്ചെ ടിയിലുള്ള മുള്ളുകൾ കാരണം അവ യുടെ അടുത്തേക്ക് ആരും തന്നെ വന്നില്ല. എന്നാൽ ആ റോസാത്തോട്ട ത്തിലെ ഒരു ചെടിയിലെ പൂക്കൾക്ക് മാത്രം അതിന്റെ മുള്ളിനെ ഇഷ്ടമു ണ്ടായിരുന്നില്ല. ആ ചെടിയിലെ പൂക്കൾ എപ്പോഴും മറ്റുള്ള പൂക്ക ളോട് മുള്ളുകളുടെ വൃത്തികേടിനെ പ്പറ്റി പരാതി പറയുമായിരുന്നു. "ഈ മുള്ളുകൾ എന്ത് വൃത്തികേടാണ്, ഇവയൊന്ന് മുറിച്ചു മാറ്റാൻ പറ്റിയിരു ന്നെങ്കിൽ" – ഒരു ദിവസം അതു വഴി വന്ന ഒരു എലി പൂവിന്റെ പരാതി കേട്ടു. എലി പൂവിനോട് മുള്ളുകൾ കളയാൻ സഹായിക്കാം എന്ന് പറ അങ്ങനെഎലി ചെടിയുടെ കടിച്ചുമാറ്റി. മുള്ളു കളെല്ലാം അങ്ങനെ ആ ചെടിയുടെ തണ്ട് വളരെ ലോലമായി. കുറച്ച് കഴിഞ്ഞ പ്പോൾ ഒരു കൂട്ടം പൂമ്പാറ്റകൾ ആ തോട്ടത്തിലേക്ക് വന്നു. മുള്ളില്ലാത്ത റോസാച്ചെടിയിലെ പൂക്കൾ കണ്ട് പൂമ്പാറ്റ കൂട്ടം ഒന്നിച്ച് ആ പൂക്കളി ലേക്ക് പറന്നിറങ്ങി തേൻ നുകരാൻ തുടങ്ങി. ഇത്രയധികം പൂമ്പാറ്റകൾ ഒന്നിച്ച് വന്നിരുന്നതിനാൽ ആ ചെടി യിലെ പൂക്കളുടെ ഇതളുകൾ കൊഴി ഞ്ഞുപോയി.

കഥയുടെ ഗുണപാഠമെത്തെ ന്നാൽ പ്രകൃതി നമ്മുടെ നന്മയ്ക്കായി കനിഞ്ഞു നൽകിയവ ഒരു കാരണവ ശാലും നമ്മൾ നശിപ്പിക്കുവാൻ പാടി





മാളവിക രഞ്ജിത് 3സി



# അത്ഭുത വൃക്ഷം

ഒരു പട്ടണത്തിൽ ഒരു കൊച്ചു പെൺകുട്ടി ഉണ്ടായിരുന്നു. മീനു എന്നായിരുന്നു അവളുടെ പേര്. എല്ലാവരോടും സ്നേഹ ത്തോടെ പെരുമാറുന്ന കുട്ടിയായിരുന്നു മീനു. എല്ലാ മനുഷ്യരും, ജീവജാലങ്ങളും സന്തോഷത്തോടെ ജീവിക്കണം എന്നായിരുന്നു അവളുടെ ആഗ്രഹം. നല്ല കാര്യ ങ്ങൾ മാത്രം സംഭവിക്കണം എന്ന് അവൾ ആശിച്ചു. അങ്ങനെആഗ്രഹിച്ച് കിടന്നപ്പോൾ ഒരു രാത്രി അവളൊരു സ്വപ്നം കണ്ടു.

ആ സാപ്നത്തിൽ അവളൊരു അത്ഭുത വൃക്ഷം കണ്ടു. ആ വൃക്ഷം അവളോട് ചോദിച്ചു. "മീനു.... നീ ഒരു കാര്യം ആഗ്രഹിക്കു ന്നുല്ലോ? അത് എന്നോട് പറയാമോ? ഞാൻ സാധിച്ചു തരാം". മീനു പറഞ്ഞു, "ഞാൻ കാണാൻ ആശിക്കുന്ന കാഴ്ചകൾ എനിക്ക് കാണാൻ തരുമോ? " അത്ഭുത വൃക്ഷം അപ്പോൾ പറ ഞ്ഞു. "ഞാൻ നിനക്ക് ഒരു മാന്ത്രിക കണ്ണാടി തരാം". പക്ഷെ ഒരു കാര്യം ഉണ്ട്: ഈ കണ്ണാടി നല്ല കാഴ്ചകൾ കാണാൻ മാത്രം ഉപ യോഗിക്കുക. അപ്പോൾ അങ്ങനെ തന്നെ സംഭവിക്കും. മറിച്ചാണെങ്കിൽ ചീത്ത കാര്യങ്ങൾ സംഭവിക്കും". അവൾ സമ്മതി ച്ചു. എല്ലാ മനുഷ്യരും ജീവജാല ങ്ങളും പ്രകൃതിയും സ്നേഹ ത്തോടെ ജീവിക്കുന്ന ഒരു കാഴ്ച എനിക്ക് കാണിച്ചു തരാമോ? അപ്പോൾ അതുപോലെ മനോഹര കാഴ്ച മാന്ത്രകകണ്ണാടി അവൾക്ക് കാണിച്ചു കൊടുത്തു. അത്ഭുതത്തോടെ അവൾ അത് കാണുമ്പോഴാണ് അമ്മ അവളെ ഉറക്കത്തിൽ നിന്ന് ഉണർത്തിയ ത്. അതൊരു സ്വപ്നമായിരുന്നു.

നമുക്കും മീനുവിനെപോലെ നല്ല സ്വപ്നങ്ങൾ കണ്ട് അതു പോലെ ഈ നാടിനെ ദൈവത്തിന്റെ സ്വന്തം നാടാക്കാം.

# പമവ്

പുവേ പുവേ കൊഴിയല്ലേ പൂത്തെന്നലുവന്നു വിളിച്ചാൽ പോവല്ലേ പുലരി പുതുമഴയിൽ ഇതളുപൊഴിയ്ക്കല്ലേ കാർത്തിക സോണി ഒരിതളും നീ.. പൊഴിയ്ക്കല്ലേ... (പൂവേ) പുതുമണ്ണിനു ചൂടാനൊരു പൂവിതളും നൽകല്ലേ ഈറൻ മുടിയിൽ ചൂടാനൊരു പൂവിതളും നൽകല്ലേ (പൂവേ) വെള്ളിനിലാവിലലിഞ്ഞീ പുഞ്ചിരി മായ്ക്കല്ലേ പൂവിൻ പ്രണയം പൊള്ളാണേ.. അത്, പൂന്തേനുണ്ണാനണയുവതാണേ (പൂവേ) നിന്നെ കാണാനെന്നും കൊതിയാണേ.. എനിക്കു നിന്നെ കാണാനെന്നും..



VI E



#### സൂര്യകാത്തി

മഞ്ഞനിറമുള്ള സുര്യകാന്തിപ്പുവേ കാണാനഴകുള്ള കിങ്ങിണിപ്പുവേ സൂര്യനെനോക്കി ചിരിക്കുന്ന പൂവേ സൂര്യനെപ്പോലെയിരിക്കുന്ന പൂവേ സൂര്യകാന്തിപ്പുവേ സൂര്യകാന്തിപ്പുവേ

കാർത്തിക് വി. അനിഷ് 3 ബി

### തേൻകുരുവി

എഡുടെ കൂടെ പോരാമോ? പാത്രം നിറക്ഷെ തേസും തരാം... പൂളിലിരുന്നു കുറ്റിക്കാനാച്ച്... പുരം നിറക്ഷെ തേസും തരാം.... എസുടെ കൂടെ പോരുസോച്.... പാത്രം നിറക്ഷെ തേസും തരാം....



ദേവദത്തൻ .ജെ

#### නුලටාවේ කුഷාൻ നിമേഷ് 3 ഡി

മഴവില്ലേ മഴവില്ലേ നിനക്ക് ഏഴ് നിറങ്ങളുല്ലോ നിന്നെക്കാണാൻ എന്തുരസം മഴയത്തും വെയിലത്തും നിന്നെക്കാണാൻ എന്ത് രസം



#### എന്റെ സ്വന്തം നാട്

കേരളം നമ്മുടെ നാടാണ് മഹാബലി ഭരിച്ച നാടാണ് കേരം നിറഞ്ഞ നാടാണ് കഥകളിയുടെ നാടാണ് ആനയും പൂരവും പുലികളിയും വള്ളം കളിയുമുള്ള നാടാണ് നദികളും മലകളും പൂവുകളും നെൽവയലുകളുമുള്ള നാടാണ് ചന്തമുള്ളൊരു നാടാണ്



ഗോവിന്ദ് കൃഷ്**ണ** 3 എ



രുക്മ ആർ നായർ 8 എ

### **සෙලම**ං

യേരും | യേരും | എന്റെ ഗാട്ട്. പാരുപ്പി കാരുപ്പ് ഭരിച്ച സാട്ട് പുറത്യുള്ളം, പ്പിയങ്ങളും സിറക്കെ സാട്ട് പ്രീക്ഷങ്ളും, നലവീഴ്നങ്ങളും അപ്പുക്കുള്ളം പുവ്യുക്കുള്ളം അമ്മരെസ്മാദ്യം വിളിച്ച് ഭാഷ അമ്മരെയുക്കുള്ളം പുര്യഭാഷ



ആദ്യ നായർ 8 ബി

### സന്തോഷം പകരുക...

ഒരിക്കൽ, അരുൺ എന്ന ഒരു ആൺകുട്ടി തന്റെ അമ്മയോടൊപ്പം താമസിച്ചിരുന്നു. അവന് എട്ട് വയസ്റ്റ് തികഞ്ഞു. അത് ഒരു വലിയ ആഘോഷത്തിന്റെ സമയമായിരു ന്നു. അവന്റെ അമ്മ ബലൂണുകൾകൊണ്ട് വീട് അലങ്കരിച്ചിരുന്നു. ചോക്ലേറ്റ് കുക്കീസ്, ബ്ലൂബെറി, ചോക്ലേറ്റ്, കേക്ക് തുടങ്ങിയ നിരവധി ഭക്ഷണങ്ങൾ അരുണിന്റെ അമ്മ തയ്യാറാക്കിയിരുന്നു. അരുൺ ഒരുപാട് സുഹൃത്തുക്കളെ ക്ഷണിച്ചിരുന്നു, അവൻ തന്റെ സുഹൃത്തുക്കൾ വരുന്നതിനായി കാത്തിരിക്കുകയായിരുന്നു. പെട്ടെന്ന് വാതിലിൽ ആരോ മുട്ടുന്നത് കേട്ടു. കീറിയ വസ്ത്രങ്ങളുമായി ഒരു കുട്ടി ഭക്ഷണം ചോദിച്ച് വാതിലിൽ നിന്നു. അരുൺ വിളിച്ചു പറഞ്ഞു "എന്റെ വാതിലിൽ നിൽക്കരുത്" അമ്മ ഇത് കണ്ടു. അവന്റെ അമ്മ പറഞ്ഞു നീ അവനെ അകത്തേക്ക് ക്ഷണിച്ച് അവനുമായി ഭക്ഷണം പങ്കിട ണം. അരുൺ "നമ്മൾ പങ്കിട്ടാൽ നമ്മ ളുടെ സന്തോഷം ഇരട്ടിക്കും"! അരുൺ കുട്ടിയെ അകത്തേക്ക് ക്ഷണിക്കുകയും ചെയ്തു. പിന്നീട്, ആവശ്യമുള്ള ഒരാളെ സഹായിക്കുന്നതിൽ അരുണിന് സന്തോഷം തോന്നി. ഒപ്പം ഒരു പുതിയ സുഹൃത്തിനെയും അരുണിന് കിട്ടി.





വരേണ്യ ഡി. നമ്പൂതിരി 7 ഡി

പൂന്തോട്ടത്തിലെ

egam

വനികയിലേ പൂവുകൾ ചാരേ പൂമ്പാറ്റയുടെ അതിലോല വിശ്രമം പൂവുകൾ ആ സുന്ദരിയായ ദേവതയെ നിരീക്ഷിച്ചു. മന്ദമണഞ്ഞ പൂമ്പാറ്റ വാടിക്കുള്ളിൽ വന്നപ്പോൾ അവർ ആഹ്ലാദംകൊണ്ട് രസിച്ചു, അടുത്തേക്കടുത്തേക്കു വന്ന ആ പൂമ്പാറ്റയെ നോക്കി നിന്നു മെല്ലെ അവൾ പനിനീർ പൂവിൻ മടിയിലിരുന്നു ഹിമമഴ പെയ്യുന്നതുപോലെ പൂവിന് തോന്നി





ദക്ഷ അഖിൽ 3 സി



<sub>608</sub> WIJMO 6J566

ഒരു ഗ്രാമത്തിനടുത്ത് വലിയ ഒരു വനം ഉണ്ടായിരുന്നു. ആ വനത്തിൽ ഒരു പാവം ദിനോസർ ഉണ്ടായിരുന്നു. ആ ഗ്രാമത്തിലുള്ള കുട്ടികൾ ദിനോസറിനൊപ്പം കളിച്ചിരുന്നു. അവർ കൂട്ടുകാരെപ്പോലെയായിരുന്നു. കൂട്ട ത്തിൽ അപ്പുവായിരുന്നു ദിനോസറിന്റെ ഏറ്റവും വലിയ ചങ്ങാതി. അവൻ എല്ലാ ദിവസവും സ്കൂളിൽ നിന്നും വന്നാൽ ദിനോസറിന്റെയൊപ്പം കളിക്കാൻ പോകുമായിരുന്നു. ഒരിക്കൽ അവൻ വനത്തിൽ ചെന്ന പ്പോൾ ആരോ മറന്നുവച്ച ഒരു എണി കണ്ടു. പെട്ടെന്ന് അവന് ദിനോസറിന്റെ മുകളിൽ കയറാൻ ഒരു ആഗ്രഹം തോന്നി. അപ്പു ദിനോസറിന്റെ മുകളിൽ കയറാൻതും പിടിവിട്ട് താഴേക്ക് വീണു. അവൻ പെട്ടെന്ന് നിലവിളിച്ചുകൊണ്ട് കണ്ണു തുറന്നു. അയ്യോ ഞാൻ സ്വപ്നം കണ്ടതായിരുന്നോ. എനിക്ക് സ്കൂളിൽ പോകാൻ സമയം ആകാറായല്ലോ അപ്പു കിടക്കയിൽ നിന്നും എഴുന്നേറ്റു.

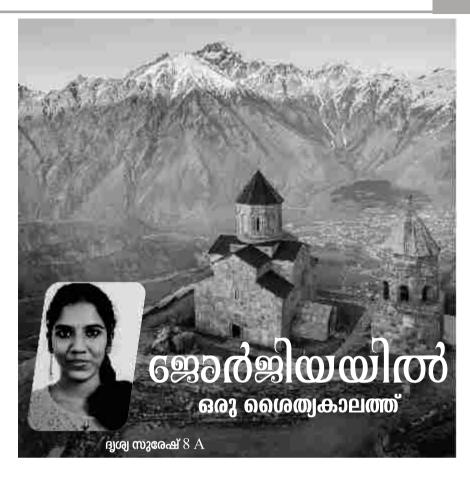
#### മസോഹരികാക

### മറയൂർ

ഞാൻ മറയൂരിൽ പോയതിനെകുറിച്ചാണ് ഇവിടെ പറയുന്നത്. ഞാനും, എന്റെ അമ്മയും, അച്ഛനും, അവരുടെ സുഹൃത്തുക്കളും ആയിട്ടാണ് അവിടെ പോയ ത്. കാറിൽ ആയിരുന്നു യാത്ര ചെയ്തിരുനനത്. പോകുന്ന വഴികൾ എല്ലാം വളരെ ഭംഗിയുള്ളതായിരുന്നു. യാത്ര ആസ്പദിക്കുന്നതാണ് യാത്ര ചെയ്ത് എത്തുന്ന സ്ഥലത്തെക്കാളും പ്രധാനം. അവിടെ എത്തിയതിനുശേഷം ഞങ്ങൾ ആ റിസോർട്ടിലെ റൂമിലേക്കു പോയി. ആ മുറികൾ മണ്ണ് കൊണ്ടുണ്ടാ ക്കിയ വീടുകളുടെ അകത്തായിരുന്നു. അതിനാൽ തന്നെ അതിനുള്ളിൽ വളരെ തണുപ്പായിരുന്നു. കുറച്ചു നേരം വിശ്രമിച്ചിട്ട് ഞങ്ങൾ അവിടെ നട ക്കാൻ പോയി. വിവിധ നിറങ്ങളിലുള്ള പക്ഷികളേയും വളരെ ഭംഗിയുള്ള പൂക്കളേയും പോകുന്ന വഴിയിൽ കണ്ടിരുന്നു. അടുത്ത ദ്വസം അതിരാവിലെ എഴുന്നേറ്റ് ഞങ്ങൾ അവിടെയുള്ള ഒരു മലയുടെ മുകളിൽ പോയി സൂര്യൻ ഉദിക്കുന്നത് കണ്ടു. ആ സമയത്ത് പല നിറങ്ങളും കലർന്ന ആകാശത്തെയും അതിൽ കൂടെ പറക്കുന്ന കുഞ്ഞു പക്ഷികളെയും കാണാം വളരെ മനോഹര മായിരുന്നു. അതിനുശേഷം ഞങ്ങൾ ഭക്ഷണം കഴിച്ചു. എന്നിട്ട് തിരിച്ച് വീടി ലേക്ക് മടങ്ങിയുള്ള യാത്ര തുടങ്ങി. ഇത് ഒരു വളരെ ആസ്വദിക്കപ്പെട്ട യാത്രയാ യിരുന്നു.

സാരംഗി ശ്വാം  $8\,\mathrm{A}$ 



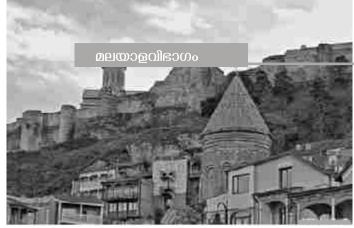


് 2023 ലെ ക്രിസ്തുമസ് അവധിക്കാണ് ഞങ്ങൾ ജോർജി യയ്ക്ക് പോയത്. 1991ൽ സോവിയറ്റ് യൂണിയനിൽ നിന്നും വേർപെട്ട് പോയ ഒരു കൊച്ചുരാജ്യമാണ് ജോർജിയ. ഏഷ്യയിലും യൂറോപ്പിലുമായിട്ടാണ് ഇത് സ്ഥിതി ചെയ്യുന്നത്.

ഞങ്ങൾക്ക് ടിക്കറ്റ് കിട്ടിയിരുന്നത് കുട്ടൈസിയിലേക്കായിരുന്നു. വിമാനത്താവളത്തിൽ ഞങ്ങളുടെ ഗൈഡ് കാത്തുനിൽക്കുന്നു ണ്ടായിരുന്നു. ഇവിടെ നിന്നും തലസ്ഥാനനഗരിയായ ടിബാലിസിയി ലേക്ക് കാറിലാണ് ഞങ്ങൾ പുറപ്പെട്ടത്. ഇത് ഏകദേശം 5 മണി ക്കൂർ യാത്രയുണ്ട്. ഞങ്ങൾ പോയ സമയത്ത് താപനില  $-1^{\circ}$ C മുതൽ  $-3^{\circ}$ C വരെ ആയിരുന്നു. ജോർജിയുടെ ഗ്രാമങ്ങളിലൂടെയായി രുന്നു ഞങ്ങൾക്കു പോകേണ്ടിയിരുന്നത്. റോഡിനിരുവശവും വെള്ള പുതപ്പ് പുതച്ചുനിൽക്കുന്ന വൃക്ഷങ്ങളും മരത്തടിയിലുണ്ടാക്കിയ വീടുകളും മഞ്ഞണിഞ്ഞു നിൽക്കുന്നത് വളരെ മനോഹര മായ ഒരു ദൃശ്യമായിരുന്നു. വൈകുന്നേരത്തോടെ ഞങ്ങൾ ടിബിലി സിയിലെത്തി.

അടുത്തദിവസം ടിബിലിസി സിറ്റി ടൂർ ആയിരുന്നു. ആദ്യ മായി പോയത് ട്രിനിറ്റി ചർച്ചിലാണ്. ഇത് ജോർജിയയിലെ ഏറ്റവും വലിയ പള്ളിയാണ്. ഇതിന് സമേബ എന്നും പേരുണ്ട്. ഞങ്ങളുടെ രണ്ടാമത്തെ ലഭ്യസ്ഥാനം മെതേഖി പള്ളിയായിരുന്നു. ഒരു കുന്നിനു മുകളിലാണ് ഇത് സ്ഥി ചെയ്യുന്നത്. 5–ാം നൂറ്റാണ്ടിലാണ് ഇതിന്റെ നിർമ്മിതി. ഗോർഗസാലി രാജാ വിന്റെ ഒരു വലിയ പ്രതി മയും ഇവിടെയുണ്ട്.

നഗരമധ്യത്തിൽ തന്നെ സഅഥിതിചെ യ്യുന്ന റൈക്ക് പാർക്കി ലേക്കാണ് പിന്നീട് ഞങ്ങൾ പോയത്. ജോർജിയയുടെ ലാൻഡ്മാർക്കായ ബ്രിഡ്ജ് ഓഫാ പീസ് ഇവിടെയാണ്. ക്യൂബിൽ നദിയ്ക്കു കുറുകെ പഴയ ടിബിലിസിയെ പുതിയ ജില്ലയുമായി ബന്ധിപ്പിക്കുന്ന വില്ലിന്റെ ആകൃതിയിൽ ഇരുമ്പും, ഗ്ലാസും ഉപയോഗിച്ച് നിർമ്മിച്ചിട്ടുള്ള ഒരു കാൽനട പാലമാണിത്. ഈ നദിയിലുടെയുള്ള ബോട്ട് യാത്രയിൽ ഇരു വശത്തുമുള്ള വൃത്യ സ്തമായ പഴയതും പുതിയതുമായ ജോർജി യയുടെ മുഖഛായ കാണാവുന്നതാണ്. ഇതി നുശേഷം കേബിൾ കാറിൽ ഞങ്ങൾ നരി ക്കാല കോട്ടയിലേക്ക് പോയി. ഈ കോട്ടയുടെ പ്രവേശനകവാടത്തിനു മുന്നിൽ മദർ ഓഫ് ജോർജിയയുടെ ഒരു വലിയ പ്രതിമയുണ്ട്. ഇതിനോട് ചേർന്നു തന്നെ സെന്റ് നിക്കോ ളാസ് പള്ളിയുമുണ്ട്. ജോർജിയയിലെ എല്ലാ പള്ളികളും യൂറോപ്യൻ ശൈലിയിലാണ് നിർമ്മി ച്ചിട്ടുള്ളത്. ടിബിലിസി യുടെ മറ്റൊരു ആകർഷ ണമാണ് മറ്റാസ്മിഡ പാർക്ക്. ഫ്യൂണിക്കുലാർ





ട്രയിനിലാണ് അവിടേക്ക് പോകുന്നത്. ഇവിടുത്തെ പ്രധാനഭക്ഷണമായ കിങ്കാ ലിയും കതാപൂരിയും കഴിച്ച് ഞങ്ങൾ ഇന്നത്തെ യാത്ര അവസാനിപ്പിച്ചു. അടുത്തദി വസത്തെ യാത്ര ഗുദൗരിയി ലേക്കായിരുനനു. ഇത് പൂർണ്ണമായും മഞ്ഞുമൂടിക്കി ടക്കുന്ന ഒരു പ്രദേശമാണ്. ഇവിടെ പലതരത്തിലുള്ള മഞ്ഞിലുള്ള പ്രവൃത്തികൾ നടത്തുന്നുണ്ട്. ഇവിടെ നിന്നു തിരിച്ചു വരുന്ന വഴിക്കാണ് അനാനൂരി കോട്ട. ഇതിനോട് ചേർന്നുതന്നെ ഒരു പള്ളിയുമുണ്ട്. സെന്റ് നിനോയുടെ ശവകുടീരം സ്ഥിതിചെ യ്യുന്ന ബോഡ്ബേ മൊണാസ്ട്രി സന്ദർശിച്ചതിനുശേഷം സിഗ്നഗി യിലേക്കാണ് ഞങ്ങൾ പോയത്. ഈ സിറ്റിയ്ക്ക് ചുറ്റും ഒര കോട്ട യുണ്ട്. അതിൽ 23 ടവറുകളും ഉണ്ട്.

ജോർജിയയിലെ പ്രധാനആർഷണമാണ് വൈൻ ഫാകടറി കൾ. കഖേതിയാണ് ഒരു പ്രധാനപ്പെട്ട കേന്ദ്രം. അവസാനമായി ഞങ്ങൾ പോയത് ബുർജോമി നാഷണൽ പാർക്കിലാണ്. ഇവി ടുത്തെ മിനറെൽ വാട്ടർ വളരെ പ്രശസ്തമാണ്. ഇതോടെ ഞങ്ങ ളുടെ ജോർജിയ യാത്ര അവസാനിച്ചു.

### ഇന്ത്യക്കപ്പുറവും കേരളം

ശ്രീദേവ് പ്രവീൻ  $9\,\mathrm{A}$ 





2022-ലെ ക്രിസ്തുമസ് ദിനത്തിലാണ് ശ്രീലങ്ക രാജ്യത്തിന്റെ തലസ്ഥാനമായ കൊളമ്പോയിൽ നമ്മഠം ലാന്റ് ചെയ്ത്. കുടുംബം മുഴുവൻ ആവേശത്തിലായിരുന്നു .ലാൻഡ് ചെയ്തതിന് ശേഷം നേരെ ചെന്നത് പിന്നാവാലാ എലിഫ്ന്റ് ഓർഫണേജിലേക്കാണ് . അവിടത്തെകുട്ടി ആനക∆ കളിക്കുന്ന കാഴ്ച കണ്ടപ്പോരം അമ്മയുടെ കൈപിടിച്ച് നടന്നകാലം ഓർമ്മവന്നു. അതിനുശേഷം ചുറ്റിക്കറങ്ങിയപ്പോ& ശ്രീലങ്ക ഒരു വൃത്തിയുള്ള കേരളം പോലെയാണെന്ന് എനിക്ക് മനസ്സിലായി

പിന്നെ നമ്മഠം എത്തിച്ചേർന്നത് വളരെ പേരുകേട്ട സ്പൈസസ് ഗാർഡനിലാണ് പ്രശസ്ത രാജ്യമാക്കാൻ സഹായിച്ചു. അന്നത്തെ അവശേഷിക്കുന്ന ഭാഗവും വിശ്രമിച്ച്, പിറ്റേന്ന് രാവിലെ പ്രശസ്തമായ ബുദ്ധന്റെ അമ്പലത്തിൽ നമ്മ� എത്തിച്ചേർന്നു. അമ്പലത്തിനുള്ളിൽ ചിത്രീകരിച്ചിരുന്ന ബുദ്ധന്റെ ജീവിതകഥ പ്രചോദനാത്മകമായിരുന്നു. ചിത്രങ്ങ& കണ്ട് രസിച്ചതിനുശേഷം നമ്മാം എത്തിച്ചേർന്നത് റംബോഡാ വെള്ളച്ചാട്ടത്തിലായിരുന്നു. നമ്മുടെ മനസ്സിൽ ആവേശം പടർത്തുന്ന കാഴ്ചയായിരുന്നു അത്. വെള്ളച്ചാട്ടത്തിൽ നിന്ന് മടങ്ങുന്ന വഴിയിൽ നമ്മ� ഒരു തേയിലത്തോട്ടം കാണാൻ പുറത്തിറങ്ങി. ഇത് എന്നെ മൂന്നാറിലെ മലനിരകളെക്കുറിച്ച് ഓർമ്മിപ്പിച്ചു.

ശ്രീലങ്കയിൽ നിന്ന് തിരിച്ചെത്തുന്ന ദിവസം ഞാൻ സന്തുഷ്ടനായിരുന്നു. അത് നമ്മുടെ നാടിനെപ്പോലെയായിരുന്നെങ്കി ലും കേരളത്തിന്റെ സുഖം അതുല്യമാണ്.





ശ്രേയ കെ എം VIII A

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ഒരിക്കൽ രാത്രിയിൽ ഒരു പൂച്ചയുടെ മനോഹരവും വിചിത്രവുമായ ശബ്ദം ആദ്യം ഞങ്ങൾ അത് കാര്യമാക്കിയില്ല പക്ഷേ പിറ്റേന്ന് ഞങ്ങൾ പൂച്ചയെ കണ്ടു, അവൻ കറുപ്പും വെളുപ്പും നിറത്തിലായിരുന്നു. ആ പൂച്ചയുടെ പ്രത്യേകത അവനുണ്ടായിരുന്ന ഒരു ബുൾഗാൻ താടിയാണ് അതിനാൽ ഞങ്ങൾ അവന് ബുൾഗു എന്ന് പേരിട്ടു. ഞങ്ങളുടെ വീട്ടിൽ ധാരാളം പൂച്ചകൾ വന്നിട്ടുണ്ട്. പക്ഷേ ആരും ഇത്ര കുസൃതിയും സൗഹൃദവും കാണിച്ചില്ല. ഒരു ദിവസം രാവിലെ ഞാൻ ഉറങ്ങുമ്പോൾ, എന്റെ ബെഡിൽ എന്തോ ഒന്ന് അനങ്ങുന്നതായി അനുഭവപ്പെട്ടു. ഞാൻ കണ്ണുതുറന്നു നോക്കിയപ്പോൾ ബുൾഗു എൻെ അടുത്ത് കിടക്കുന്നത് കണ്ടു ഞാൻ ഞെട്ടിപ്പോയി പിന്നെ ബുൾഗുവിന്റെ ഏറ്റവും ദുഃഖകരമായ ദിവസങ്ങൾ വരാനിക്കുന്നു. ഒരു ദിവസം അവന്റെ കാലിന് ആഴത്തിൽ മുറിവേറ്റു,

അവൻ വളരെ അവശനായി. ഞങ്ങൾ അവനെക്കുറിച്ചു വളരെ ആവലാതിപ്പെട്ടിരിക്കുന്നു. അപ്പോൾ രണ്ടുപേർ ഒരു വെളുത്ത പൂച്ചയെ തിരഞ്ഞു വീട്ടിലെത്തി ഞങ്ങളുടെ വീട്ടിൽ ഒരു വെളുത്ത പൂച്ച ഉണ്ടെന്നു അമ്മ പറഞ്ഞപ്പോൾ അവർ അകത്ത് വന്ന് പൂച്ചയെ അനോഷിച്ചു അവർ പൂച്ചയെ കണ്ടപ്പോൾ അവർ തിരിയുന്ന പൂച്ച ബുൾഗു ആണെന്ന് അവർ പറഞ്ഞു ബുൾഗുവിനെ എന്തുകൊണ്ടാണ് തിരയുന്നത് എന്ന് ഞങ്ങൾ ചോദിച്ചു. അവർ ബുൾഗുവിനെആശുപത്രിയിലേക്ക് കൊണ്ടുപോകാൻ പോകുകയായിരുന്നു അവർ അവനെ മറ്റൊരു വലിയ ആശുപത്രിയിലേക്ക് കൊണ്ടുപോകാൻ പറഞ്ഞു എന്നും ഞങ്ങൾ അറിഞ്ഞു ആ സമയത്താണ് അവൻ ഞങ്ങളുടെ അടുക്കൽ വന്നത്. അവനെആശുപത്രിയിലേക്ക് കൊണ്ടുപോയപ്പോൾ മുറിവുകാരണം വളരെ അവശനായ അവനെക്കുറിച്ച് ഓർത്ത് ഞാൻ ഒരുപാട് സങ്കടപ്പെടുകയും കരയുകയും ചെയ്തിരുന്നു. അടുത്ത ദിവസം ബുൾഗുവിനെ ഹോസ്പിറ്റലിൽ കൊണ്ടുപോയ ആളെ ഞങ്ങൾ കണ്ടു അവർ ബുൾഗു അവരുടെ വീട്ടിൽ സുരക്ഷിതമായി ഇരിക്കുന്നു, ഡോക്ടർ മരുന്ന് കൊടുത്തു അവൻ സുഖം പ്രാപിച്ചുവരുന്നു എന്ന് പറഞ്ഞു. ഏകദേശം ഒരു മാസത്തിനുശേഷം ഞങ്ങൾ വീണ്ടും ആ പരിചിതമായ ശബ്ദം കേട്ടു അവന്റെ കാലിന് അത്ര ആരോഗ്യമില്ലായിരുന്നെങ്കിലും ഞങ്ങളുടെ വീട്ടിലേക്ക് വന്നു പിന്നെ അവൻ ഞങ്ങളുടെ വീട്ടിൽ സുഖം പ്രാപിച്ചു, ഞങ്ങൾ അവന് ആരോഗ്യകരമായ ഭക്ഷണം നൽകി, അവൻ ആരോഗ്യവാനായി അവന്റെ രസകരമായ രീതികൾ തിരികെ വന്നതിൽ ഞങ്ങൾ സന്തോഷിച്ചു. ബുൾഗു എല്ലായ്പ്പോഴും ഞങ്ങളുടെ ബാൽക്കണിയിൽ ഉറങ്ങാറുണ്ടായിരുന്നു. ഞങ്ങൾ അവനായി ഒരു ചെറിയ ബെഡും ഒരുക്കിയിട്ടു്. ആ വർഷത്തെ ഓണ സമയം എത്തി ബുൾഗു എവിടെയോ പോകുന്നത് ഞങ്ങൾകണ്ടു അമ്മ അവനോട് അവിടെ കിടന്ന് ഉറങ്ങാൻ പറഞ്ഞു അവൻ തിരിച്ച് ബെഡിൽ വന്നു കിടന്നതു കണ്ട് ഞങ്ങൾ തിരികെ അകത്തേക്ക് പോന്നു അടുത്ത ദിവസം ഉത്രാടമാണ് ഞങ്ങൾ ബുൾഗുവിനെ കണ്ടില്ല ഞങ്ങൾ അവനെ എല്ലായിടത്തും തിരഞ്ഞു അവനെകാണാനായി ഞങ്ങൾ ദിവസങ്ങൾ മാസങ്ങൾ, വർഷങ്ങൾ കാത്തിരുന്നു. അവൻ വന്നില്ല ഞങ്ങൾ സങ്കടപ്പെട്ടു. നിങ്ങൾക്കും ഇതുപോലുള്ള അനുഭവം ഉണ്ടായിട്ടുണ്ടോ?



ഒരു ദിവസം ഞാനും അനിയനും വഞ്ചിയുണ്ടാക്കിക്കളിക്കുകയായിരു ന്നു. അപ്പോൾ അവൻ എന്നോട് ചോദിച്ചു. എനിക്കും ആ വഞ്ചിയിൽ കയറാൻ പറ്റിയാൽ എന്തൊരു രസമായിരിക്കും എന്ന് അനിയൻ ചോദിച്ചു. അന്ന് രാത്രി ഞാൻ ഉറങ്ങുമ്പോൾ അവൻ വീണ്ടും വിളിച്ചു പറഞ്ഞു ചേച്ചി എനിക്കുറക്കം വരുന്നില്ല ഞാനൊരു സ്വപ്നം കണ്ടു എന്താ ദേവാ നീ കണ്ടസാപ്നം അതേ ഞാനൊരു വഞ്ചിയിലിരിക്കുന്നു അതിനടുത്ത് ഒരു മീൻ ഉണ്ടായിരുന്നു അത് എന്നെ നോക്കി ചിരിച്ചു പിന്നെ ആ മീൻ എന്നെ ഒരു സ്ഥലത്തേക്ക് കൊണ്ടുപോയി അവിടെയെല്ലാം മിഠായിമയം ആയിരുന്നു. ചോക്ലേറ്റ് പുഴകളും മലകളും വെള്ളച്ചാട്ടങ്ങളും ചെടികളും പൂക്കളും ഞാൻ മതിയാവോളം ചോക്ലേറ്റ് കഴിച്ച് ഒരു സഞ്ചിനിറയെ ചോക്ലേറ്റുമായി വഞ്ചിയിൽ കയറി തുഴഞ്ഞു തുഴഞ്ഞ് മറ്റൊരു സ്ഥലത്തെത്തി. അവിടെ നിറയെ കുഞ്ഞു മനുഷ്യരായിരുന്നു. ഞാനവരുടെ കൂടെ കളിക്കുകയും ചോക്ലേറ്റ് കൊടുക്കുകയും ചെയ്തു. അവിടെ ഉണ്ടായിരുന്ന നെല്ലിമരത്തിൽ നിന്ന് നെല്ലിക്ക കഴിച്ച് വീണ്ടും വഞ്ചിയിൽ കയറി തുഴഞ്ഞ് ഒരു വലിയ കൊട്ടാരത്തിലെത്തി അപ്പോഴേക്കും ഞാൻ കണ്ണു തുറന്നു എന്റെ സ്വപ്നം അവസാനിച്ചു. ചേച്ചി പറഞ്ഞു നാളെ ഞായറാഴ്ചയല്ലേ നമുക്ക് അച്ഛനോടു പറഞ്ഞ് ഒരു വഞ്ചിയാത്രക്കുപോകാം പിറ്റേന്ന് അച്ഛനോടൊപ്പം ഞങ്ങളെല്ലാവരും സന്തോഷത്തോടെ വഞ്ചിയാത്ര തുടങ്ങി.



ദേവിക കെ. കർത്ത V B





പവിത്ര പ്രവീൺ VII B

### കുഞ്ഞിയും കിങ്ങിണിയും

ഒരിടത്ത് കുഞ്ഞി എന്ന് പേരുള്ള ഒരു കിളിയുണ്ടായിരുന്നു. അവൾ ദിവസവും പറന്നു ചെന്ന് അടുത്തുള്ള വീടിന്റെ മുൻവശത്തെ മതിലിൽ ഇരിക്കും. കുഞ്ഞി ആകെ സംസാരിച്ചിരുന്നത് കിങ്ങിണിയോടാണ്. കിങ്ങിണി ഏത് സമയവും കൂട്ടിലാണ്, കാരണം അവൾ ഒരു വളർത്തുപക്ഷിയാണ്. പറന്ന് നടക്കുമ്പോൾ താൻ കണ്ട കാഴ്ചകളെക്കുറിച്ചെല്ലാം കുഞ്ഞി പറയുമ്പോൾ കിങ്ങിണി

ഒരു ദിവസം കുഞ്ഞി കിങ്ങിണിയോട് പറഞ്ഞു"കിങ്ങിണി, നിനക്കെന്ത് സുഖമാണ് രൂചിയുള്ള ഭക്ഷണം നിൻെ മുന്നിൽകിട്ടും, ശുശ്രൂഷിക്കാൻ ചുറ്റിനും ആളുകളും ഉണ്ട്. എനിക്കും നിന്നെപ്പോലെ ജീവിക്കാൻ തോന്നുന്നു" മറുപടിയായി കിങ്ങിണി പറഞ്ഞു "പിന്നെ നിനക്ക് തോന്നും ഇത് വളരെ സുഖമാണെന്ന്. ദിവസം മുഴുവൻ ഈ ചെറിയ കൂട്ടിൽ ഒന്ന് ചിറക് വിടർത്തി പറക്കാനാവാതെ, ഒരേ കാഴ്ചകൾ ക് ജീവിക്കുന്നതാണോ സുഖം. വിശാലമായ ലോകത്ത് സ്വാതന്ത്ര്യത്തോടെ പാറിപ്പറന്ന് ജീവിക്കുന്നതിലും ആനന്ദം മറ്റൊന്നില്ല. അതുകൊണ്ട് നീയാണ് ഭാഗൃവതി, കാരണം നീ സ്വതന്ത്ര്യയാണ്." താൻ അനുഭവിച്ചുകൊണ്ടിരിക്കുന്ന സ്വാതന്ത്ര്യത്തിന്റെ വില എത്രയെന്ന് തിരിച്ചറിഞ്ഞ കുഞ്ഞി അത് ആവോളം ആസ്വദിച്ച് കൂട്ടിലേക്ക് പറന്നു.



അവ്നിക. എസ് VI A



കുടത്തികിളിചേ..... കുടത്തികിളിചേ ..... നിൻ സഖി എവിടെ? ..... നിൻ ഓമൽ സഖിചെ

കുത്തിരിലാണോ? ...... നിൻ സഖിചെ തേടുകുകാണോ? ...... കുഞ്ഞികിളിച്ചേ ...... കുഞ്ഞികിളിച്ചേ ...... കുഞ്ഞികിളി പാടി ...... കുഞ്ഞികിളി പാടി ...... കുഞ്ഞികിളി പാടി ...... കുഞ്ഞികിളി പാടി ......

തിരികെ വരുമ്പോൾ ..... അവൾ തിരികെ വരുമ്പോൾ ..... അതുവരെ തോൻ ജവിടെ തന്നെ

കാരോർത്തു നിൽക്കും തോൻ കാരോർത്തുനിൽക്കും ...... ഒറ്റകൊരു കൊമ്പിൽ ......





# नन नीवनी वाज

അങ്ങനെയൊരു യാത്ര, കേരളത്തിന്റെ തലസ്ഥാനമായ തിരുവനന്തപുരത്തേക്ക് പക്ഷേ ഞാൻ അതിനെക്കുറിച്ച് പറയാനല്ല ആഗ്രഹിക്കുന്നത് ഒരു തീവണ്ടി യാത്രയെക്കുറി ച്ചാണ്. ഞാൻ എന്റെ ജീവിതത്തിൽ കണ്ടതിൽ വെച്ച് ഏറ്റവും വൃത്യസ്തവും മനോഹരവുമായ യാത്രയാണ് തീവണ്ടിയാത്ര. രാവിലെ യാത്ര ചെയ്യുന്നതാണ് എനിക്ക് ഇഷ്ടം. കാരണം കാഴ്ചകൾ കണ്ട് രസിച്ചിരിക്കാമല്ലോ. തീവണ്ടിയാത്ര ഒരു ജീവിതം പോലെയാണ്. അതിനൊരു തുടക്കവുമുണ്ട് അവസാനവുമുണ്ട്. അതിനിടയിൽ കൊച്ചു കൊച്ചു സന്തോഷവും സങ്കടങ്ങളുമുണ്ടാവും. അതിലുപരി ഓരോ സ്റ്റേഷൻ എത്തുമ്പോൾ നമ്മൾ ഒ ത്തിരി ആളുകളെ പരിചയപ്പെടും. പക്ഷേ അവരൊന്നും നമ്മുടെ കൂടെ എന്നു ഉണ്ടാവില്ല. ഓരോ സ്റ്റേഷനെത്തു മ്പോൾ ഇറങ്ങിപ്പോകും. തീവണ്ടിപോലെ ചിലരുണ്ട്. ഓർമ്മകൾ കൂകി വിളിച്ചു മനസ്സിലേക്ക് ഓടി കേറി വരുന്ന വർ. പക്ഷെ ഒടുവിൽ ഒരു ചൂളം വിളിയോടെ മനസ്സിൽ നിന്ന് മറ്റൊരു സ്റ്റേഷനിലേക്ക് ചീറിപ്പാഞ്ഞു പോകുന്നവർ. ഞാൻ എന്റെ യാത്ര തുടർന്നു. മലകൾ കണ്ട് കുന്നുകൾ താണ്ടി ഞാൻ അങ്ങനെ തീവണ്ടിയിൽ യാത്ര തുടർന്നു.....

## കിളിക്കുട്



ആരിക എം. എസ്. 6 ഡി

പണ്ട് എൻ വീട്ടിൽ മഴപെയ്തു ഒരു മരം വളർന്ന് വന്നു വർഷങ്ങൾ–വർഷങ്ങൾ പോകുന്നു മരം വലുതായ് – വലുതായ് പോകുന്നു മരം ദിവസം ഞാൻ കണ്ടു രണ്ട് കിളികൾ പറന്നു വരുന്നു കിളിക്കൂട് കൂട്ടി വച്ചു ദിവസങ്ങൾ പോയി മറഞ്ഞു കിളിക്കുഞ്ഞുങ്ങളെ കാണുന്നില്ലോ ഒരു ദിവസം കിളിയമ്മ മുട്ടയിട്ടു മുട്ടകൾ പൊട്ടി കുഞ്ഞു വന്നു നാല് കിളികളും പറന്നു പോയി



പർവത ശിഖിരങ്ങളും താഴ്വാരങ്ങളും നദികളും കായലറുകളും കൊണ്ടു രമണീയ മായ പ്രകൃതിയാൽ അനുഗൃഹീതരാണ് കേരളം. പ്രകൃതി കനിഞ്ഞു നൽകിയ സമ്പ ത്തും, അഴകും, അപൂർവതകളും കൊണ്ട് "ദൈവത്തിന്റെ നാട്" എന്നു വിശേഷിക്ക പ്പെടുന്ന കേരളം ആ പേരിനു തികച്ചും അർഹം തന്നെ. നദികളും തടാകങ്ങളും കായലുകളും നൽകുന്ന ജലസമൃദ്ധിയിലും കേരളം വളരെ മുൻപിലാണ്. ഇ ജലസ മൃദ്ധി ഇവിടുത്തെ കാർഷികമേഖലയ്ക്കും വനസമ്പത്തിനും കൂടുതൽ ചെതന്യം നൽകുന്നു കാർഷികരംഗത്തെ എടുത്തു പറയേണ്ട വിളകളാണ് സുഗന്ധവ്യഞ്ജന ങ്ങൾ. കേരളത്തെ അറിയുക എന്നാൽ ഈ വ്യത്യസ്തതകളെയും അപൂർവ്വതക

### **යෙ.**ලඉං



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**പ**വിത്ര ||. D

ടേകരളം കേരളം എന്റെ നാട് കേരളം എനികിഷ്ദമായ ലോകം കേരളം വളർന്നു വിളഞ്ഞ ലോകം ഞാനും പാടി വളർന്ന ലോകം കേരളം കേരളം കേരളം എന്റെ സ്വന്തം ലോകം കെരവ്യക്ഷത്തിന്റെ ലോകം കേരവ്യക്ഷത്തിന്റെ ലോകം





ആൻ റീറ്റ ആൻ്റണി V B

# **താര** എന്ന **താരം**



കുട്ടനാട് എന്ന മനോഹരമായ ഗ്രാമത്തിൽ താര എന്ന് പേരുള്ള ഒരു കുട്ടി ഉണ്ടായിരുന്നു. താരയ്ക്ക് എട്ട് വയസ്സായിരുന്നു. അവൾ അദ്ധ്യാപകർക്കും കൂട്ടുകാർക്കും ഏറെ പ്രിയങ്കരിയായിരുന്നു. മറ്റുള്ളവർക്ക് നന്മ ചെയ്യാൻ അവൾ പ്രത്യേകം ശ്രദ്ധിച്ചിരുന്നു. അച്ഛനും, അമ്മയും, മുത്തശുനും, മുത്തശ്ശിയും താരയ്ക്ക് നൽകിയിരുന്ന വിഷുകൈനീട്ടും സൂക്ഷിച്ച് വെച്ച് അടുത്തുള്ള അനാഥാലയത്തിൽ സമർപ്പിക്കുമായിരുന്നു. ഒരു ദിവസം സ്ക്കൂളിൽ നിന്നു വരുന്ന വഴി അവൾക്ക് മുന്നിലേക്ക് അതാ ഒരു കാർ താരയാണെങ്കിൽ അതു ശ്രദ്ധിച്ചില്ല. കാർ മുട്ടി മുട്ടീല എന്ന് വന്നപ്പോൾ ഒരു വൃദ്ധൻ വന്നു താരയെ കാറിന്റെ മുൻപിൽ നിന്നും പിടിച്ചുമാറ്റി താര കുറെ ആലോചിച്ചു അതാരാണെന്ന് പിന്നെയാണ് അവൾക്ക് മനസ്സിലായത് അത് അവൾ സംഭാവന കൊടുത്തുകൊണ്ടിരിക്കുന്ന ആ അനാഥാലയത്തിലെ ഒരാളായിരുന്നു എന്ന്. അവളുടെ സത്പ്രവൂർത്തിയും കാരുണ്യവുമാണ് അവളെ ആപത്തിൽ നിന്ന് രക്ഷിച്ചതെന്ന് അവൾ വിശ്വസിച്ചു. ഗുണപാഠം:- നന്മയിൽ വളരാം





അഞ്ജന അജിൻ VI B

### **എെ എെ**

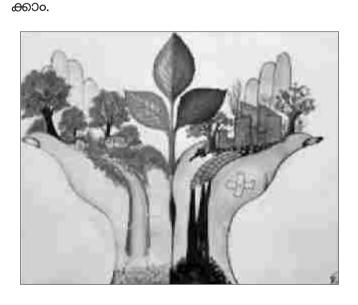
പണ്ട് പണ്ട് ഒരു കുഞ്ഞ് ഗ്രാമത്തിൽ മീനു എന്നു പറഞ്ഞ ഒരു കൊച്ച് പെൺകുട്ടി ഉണ്ടായിരുന്നു. അവൾ അവളുടെ അമ്മയെ നല്ലോണം സഹാ യിക്കും. വെള്ളം കോരാൻ, പശു വിനെ കുളിപ്പിക്കാൻ അങ്ങനെയ ങ്ങനെ അവൾ വളർന്നു. അവളുടെ അച്ചൻ അവൾ ചെറുതായിരുന്ന പ്പോൾ മരിച്ചുപോയി. അതുകൊണ്ട് അവളുടെ അമ്മയ്ക്ക് മീനുവിനെ പള്ളിക്കൂടത്തിൽ വിടാൻ സാധിച്ചില്ല. പാടത്തും പറമ്പിലും കളിച്ചും രസിച്ചും അവൾ വളർന്നു. ഒരു ദിവസം അവൾ ഒരു കുഞ്ഞ് പൂമ്പാ റ്റയെ കണ്ടു. അവൾക്ക് ആ പൂമ്പാ റ്റയെ വലിയ ഇഷ്ടമായി. അവൾ ആ പൂമ്പാറ്റയെ പിടിച്ചു ഒരു കൂട്ടിലാക്കി. അതിനെ വീട്ടിൽ കൊണ്ടുപോയി. മീനൂന്റെ അമ്മ അത് കണ്ടപ്പോൾ അവളെ വഴക്കു പറഞ്ഞു. അവൾക്ക് സങ്കടമായി. അമ്മ പിന്നെ രാത്രി ഊണ് കഴിക്കുമ്പോൾ പറഞ്ഞു. "മീനു അതും നമ്മളെപ്പോലെ ഒരു ജീവിയാ ണ്. അതിനും വേണം നമ്മളെപ്പോലെ സ്വാതന്ത്ര്യം". മീനു ആലോചിച്ചു നോക്കി. അമ്മ പറഞ്ഞത് ശരിയാണ് അവൾക്കും തോന്നി. അവൾ ആ പൂമ്പാറ്റയെ സ്വതന്ത്രയാക്കി. അന്ന് അവൾക്ക് മനസ്സിലായി സ്വാതന്ത്ര്യം എല്ലാവർക്കും ആവശ്യപ്പെട്ടതാണ്.



തന്വി റാം 6 ബി

## അന്നും ഇന്നും

അന്ന്, ജനൽ തുറന്നപ്പോൾ പക്ഷികളുടെയും പൂമ്പാറ്റകളുടേയും ശബ്ദമായിരുന്നു പ്രകൃതിയിൽ നിന്നുതന്നെ, കിട്ടുന്ന നല്ല ഇളം കാറ്റുമുായിരുന്നു. ഇന്ന്, ജനൽ തുറന്നപ്പോൾ, ആളുകൾ മരം വെട്ടുന്ന ശബ്ദവും, എന്തിനും ഏതിനും വേണ്ടി അടിയുണ്ടാക്കുന്നു. ഭൂമിയിൽ മുഴുവൻ മാലിന്യങ്ങളാണ്! വൃത്തിയില്ലായ്മയാണ്! മുഴുവൻ പുകയാണ്! ഇതെന്താണിത്! "ഇനിയെങ്കിലും നമ്മുടെ ഭൂമിയെ സംരക്ഷിക്കാൻ, നമുക്ക് കൈകോർത്ത് പിടി



### individual champions (CLASSES 6 - 12)

ANNUAL SPORTS MEET 2024 - 25

GOKULAN M - VI D



THANUSREE VIPIN - VI A



KRISHNADARSAN MENON - VIII B



**GAURI GAUTHAM - VIII C** 



KARTHIKA P R - VII D





JESWIN JOSE - X C





KALYANI ABHILASH - IX D



ADITYA R NAIR - XII D

SUPER SENIOR GIRLS



PARVATHY B - XI C

### individual champions (primary)

BOYS



KESHAV VINOD - I C

BOYS



VAIGA MENON - I C

**GIRLS** 



DAIWIK VIVEK - II A



KSHETHRA V - II B **GIRLS** 



AARADHYA GOPINATH - III B



YAATHRISH T KUMAR - IV D



GAURI NANDHA V - IV D



ABHINAV JAYESH - III C

#### KG SPORTS DAY









### **PRIMARY**





#### **SPORTS DAY -SENIOR**



SCIENCE WEEK



CHINP NA VII

ORD STOUBARS DAT

Dr. A. P. J. Abdull Etalum











#### NATIONAL INTEGRATION DAY





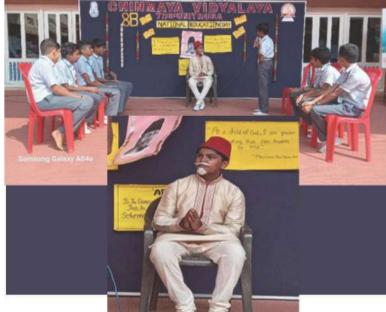








NATIONAL EDUCATION DAY



### **FAREWELL**

# PHILATELY EXHIBITION





















#### **INTERACTIVE FLAT PANELS**





### KG TRIP TO A PLAY AREA









**WORLD AIDS DAY** 









CHINMAYA VID
SENIOR SECONDARY
SENIOR SECONDARY
SENIOR SECONDARY
SENIOR SECONDARY
SENIOR SECONDARY







HUMAN RIGHTS DAY





# ANOKHA 24







VIGILANCE AWARENESS WEEK



CHILDREN'S DAY







INACTION OF COMMUNITY HELPERS















#### **REPUBLIC DAY**



SENIOR SECONDARY (A UNIT OF CMECT (GC)CHINMAYA VIDYALAYA (CBSE)









#### Makarasamkranthi













YOUTH DAY













#### INTERNATIONAL DAY OF DIFFERENTLY ABLED











**NATIONAL MATHEMATICS DAY** 



































### SPIRITUAL CLUB ACTIVITIES















# हिन्दी विभाग

### शिक्षक की महिमा

जीवन में जो राह दिखाए, सही तरह चलना सिखाए, माता-पिता से पहले आता, जीवन में सदा आदर पाता ।

सबको मान प्रतिष्ठा जिससे, सीखी कर्तव्य निष्ठा जिससे, कभी रहा ना दूर मैं जिससे, वह मेरा पथ प्रदर्शक है,

मेरे मन को भाता, वह मेरा शिक्षक कहलाता, कभी है शांत कभी है धीर, स्वभाव में सदा गंभीर।

मन में दबी रहती थी इच्छा, काश मैं उसके जैसा बन पाता, जो मेरा शिक्षक कहलाता, और सबको ज्ञान दे पाता।



अरशिया राजेश 7 C







अवंतिका कृष्णकुमार 7C

### बसेरा की बुद्धिमता



एक बहुत बड़ा जंगल था। वहाँ चार पक्षी - सवेरा, बसेरा, बसंत और पतंगी - एक देवदार के पेड़ में अपने-अपने घोंसले बनाकर रहते थे। वे अच्छे दोस्त थे। हर सुबह, वे मिलकर खाना ढूंढने जाते थे। एक दिन, सुबह हो गई, लेकिन बसेरा आलसी थी और नहीं जाना चाहती थी। पतंगी ने कहा, "अगर तुम नहीं आए तो हम जाएँगे और खाएँगे, तुम यहाँ धूप में रहोगी।" सवेरा ने बसेरा के पास जाकर ज़ोर से कहा, "ज़रा जागो यार, दिन हो गया है!"

बसेरा जाग गई और सब खाना ढूंढने निकल पड़े।

खाने के बाद, वे अपने पेड़ पर लौट आए और आराम करने लगे। थोड़ी देर बाद, उन्होंने एक विचित्र आवाज़ सुनी। वे बाहर देखकर हैरान रह गए -एक लकड़हारा उनका पेड़ काट रहा था। बसेरा ने कहा, "हमें खुद को, अपने घोंसले को, इस देवदार को और इस पेड़ में रहने वाले अन्य पिक्षयों को बचाना होगा।" सवेरा ने सबको यह खबर दी और सबने मिलकर एक हल सोचा। वे लकड़हारे के पास जायेंगे और उसके सिर पर आक्रमण करेंगे। उसे दर्द होगा और वह वापस जाएगा। सवेरा ने सबको यह खबर दी और उन्होंने लकड़हारे पर हमला कर दिया। उसने अपनी कुल्हाड़ी छोड़ दी और जल्दी से भाग गया। सभी पिक्षयों ने चारों दोस्तों का अभिनंदन किया और वे फिर से संतुष्ट होकर उस जंगल में रहने लगे।

वरुण प्रशांत (7D)

### नीलू की उडान

नीलू एक छोटे से गाँव में रहती थी। उसके पास बड़ी-बड़ी आँखें और एक नन्हा सा दिल था ,जो बड़े-बड़े सपने देखता था। रोज़ अपने खेतों के बीच से स्कूल जाते और हर बार जब वह स्कूल के पास के बगीचे से गुजरती, तो पेड़ों पर चहकते पंछियों को देखती। उन पंछियों की तरह नीलू भी उड़ना चाहती थी - खुली हवा में , आसमान में , जिसकी कोई सीमा ना हो।

नीलू पढ़ाई में बहुत होशियार थी। उसके अध्यापक उसकी लगन को देखकर कहते, "नीलू, एक दिन तुम बहुत बड़ी बनोगी।" नीलू का सपना था कि वह पढ़ लिखकर एक पायलट बने और आसमान में उड़े। लेकिन गाँव के हालात और घर की गरीबी उसके सपनों के रास्ते में बड़ी रुकावट थी।

फिर भी, नीलू ने हार नहीं मानी। वह दिन-रात मेहनत करती और हर रात आसमान में उड़ने का सपना देखती। एक दिन नीलू के गाँव में एक बड़ा सरकारी अधिकारी आया। उसने गाँव के बच्चों से उनके सपनों के बारे में पूछा। जब नीलू ने अपनी पायलट बनने के सपने के बारे में बताया, तो अधिकारी ने उसकी हिम्मत और लगन को सराहा। उसने नीलू की पढ़ाई का खर्च उठाने का वादा किया।

वह दिन नीलू के जीवन का सबसे बड़ा दिन था। उसने पढ़ाई पूरी की और धीरे-धीरे सपनों के पंख लगाए। सालों की मेहनत और संघर्ष के बाद नीलू सच में पायलट बन गई। आज नीलू आसमान में उड़ती है और जब वह अपने गाँव के ऊपर से गुजरती है, तो उसे वह दिन याद आते हैं जब वह छोटे-छोटे कदमों से बड़े सपनों का पीछा कर रही थी। नीलू का सपना उसकी हकीकत था और वह जानती थी कि अगर इंसान सच्चे दिल से कोशिश करें, तो आसमान भी छोटा पड़ जाता है।



ओम प्रशांत बाबर - 5C

### लालची चंदू

गाँव में चंदू नाम का एक आदमी रहता था। एक दिन चंदू अपने खेतों में उगी हुई सब्जियाँ बेचने के लिए शहर चला गया। रास्ते में चलते-चलते वह बहुत थक गया था। उसने सोचा, "थोड़ा आराम कर लूँ।" तभी उसे एक बहुत बड़ा पेड़ दिखाई दिया। वह एक कल्पवृक्ष था।

चंदू पेड़ की ओर चला गया और पेड़ के नीचे जाकर बैठ गया। पेड़ की छाया बहुत ही शीतल थी, उसे बहुत अच्छा लगा। चंदू को बहुत भूख लगी थी। उसने सोचा, "काश मुझे खाना मिल जाता।" तब अचानक उसके सामने बहुत सारा खाना प्रकट हुआ।

खाना खाने के बाद, चंदू को नींद आ गई। उसने सोचा, "काश मुझे बिस्तर मिल जाता।" और अंचानक बिस्तर प्रकट हुआ। चंदू सो गया और जब जाग गया, तो उसने सोचा कि यह खाना और बिस्तर कहाँ से आया?

जब उसे पता चला कि यह जादुई पेड़ है, तो उसके मन में लालच आ गई। उसने सोचा, "मुझे बहुत सारा सोना चाहिए।" और अचानक सोना प्रकट हुआ। लेकिन चंदू की लालच बढ़ती गई। उसने सोचा, "इस पेड़ के बारे में किसी और को पता नहीं चलना चाहिए।"

इसिलए, चंदू ने पेड़ को काटने की कोशिश की। लेकिन जैसे ही उसने पेड़ को काटा, पेड़ और सोना दोनों गायब हो गए। चंदू को बहुत पछतावा हुआ कि वह इतना लालची न होता। वह रोते हुए अपने घर वापस जाता है।



विवान अभिलाष - 5C

### अंडमान की यात्रा



पिछले साल गर्मी की छुट्टियों में, मैं अपने परिवार के साथ अंडमान यात्रा पर गया। अंडमान द्वीप समूह भारत का एक अद्वितीय और सुंदर हिस्सा है। हमने पोर्ट ब्लेयर और हैवलॉक द्वीप का आनंद लिया। पोर्ट ब्लेयर भारत के स्वतंत्रता संघर्ष की याद दिलाता है। सेलुलर जेल की सैर करते समय, मैंने स्वतंत्रता सेनानियों के संघर्ष के बारे में बहुत कुछ जाना। शाम को कार्बिन कोव समुद्र तट पर बैठने में बड़ा मजा आया।

हैवलॉक द्वीप पोर्ट ब्लेयर से 2 घंटे की दूरी पर है। हमने यह दूरी एक बड़ी नौका में पूरी की। समुद्र में यात्रा करते समय मैं बहुत उत्साहित था। हैवलॉक द्वीप कोई सपना नहीं है, वहाँ का समुद्र पानी नीला और साफ़ है। हमारा विश्व विश्रमालय राधा नगर समुद्र तट के करीब था, जो दुनिया के सातवें स्वच्छ समुद्र तटों में से एक है। वह समुद्र तट सुंदर और शांत है।

हर दिन शाम को हम वहाँ काफी समय बिताते। एक दिन हम एलिफेंटा समुद्र तट गए और वहाँ ढेर सारे जलक्रीड़ा का आनंद लिया। पोर्ट ब्लेयर में वापस आकर, हमने निकटस्थ रॉस द्वीप की भी यात्रा की, जहां ब्रिटिश राज का महत्व है।

वापस केरल आने से पहले, हमने कुछ खरीदारी भी की। अंडमान बहुत ही सुंदर है और भारत का गर्व है। यह द्वीप समूह हमेशा मेरी यादों में रहेगा।





### **१वेता की** प्यारी गुड़िया

### इशिता वी 7A

श्वेता के पास एक प्यारी गुड़िया थी जिसका नाम टीटू था। वह टीटू के साथ हर समय रहती थी, सोती थी, पढ़ती थी और खेलती थी। श्वेता टीटू को बह्त प्यार करती थी और उसे सिर्फ अपने बह्त अच्छे दोस्तों को ही देती थी।

एक दिन, जब श्वेता टीटू को लेकर जा रही थी, तो कोई उसे ले गया। श्वेता उ सके लिए ढूंढती रही, लेकिन टीटू नहीं मिली। दुख के मारे श्वेता रोने लगी। असल में, किसी ने उसे अपनी गुड़िया समझकर उठा लिया था। जब श्वेता को टीटू नहीं मिली और वह रोने लगी, तो उस व्यक्ति को अपनी गलती का एहसास हुआ। उसने श्वेता से माफी मांगी और टीटू वापस कर दी। इसके बाद, श्वेता और वह व्यक्ति अच्छे दोस्त बन गए। श्वेता ने सीखा कि कभी-कभी गलतियाँ हो जाती हैं, लेकिन माफी माँगने से सब ठीक हो जाता है।



### अनोखा सपना

मयुख राकेश 5C

हर रोज़ की तरह आज भी मैं स्कूल से घर आया, लेकिन आज सब कुछ बदल गया। मैं अपने घर की जगह एक महल देखकर चौंक गया। अंदर गया तो सारी जगह चमकती हुई चीजें थीं। मैं थकान की वजह से सो गया।

कुछ समय बाद में उठ गया, क्योंकि मुझे भूख लग रही थी। भोजन में बहुत सारी चीजें थीं, जैसे बर्गर, पिज़्ज़ा वगैरह। मेरा पेट भर गया। उसके बाद बाहर चला गया तो देखा वहाँ एक बढ़िया बगीचा था। मेरे दोस्त वहाँ पहले से ही मौजूद थे। हमने खेल खेले और मज़ा आया। इसी बीच, कोई मुझे बार-बार बुला रहा था, "बेटे, देर हो गया है। उठो!" मैं उठ गया, तो देखा यह तो बस एक सपना था।





चिन्मयी पी एस - 6E

### पपीहे की जीवन गाथा

पपीहे की चाल चंचल, आवाज सुनने में मधुर है।
हर पंखों में छुपा है खुशियों का संदेश।
लगता चंचल और चतुर पक्षी है जीवन को रंगीन बनाता है,
अपने पंखों से प्यार बिखेरता है।
पपीहा बोलता है मीठी आवाज, दिल को खुशियों से भरता है,
अपने गीतों से साथ में रहता है, दोस्तों के ।
जीवन को सुंदर बनाता है, अपने प्यार से,
पपीहे की बोली सुनने में आनंददायक है।
हर कोई मंत्र मुक्त होता है, उसकी आवाज से,
चाहे तूफान आए, चाहे बारिश हो,
पपीहा अपने पंखों को फैला कर, खुशी से करता नृत्य।
पपीहे की कहानी सुनाने में रोचक है,
जीवन में सीखना है, खुशियों के साथ जीना,
साथ में रहने से, मजबूत बनते हैं
पपीहे की दोस्ती , खुशियों का संदेश लाती है।



सौपर्णिका हरी -6 E

# 114

### इधर .....

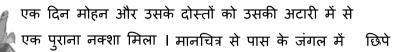
### उधर

इधर-उधर ,इधर - उधर बारिश की बूंदे गिरती हैं, इधर-उधर, इधर - उधर गड़गड़ाहट की आवाज सुनाई देती है। इधर-उधर , इधर -उधर मिट्टी की महक फैलती है, इधर-उधर , इधर -उधर रंगों से भरी छत चमकती है। इधर-उधर , इधर - उधर खुशी से नाचते गाते बच्चे, बारिश की खुशबू में खो जाते हैं। इधर-उधर , इधर -उधर हरियाली की चादर ओढ़ी हुई, प्रकृति की सुंदरता को दर्शाती है। इधर-उधर , इधर -उधर बारिश की रिमझिम, जीवन को नया अर्थ देती है। इधर-उधर , इधर - उधर बारिश की बौछार हर दिल को खुशियों से भर देती है।

### रहस्यमयी खजाना



अक्षित पी जे 10A



खज़ाने का पता चला । उत्साहित होकर वे मानचित्र पर मौजूद सुराखों का अनुसरण करते हुए एक साहसिक यात्रा पर निकल पड़े। घंटों की खोज के बाद अंततः उन्हें एक प्राचीन ओके के पेड़ के नीचे दबा हुआ एक संदूक मिला । अंदर उन्हें सोना नहीं बल्कि पुराने पत्रों और तस्वीरों का संग्रह मिला । खजाना एक पारिवारिक विरासत बन गया । जो उनके पूर्वजों की कदानियों से भग हमा था । सोदन और उसके टोस्नों ने

खजाना एक पारिवारिक विरासत बन गया । जो उनके पूर्वजों की कहानियों से भरा हुआ था । मोहन और उसके दोस्तों ने पत्र और तस्वीरें अपने परिवार के साथ साझा करने का फैसला किया । जब उन्होंने एक साथ कहानी पढ़ी ,

तो उन्हें अपने पूर्वजों की बहादुरी , प्रेम और साहसिक कार्यों के बारे में पता चला । मोहन को एहसास हुआ की असली खज़ाना उसके परिवार का इतिहास और उनकी यादें हैं ।

### विश्वभर के मार्शल आर्ट्स

मार्शल आर्ट दुनिया भर में अभ्यास किए जाने वाले शारीरिक और मानसिक अनुशासन का एक समूह है । ये कलाएँ आत्मरक्षा , शारीरिक फिटनेस और व्यक्तिगत विकास के लिए विकसित की गई है । प्रत्येक संस्कृति की अपनी विशेष मार्शल आर्ट्स हैं । जैसे - जापान में कराटे , जूडो और केंडो , चीन में कुंग फू, भारत में कलरीपैट और मल्लयुद्ध और थाईलैंड में म्यथाय ।

मार्शल आर्ट्स के अभ्यास से कई लाभ होते हैं, जैसे - शारीरिक और मानसिक स्वास्थ्य का विकास और सामाजिक जुड़ाव । ये कलाएँ व्यायाम , लचीलापन और ताकत बढ़ाने में मदद करती हैं । इसके अलावा मार्शल आर्ट्स में सीखी गई तकनीकी आत्मरक्षा के लिए उपयोगी हो सकती है ।ये कलाएँ अनुशासन ,धैर्य और आत्मविश्वास विकसित करने में भी मदद करती है । साथ ही मार्शल आर्ट समुदायों में शामिल होने और नए लोगों से मिलने का अवसर प्रदान करते हैं ।

### मौसम की मुस्कान

टिप-टिप बरसा पानी, फिर आई घनघोर गरजती बारिश और आंधी मंगल धोबी बाहर लपका, चाचा भागे अंदर गाय उठकर खड़ी हो गई, छबरू दौड़ा भीतर बच्चे खेलने लगे, पानी में माँ ने कहा, "अंदर आ जाओ, बारिश हो रही है" लेकिन बच्चों को मज़ा आ रहा था, बारिश में खेलना उनकी हँसी और खुशी से घर भर गया। बारिश की बूंदें गिरती, बच्चों के चेहरे पर उनकी म्स्कान और ख्शी से दिल भर गया मौसम की मुस्कान, जीवन में नयी उमंग बच्चों की खुशी और हँसी में सब कुछ रंग में रंग हो गई।



गौरी टी एस 5D



आँखें उसके तीन सर बह्त मजबूत पर अंदर मेवा मीठा-मीठा । हर जगह मौजूद

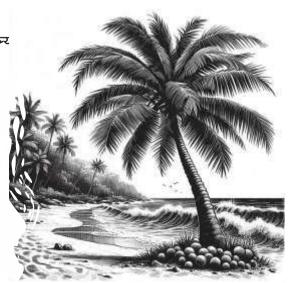
नारियल है इसका नाम , प्यास बुझाना इसका काम । उगते हैं यह पेड़ के ऊपर पहचानी है बहुत 'सूपरे' उगते ये महान जगह में जैसे भारत और लंका । इस फल का पानी तो पीते हैं हर कोई । गर्मी में पीयो इसका जूस सर्दी में इसका पानी सेहत के लिए बहत् उत्तम मैं तो कहूंगा अति उत्तम ।

### नारियल



नीरजा वर्मा 8C

नारियल का पेड़ है बह्त अमूल्य । यह संदेश देता है कि स्वस्थ रहना है जीवन मूल्य







### जिंदगी की झलक

कल एक झलक जिंदगी को दिखाई, वह राहों पर गुनगुना रही थी। फिर ढूंढा उसे इधर-उधर, वह आँख मिचौली कर मुस्क्रा रही थी।

एक अरसे के बाद आया मुझे करार, वह सहला मुझे सुला रही थी। हम दोनों क्यों खफा हैं एक दूसरे से? मैं उसे और वह मुझे समझा रही थी।

मैं पूछ लिया, "क्यों इतना दर्द दिया?" कमबख्त तूने वह हंसी और बोली, मेरी जिंदगी है पगले ,तुझे जीना सिखा रही थी।



ओमकारा एस XA

खेल में है जीवन की रंगत , हर पल में खुशियों की मस्ती । दोस्तों संग दौड़ लगाओ , जीवन को बनाओ मस्ती ।

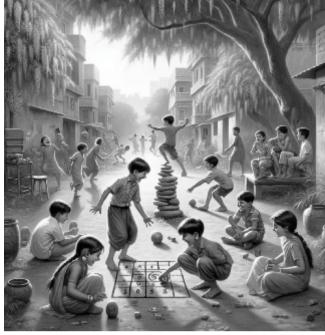
हंसते-हंसते खेलते रहो हर पल को खुलकर जियो । खेल की धुन में खो जाओ । सपनों को भी पूरा करो ।

खेल के मैदान में उड़ान भरों , उम्मीदों को पंख लगाओं हर जीत से सीख लो कुछ , हार को भी गले लगाओं ।

खेल में है प्रेम की भाषा हर दिल में उमंग जगता संग रहो , संग खेलो , जीवन को खेल सा बनाओ।



वैष्णवी आशालता मध् -10 A



रोहन और राम अच्छे दोस्त थे । वे दोनों पढ़ाई के साथ विभिन्न कलाओं में भी निपुण थे। उनको विविध विषयों पर चर्चा करना पसंद था । आज वे खेलकूद और पढ़ाई के बारे में चर्चा कर रहे हैं । रोहन मात्र पढ़ाई के साथ है और राम खेल के साथ पढ़ाई भी करता है ।

खेलकूद से

रोहन - पढ़ाई एक व्यक्ति के जीवन में बहुत बड़ा स्थान रखता है । पढ़ाई नहीं तो जीवन नहीं ।

राम - पढ़ाई ही सब कुछ नहीं होता, खेल भी हमारे जीवन का जरूरी हिस्सा है ।

रोहन -अगर हम अच्छे से पढ़ाई नहीं करेंगे तो भविष्य में अच्छी नौकरी कैसे मिलेगी ?

राम - वैसे विराट कोहली यहां पढ़कर नौकरी कर रहे हैं । खेल हमारे शरीर को स्वस्थ
रखता है और अच्छी नौकरी भी देता है ।

उनकी यह चर्चा उनकी एक सच्ची मित्र रोशनी स्न रही थी ।

रोशनी - तुम दोनों यह बेकार की चर्चा क्यों कर रहे हो ? खेलकूद और पढ़ाई दोनों हमारे लिए जरूरी है । इनकी तुलना हम नहीं कर सकते ।

राम - शायद तुम ठीक कह रही हो । सभी बच्चों को हमें इसका सही ज्ञान देना चाहिए ।

रोहन - धन्यवाद रोशनी हमें यह पाठ सिखाने के लिए ।

फिर तीनों दोस्त वापस घर चले जाते हैं।





# चुंबक की गलती



उण्णिमाया पी 7D





चुंबक छोटा सा खरगोश था। वह बहुत लालची था और वह कुछ भी बाँटना पसंद नहीं करता था। उसके व्यवहार के कारण सभी उससे नफरत करते थे। उसकी मां उसे हमेशा डांटती रहती थी, लेकिन उसने कभी उसकी बात नहीं स्नी।

एक बार गर्मियों में चुंबक के पास खाने के लिए कुछ भी नहीं था। उसने हर जगह भोजन की तलाश की, लेकिन उसे कुछ भी नहीं मिला। आखिरकार उसके पास मदद मांगने के अलावा कोई चारा नहीं था। लेकिन उसके व्यवहार के कारण कोई भी उसकी मदद नहीं करना चाहता था।

चुंबक और उसकी माँ भूखे बैठे रहे। उसकी माँ ने उसे डांटते हुए कहा, "तुम्हारे व्यवहार के कारण कोई भी हमारी मदद करने तैयार नहीं है।"

सुबह चुंबक को अपने व्यवहार पर शर्मिंदगी महसूस हुई। वह अपने एक दोस्त बाबू के घर गया और उन्हें अपनी स्थिति के बारे में बताया। बाबू ने उसे भोजन दिया और उसकी मां को भी बुलाया। चुंबक की मां ने बाबू को धन्यवाद दिया और उन्हें अपने बेटे के व्यवहार के बारे में बताया। बाबू ने चुंबक को सलाह दी, "तुम्हारा लालची और आलसी व्यवहार तुम्हारे लिए बहुत बड़ी समस्या है। अगर तुम ऐसा व्यवहार जारी रखते हो, तो तुम्हारा कोई दोस्त नहीं होगा। "चुंबक ने बाबू की बात मानी और अपने व्यवहार में बदलाव लाया। उसने कड़ी मेहनत करना शुरू किया और लालची व्यवहार को छोड़ दिया। जल्द ही, उसने कई दोस्त बनाए और एक प्यारा और दयाल् खरगोश बन गया।



सविता माधवन ( अध्यापिका )



क्या मेरे सपने सपने न थे? क्या मेरे ख्वाब ख्वाब न थे? उडने का आसमान दिखाकर. मेरे पंख क्यों काट दिए गए? ख्शियों का बसेरा दिखाकर, म्झसे मेरी हँसी क्यों छीन ली गई? क्या मेरे सपने सपने न थे? क्या मेरे ख्वाब ख्वाब न थे? रातों को जाग जाग कर. नींदों को त्यागकर. बीमारियों से जूझकर, मैंने भी बनाया था अपने सपनों का घरौंदा. जिसे एक निशाद ने उजाड़ डाला, मेरे जीवन का दीपक बुझा डाला। क्या मेरे सपने सपने न थे? क्या मेरे ख्वाब ख्वाब न थे? कोलकाता की इन गलियों में, आज गूँजता है मेरा नाम, पर मेरी आँखों में जो था वह सपना. अब कहाँ? आसमान में सितारों में बसी हूँ, लेकिन सवाल आज भी मैं पूछती हँ, क्या मेरे सपने सपने न थे? क्या मेरे ख्वाब ख्वाब न थे?

### बचपन की यादें

बचपन कितना सुंदर, कितना सुहाना, हर द्वेष से घृणा से अंजाना।

झूले पर बैठ, हवा से बातें कर, आसमान छूने की खुशी पाना।

टिमटिमाती हुई हँसी में, न कोई अच्छा, न कोई बुरा, न में बड़ा, न तू छोटा, न यह सच्चा, न वो झूठा।

न बहुतेरा, न मिटेरा, बस मुस्कुराकर आगे बढ़ जाना, एक हँसी में दुनिया जीतकर, मुट्ठी में उसे छुपाकर।

कुछ दिल में न रखकर, बस खुशियाँ बाँट जाना, बस बचपन, बस बचपन, सबसे प्यारी दुआ।





वेदिका सलील (10A)



आवणि रागेश - 3C

### मेरा प्यारा तोता

तोता तोता हरा तोता आओ आओ मेरे पास। अनार और अमरूद खाने के लिए आओ मेरे पास आओ। आसमान से नीचे आओ हमें एक साथ खेलना होगा। ओह! मेरा प्यारा तोता कृपया एक गाना गाओ और मेरे मन में खुशियाँ भर दो।



### सितारों की स्तुति: भारत का राष्ट्रीय अंतरिक्ष दिवस



प्राचीन आकाश के नीचे, जहाँ बहुत समय से सपने बोए गए हैं, भारत ऊपर की ओर बढ़ता है, जहाँ तारों से डगमगाते रास्ते दिखाई देती हैं। गंगा की चमक से लेकर हिमालय की ऊँचाइयों तक, हमारी अंतरिक्ष यात्रा आकाशी यतों में शुरू होती है।

दूसरों के पक्ष में खेलते हुए, एक राष्ट्र की भावना साहसी होती है। तारामंडलों का मानचित्र अभी तक अनकही कहानी है। चंद्रयान की खोज और मंगल की लालिमा के माध्यम से, हम आनंद का पता लगाते हैं।

हर प्रक्षेपण के साथ एक आशा होती है। हर तारे के साथ एक मार्गदर्शक ब्रहमांड मिलता है और इसी तरह भारत का गौरव भी अंतरिक्ष के भागों में बनी हुई विज्ञान की एक कपड़े से प्रतिबिंबित होती हैं।

हमारा असीम आलिंगन, देखने वाले से लेकर वैज्ञानिक की गहरी नजर, भारत के ब्राहमणी आकाश में भविष्य उज्जवल चमकता है। क्योंकि इस दिन हम उसे खोज का चश्मा मानते हैं, इसे हम प्रिय मानते हैं। प्रीति की खोज करना, बिना किसी संदेह या भय के।

### पेड़ मेरा मित्र

एक दिन मैंने एक पौधा लगाया । और मैने हरदिन उसे पानी दिया । वह धीरे धीरे बढ़ता रहा। वह एक बडा सा पेड़ हो गया । भाग्य से उस दिन से मुझे स्वच्छ हवा फल और बारिश मिल गई। उस दिन से पेड़ मेरा मित्र बन गया।



लक्षिता महेश -3D

### प्यारा विद्यालय

ला ला ला ! मुझे मेरा स्कूल पसंद है। ला ला ला ! मुझे मेरा अध्यापक पसंद है । ला ला ला ! मुझे मेरा दोस्त पसंद है। मेरा प्यारा स्कूल। ।



### सुबह हो गई

काला कौआ छत्त पर बैठा , कैसा शोर मचाता है। काँव-काँव करके वह तो, मेरी नींद भगाता है। इधर से मुर्गा कुकडू - कू कर, मुझको यह समझाता है। सुबह हो गई, अब तो उठ जा, क्यों आलस तुझे आता है।



अक्षरा वरुण 3 D





### छतरी



डारन धीरज 3 B



आसमान में चमकी बिजली, छतरी लेकर मीना निकली। काले - काले बादल आए, चाहे जितना जल बरसाएँ धूप बारिश से हमें बचाएँ, छतरी सबके मन को भाए।

### बेटी

जब - जब जन्म लेती है बेटी, खुशियाँ साथ लाती है बेटी। ईश्वर की सौगात है बेटी, सुबह की पहली किरण है बेटी। तारों की शीतल छाया है बेटी, आंगन की चिड़िया है बेटी। त्याग और समर्पण सिखाती है बेटी। त्याग और समर्पण सिखाती है बेटी। जिस घर जाए, उजाला लाती है बेटी, बार - बार याद आती है बेटी। बेटी की कीमत उनसे पूछो, जिनके पास नहीं है बेटी।



शिवन्या अनीष - 3 B



### ताज़ा बारिश

मुझे बारिश देखना पसंद है। मेरी खिड़की के शीशे से टकराते हुए पेड़ के पत्ते ऊपर नीचे हिलते हुए सारा शहर पानी से बह रहा हैं। मिट्टी की खुशबू, गुलाब की मीठी खुशबू, एक स्वादिष्ट नाश्ता, सभी एक गरमागर्म . कॉफी के साथ अच्छा लगता हैं। धुले हुए पेड़ों की ताज़गी, ठंडी और प्यारी हवा, बारिश के दिनों में मुझे सबकुछ अच्छा लगता हैं। आह ! मैं दिन भर लिपटकर लेटना चाहता हूँ।



आदिदेव ए 4 B



सुधड सयानी चींटी रानी, मीठी चीजों की दिवानी। जितनी छोटी उतने गुण सदा काम करने की धुन, एक बार जो दिल में ठाना बस पूरा करके दिखलाना ।

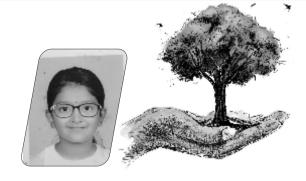
चींटी रानी



अराधना राजेश - 4 B

### प्रकृति का संरक्षण

प्रकृति ईश्वर का सबसे अनमोल उपहार है, जिसका संरक्षण करना हमारी जिम्मेदारी है। भारतीय संस्कृति में प्रकृति को माँ के रूप में पूजा जाता है, इसलिए हमें पेड़-पौधों और जीव-जन्तुओं की रक्षा करनी चाहिए।



मालविका रंजित -3C

### तितली

सुबह सवेरे आई एक तितली फूल फूल पर बैठी तितली गुनगुन गुनगुन गाती हो रंग-बिरंगे पंख सजाए, सबके मन को भाती तितली मैं दोस्त बनाना चाहूँगी।





जय और पराजय



राघव एस - 3C

एक दिन रमा और मनु शतरंज खेल रहे थे। आखिर रमा "चेक मेट" हो गई। खेल में हार जाने से रमा बहुत उदास हुई। वह रोने लगी। यह देखकर माँ ने वहाँ आकर बच्चों से कहा - "जय और पराजय दोनों जीवन का भाग है। तुमने अच्छी कोशिश की और भी कोशिश करना अच्छा खेलने के लिए। यह सुनकर रमा ने रोना बन्द कर दिया।

### मेरी प्यारी बिल्ली

एक बिल्ली थी। सर्दी के समय वह बिल्ली ठण्ड के कारण काँपता थी। ठण्ड से बचने के लिए मैंने उसके लिए एक कपड़ा खरीदा। वह कपड़ा देखकर खुश हुई और उस कपड़े को बिस्तर बनाकर सोती थी।



तीर्था कृष्णा ए - 3C





नवमिका पी पिषारडि -3C

### नारियल का पेड़



नारियल, नारियल, नारियल का पेड़ केरल का महत्वपूर्ण पेड़। नारियल, नारियल, नारियल का पेड़ मीठा - मीठा नारियल पानी। जहाँ भी देखो वहाँ लंबे-लंबे नारियल के पेड़। नारियल सुंदर, केरल सुंदर नारियल, नारियल, नारियल का पेड़।





अदिति कृष्णा के - 3A

ओणम की छुट्टियों में हम रामेश्वरम गए थे। रामेश्वरम का मंदिर बहुत बड़ा है। उस मंदिर में भगवान शिव और पार्वती मैया की पूजा होती है। कहा जाता है कि वहाँ के बाईस तीर्थ स्नान से हमारा सारा पाप दूर हो जाता है। तीर्थ स्नान करके हमने लिया। मैंने पिताजी से पूछा-इस मंदिर को रामेश्वरम क्यों कहते हैं? तो पिताजी ने कहा- "रामस्य ईश्वर: इति रामेश्वर:।"

### मेरी माँ

मेरी माँ सबका भलाई सोचती है। मेरी माँ सबसे प्यार करती है। मुझे मेरी माँ बहुत पसंद है। वह डाँटती है, हमारी भलाई के लिए।।

वह अपने जीवन से ज्यादा हमारे जीवन को कीमती समझती है।

हमेशा हमें खुश रखती है।

वह हमें अच्छाई सिखाती है।

वह हमें सुरक्षित रखती है।

वह हमारे लिए अपनी जान भी देने के लिए तैयार है।



ए सुकन्या -3C

### SEVA CLUB ACTIVITIES







QUIT INDIA DAY



HANDLOOM DAY



PUBLIC SPEAKING CLUB- TOASTMASTERS SESSIONS











### **WORKSHOP FOR STUDENTS**



SELF DEFENSE WORKSHOP FOR GIRLS BY Women Self Defense Trainers (NARCOTIC CELL)



CAREER GUIDANCE FOR CLASS 11 BY SAHYA GROUP



CAREER ORIENTATION FOR COMMERCE BATCH BY KERALA COMMERCE FORUM & LOGIC GROUP



SESSION ON BODY SAFETY BY BODHINI (NGO)



SESSION ON ROAD SAFETY BY Mr. ADARSH KUMAR



IMAQUAC- CHALLENGES IN VACCINE PRODUCTION FOR FISHES@ BHAVANS



SESSION ON DEALING WITH THREATS BY BODHINI (NGO)





TECHNICAL SESSION ON RUBBER TECHNOLOGY BY Mr. CHANDYSON K KURIAKOSE



PERSONAL HYGIENE SESSION BY NCC CADETS





CREATIVE WRITING IN MALAYALAM BY PRIYARAJ GOVINDA RAJ, DIGITAL HEAD, MATHRUBHUMI



BIOHORIZON-SYMPOSIUM BY Mrs. AJITHA D



VISIT TO MRIDULASPARSAMINTEGRATED TRAINING CENTER FOR CWSN

WORKSHOP ON FOOD SAFETY BY FSSAI



AI ACROSS DISCIPLINE: SHAPING THE FUTURE OF LEARNING.



WORKSHOP ON TRAUMA CARE



ROAD SAFETY SESSION BY VINOD KUMAR N (MOTOR VEHICLES INSPECTOR)



HAND WASHING AND PERSONAL HYGIENE MRS. ELAINA GEORGE (SPECIAL EDUCATOR)

### **WORKSHOP FOR TEACHERS**



LESSON FROM BHAGAVAT GITA BY DR. MRS. LEELA RAMAMURTHY



CAREER GUIDANCE BY CBSE
MS. FRANKLIN MATHEW & MR. HANEEFA M



EMPATHY AND ACTIVE LISTENING IN THE CLASS ROOM BY MR. KRISHNARAJ

FIRST AID TRAINING BY MRS. DHANYA M NAIR (NURSING STAFF)



### NCC ACTIVITIES 2024-25





ATC 2024-25 AT MOOTHUKUNNAM



Leading Cadet Jishnu I L Best Cadet ATC 2024



CADET AKSHAT M NAIR PARTICIPATED IN INDEPENDENCE DAY PARADE AT COLLECTORATE



SELECTED FOR ONE DAY SAILING







KARGIL VIJAY DIWAS



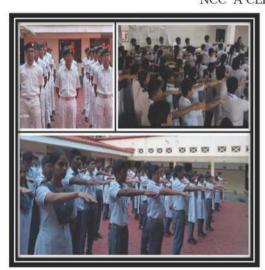
WORLD ENVIRONMENT DAY

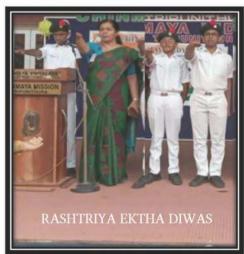














PERSONAL HYGIENE DEMONSTRATION FOR OUR PRIMARY KIDS



INDIAN NAVY DAY



SELECTION PROCESS OF NEW NCC BATCH 2024-25



NCC A CERTIFICATE EXAM 2025 - VENUE



WELCOME CEREMONY OF VIETNAME COAST GUARD SHIP





INDEPENDENCE DAY CLEANLINESS DRIVE



### ANNUAL DAY









### संस्कृतभाषायाः प्राधान्यम्

- यदि भवन्तः संस्कृतं वदन्ति, तर्हि भवन्तः
   अल्पशब्दैः स्वस्य अभिव्यक्तिं कर्तुं शक्नुवन्ति।
- अनेकाः आङ्गलशब्दाः संस्कृत भाषायां
- उत्पत्तिं प्राप्नुवन्ति ।
   कर्नाटकस्य मातुरग्रामस्य जनाः केवलं
- संस्कृते एव वदन्ति।
- संस्कृतं उत्तराखण्डस्य आधिकारिकराज्यभाषा
- इति घोषितम्।
   सुधर्मं जगति एकमेव संस्कृत वृत्तपत्रमस्ति।
- संस्कृतभाषा वाक्चिकित्सायां सहायकं भवति इति सिध्दम् अस्ति। संस्कृतं सङ्गणक अनुकूलतमा भाषा अस्ति। संस्कृत भाषायां विविधाः शास्त्राः सन्ति।





Advika G. Menon IX-C

# 



Chinmayi P.S. VI E

### नित्यवाणी

ब्रह्माण्डात् परं वाणी निवसति तत् गुह्याम् पुरातनं बुध्दिमान् च कुहूकुहू करोति। संस्कृतस्य पवित्राक्षरेषु प्रवहति ज्ञानस्य नदी नित्यं दीप्ता वेदात् कालातीतसत्यं उपनिषदं पराक्रमम् जीवनस्य क्षणिकरात्रौ अस्मान् मार्गदर्शनं करोति। भगवत् गीता का ब्रह्माण्ड गीता यत्र वयं स्मः तत्रैव प्रतिध्वनितुं शक्नोति अद्वैतस्य अद्वैत आलिंगने सीमां, कालान्तरं च विलीयते। एषा नित्यवाणी, मन्दवायुः तत् ह्रदयं क्षोभयति, आत्मा च गहना समुद्राः समीपतः शृणुत श्रोष्यसि ब्रह्माण्डस्य ह्रदयस्पन्दनम्, नित्यं समीपम्।।

# मम मातृभूमिः

जननी जन्मभूमिश्च स्वर्गादपि गरीयसी।

मातृभूमिः जन्मतः आरभ्य मृत्युपर्यन्तम् अस्माकं रक्षणं पोषणं च करोति । 'माता भूमिः पुत्रोर्रहं पृथिव्याः' इति वेदवाक्यम् अस्ति ।

मातृभूमिः सर्वैः नरैः वन्दनीया भवति। येन-केन-प्रकारेण

मातृभूमेः रक्षणं करणीयम्।



Keerthana Sabari VIII-C





### श्रीमद् भगवद्गीतायाः अध्ययनस्य लाभाः



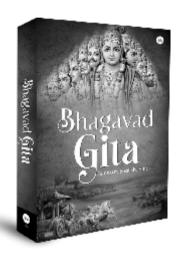








Amruth Varma



श्रीमद् भगवद्गीतायाः ज्ञानं जीवनस्य क्लेशेषु धैर्यम् स्पष्टता च प्रददाति। गीता धर्मस्य महत्वं शिक्षयति, यया मार्गेण चलनेन कर्तव्यानि यथायोग्यं कुर्वन्ति। कर्मणि फलेन विमुक्तं रहितं च कर्तुं प्रेरयति, यत् मनः शान्तिं संवर्धयति। गीता स्व-अनुशासनम् स्व-जागरूकताम् च उत्तेजयति, येन व्यक्तित्वविकासः भवति। सर्वतः श्रीमद् भगवद्गीता - जीवनं सन्तुलितं, अर्थपूर्णम् सुखमयश्च करोतु इति प्रेरयति।

### पाणिनि:





पाणिनिः संस्कृभाषायाः अद्वितीयः व्याकरणकारः आसीत्। तस्य महती कृती 'अष्टाध्यायी' इति प्रसिद्धा, यत्र ३९५९ (3959) सूत्राणि संगृहीतानि सन्ति। पाणिनिः शालातुरे, आधुनिक पाकिस्तानस्य ईशानस्य भागे, निवासाय आसीत्। संस्कृतस्य सरलता तथा संरचनात्मकता तेनैव प्रकटिता इति कथ्यते। तस्य व्याकरणशास्त्रस्य नियमाः तथा सूत्राणि अद्यापि संस्कृतभाषायाः

शिक्षायाः अत्यन्तं प्रभावशालीनि सन्ति।



VII D

## मम विद्यालयः

अहं चिन्मया विद्यालये पठामि। मम विद्यालये बहवः छात्राः पठन्ति। मम विद्यालये बहवः शिक्षकाः सन्ति। मम विद्यालये प्रयोगशालाः सन्ति। मम विद्यालये क्रीडाक्षेत्रम् अस्ति। मम विद्यालये उध्यानम् अस्ति। मम विद्यालयं अतीव सुन्दरं अस्ति।

# सुभाषितानि

प्रथमे नार्जिता विद्या द्वितीये नार्जिता धनम्। तृतीये नार्जिता पुण्यं चतुर्थे किं करिष्यसि।। अलसस्य कुतो विद्या अविद्यस्य कुतो धनम्। अधनस्य कुतो मित्रम् अमित्रस्य कृतः सुखम्।। कर्मण्येवाधिकारस्ते मा फलेषु कदाचन। मा कर्मफलहेतुर्भूमा ते सङ्गोस्त्वकर्मणि।।



Aasika Jayakumar VIII D





### S. Pavana

# मेलयत



(क)			
	$\alpha$	M	To

(i) लीलावती

(ii) मेघदूतम्

(iii) अध्यात्म-रामायणम्

(iv) मुकुन्दमाला

(v) नारायणीयम्

(vi) सौन्दर्यलहरी

(vii) पञ्चतन्त्रम्

(viii) अर्थशास्त्रम्

(ix) सूर्यसिद्धान्तः

(x) बृहज्जातकम्

(ख)

वराहिमहिरः (क)

चाणक्यः (ख)

आदि-शंकराचार्यः (ग)

आर्यभट्टः (घ)

कालिदासः (ङ)

भास्कराचार्यः (च)

व्यास-महर्षिः (छ)

कुलशेखरः (ज)

नारायण-भट्टतिरिः (झ)

विष्णूशर्मा (ञ)

<u>(ф)</u> (х)

(F) (xi)

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 $(\overline{E})$  (iiv)

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(政) (利)

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(장) (iii)

(평) (ii)

(i)

जित्रभागि

### श्वानाः

श्वानाः मानवानाम् प्रियङ्कराः पशवः

सन्ति। मनुष्याः

तान् मित्रत्वेन पालयन्ति । श्वानाः मानवस्य परमित्रणि सन्ति । ते अस्माकं गृहाणि पालयित्वा अस्माकं प्रियजनानाम् अपि पालयित्वा साहाय्यम् कुर्वन्ति । श्वाः

भिन्नप्रयोजनार्थं पालिता भवन्ति, प्रायः वीथिषु दृश्यन्ते। एवं ते अस्माकं कृते सर्वाधिक सामान्येषु सहायकेषु च अन्यतमाः सन्ति



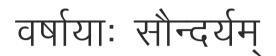


Adwaith V.B. VII B





Kasinath Rajkrishnan VIII C





केषाञ्चन जनानां कृते वर्षा विषादं जनयति। केषाञ्चन कृते तेषां आशाः पुष्पन्ति। मानसूनः आर्द्रं मौसमं ताडयति। पक्षिणः च स्वस्य सुन्दरं पंखं विमोचयन्ति। प्रकृति तस्याः हरितवैभवस्य चित्रणं करोति। जलप्रपाताः भव्यतायाः सह गर्जन्ति। भूमो नूतनाः वनस्पतयः अङ्कुरन्ति। कीटाः स्वपिण्डेभ्यः बहिः आगच्छति। वर्षाः जीवनं जनयति,

वर्षाः आनन्दं जनयति,

यथा आकाशात् पतन्तः अमृतबिन्दवः।।



प्रकृति:

Ankit J VIII C

पृथिव्यां त्रीणि रत्नानि जलम् अन्नम् सुभाषितं।
मूढैः पाषाणखण्डेषु रत्नसंज्ञा विधीयते।।
अश्वं नैव गजं नैव व्याघ्रं नैव च।
अजापुत्रं बिलं दद्यात् देवो दुर्बलघातकः।।
हिमालयम् समारभ्य यावत् इंदु सरोवरम्।
तं देवनिर्मितं हिंदुस्थानं प्रचक्षते।।
एतद्देशप्रसूतस्य सकाशादग्रजन्मनः।
स्वं स्वं चरित्रं शिक्षेरन् पृथिव्यां सर्वमानवाः।।
उदये सविता रक्तो रक्तश्चास्तमये तथा।
सम्पत्तौ विपत्तौ च महतामेकरूपता।।





Ann Rita Antony V R

आम्रम् मधुरम्, तत् सर्वत्र प्रियम्। आम्रेण सुखम् लभ्यते, येन आत्मानम् मोदते। आम्रम् फलम् श्रेष्ठम्, तत्ं विटिपनः श्रेष्ठम्। आम्रम् भारते प्रियम्, आम्रम् पाके स्वादुकम्, यस्य रसः सर्वत्र व्यापकः। आम्रम् दृश्यते सुन्दरम्, तत् दर्शनेन आत्मानम् रम्यते। आम्रम् सुगन्धिकम् यस्य गन्धः सर्वत्र व्यापकः। आम्रम् भक्ष्येण प्रियम्, येन शरीरम् पोषयते। आम्रम् सर्वत्र विन्दितम्, तत् सर्वत्र प्रियम् इति।

# सर्वत्र वर्षा

वर्षा, वर्षा, वर्षा।
मानसूने वर्षा भवति न च ग्रीष्मकाले।
वर्षा, वर्षा, वर्षा।
उपरितः वर्षति अस्माकं कृते च अधः
गच्छति।
वर्षा, वर्षा, वर्षा।
सूर्यप्रकाशेन सह वर्षति वर्णपूर्णं
इन्द्रधनुषं च करोति।
वर्षा, वर्षा, वर्षा।
सुन्दरं शब्देन वर्षति वयं च तत् द्रष्टुं न
शक्नुमः।
वर्षा, वर्षा, वर्षा।
यदा चिन्तयति तदा वर्षति वयं च चिन्तयन्ते,
तदा तत् निवारयितुं न शक्नुमः,
वर्षा, वर्षा, वर्षा।



M. Sundaraman VIII C



### अश्वः शम्बूकः च



Arshia Rajesh VII C

एकदा, एकः अश्वः कस्मिंश्चित् वने अवसत्। सः आत्मिन गर्वितवान्। सः चिन्तितवान् मत् अपेक्षया कोर्रिपि वेगेन धावितुं न शक्नोति इति। सः एकं मन्दं चलन्तं शम्बूकं दृष्टवान्। सः शम्बूकस्य अपमानं कुर्वन् एवम् उक्तवान् चिक भवान् मया सह स्पर्धा करोति, वा? शम्बूकः। कृपितः अभवत्। अस्तु। रिववासरे आवां कुर्वः इति अवदत् शम्बूकः। शम्बूकः गृहं गत्वा सर्वान् शम्बूकान् एतत् विषयं चर्चां कर्तुम् आहूतवान्। सः सर्वान् स्पर्धायाः विषये अवदत्। ते अश्वं जेतुम् एकम् उपायम् अकुर्वन्। सर्वे शम्बूकाः समानं दृश्यन्ते, एतरमात् कारणात् ते अश्वं भ्रमितुम् निश्चयं कृतवन्तः। रिववासरे यदा स्पर्धायाः आरम्भः तदा सर्वे शम्बूकाः आरम्भरेखायाः आरभ्य अन्तिमरेखां पर्यन्तं तिष्ठन्ति स्म। स्पर्धा आरभत अश्वः किञ्चित् दूरम् अधावत्, ततः अधः अपश्यत्। सः अग्रे शम्बूकम् अपश्यत्। सः तस्य वेगम् अधिकं कृतवान्। परन्तु शम्बूकः तथापि अग्रे आसीत्। इदानीम् अश्वः इतोर्रिप वेगेन धावितवान्। तेन बहु प्रयत्नं कृत्वापि, शम्बूकः अग्रे एव आसीत्। अन्तिमे, अश्वः स्पर्धाम् शत्यजत्। अस्तु, अहं पराजितः, भवान् जितः इति अवदत् विनीतः अश्वः।







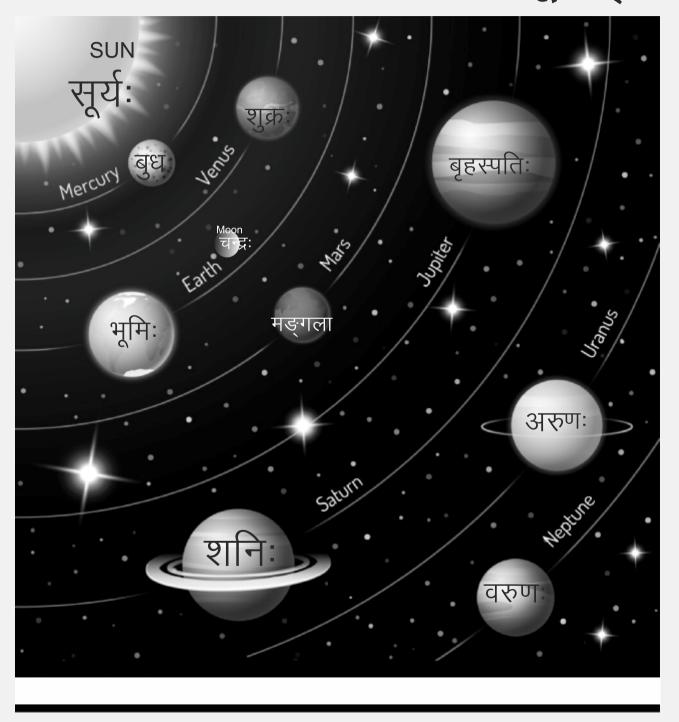
काफी

Vinayak V. Mallya IX C

काफी लोकस्य प्रसिध्दः पेयः अस्ति । एषा भृष्टः काफी शिम्बेन कृता । एषा पेयः गन्धस्वादयुक्तुं भवति। प्रातःकाले अनेकाः जनाः काफीं पिबति यतः तस्याः कैफीनम् अस्ति। काफीनः एकः प्राकृतिकः उत्तेजकः अस्ति यः ऊर्जं, ध्यानं च वर्धयति। काफी उद्गमः अस्पष्टम् अस्ति किन्तु तत्र उद्गमस्य बहवः आख्यायिकाः सन्ति। अधिकतमः प्रसिध्द कथा यत् कलदि नामकः एकः बकपालकः दश्यति पत् तव बकाः एकः वृक्षेण फलाः खादित्वा बकाः विचित्र रूपेण प्रवर्तयति । एषः फलः स्वयं खादित्वा सः अवाप्तवान्, उत्साहितं च अस्ति ततः सः फलानि एकस्य भिक्षुकस्य समीपे नीतवान्, सः ताभिः सह पेयं कृत्वा प्रार्थनाकाले जागरणं कर्तुं सहायं करोति इति अवदत्। काफी भारतस्य प्रवेशनस्य कारणं बाबा बुदान् अस्ति । बाबा बुदान् २७ शताब्दी सूफि अस्ति । तव मेक्का तीर्थयात्र समये काफी पश्यति। गृहे काफी उत्पादनस्य उत्सुकता सः सप्त शिम्बः अपह्रतवान् यत् सः दाढौ वहति स्म। ततः चिकमग्लुरे रोपितवान् भारतम् काफी षष्ठः बृहत्तमः उत्पादकः करोति। ते कर्णाटकम्, केरलम्, तमिल नाडुः च सन्ति। भवन्तः सर्वे फिलटर काफी जानीथ। विश्वस्य शीर्ष २० काफी - सूचौ भारतीय फिलटर काफी इत्यस्य द्वितीयस्थानं प्राप्तम्। भारतस्य काफी नगरम् कर्णाटकस्य कूर्ग् अस्ति। विश्वे काफी अपि अनेकरूपाणि अस्ति-एस्प्रेरसो, कैपुचिनो वा प्रत्येक स्वस्वरुचिः। काफी समाजिक पेयम् अपि अस्ति। यत् जनान् कफे वा वार्तालापषु वा एकत्र आनयति। सरलं तथापि बहुमुखी, काफी कोटिजनानाम् नित्यसंस्कारः अस्ति।



# सौरयूथम्









Anjana A. VIII C

गुरुर्ब्रह्मा गुरुर्विष्णुः गुरुर्देवो महेश्वरः गुरुस्साक्षात् परब्रह्म तस्मै श्रीगुरवे नमः ।।

## चाक्यार्कूत्



Aswin Riju V B

'चाक्यार्कूत्' इति कलारूपं पुरा केरलेषु
आराधनालयेष्वेव प्रचलितमासीत्।
अतः इयं कला 'क्षेत्रकला'
इति प्रसिध्दा। अधुना विविधेषु
सांस्कृतिकमण्डलेष्वपि
इयम् अवतार्यते। 'कूत्त्'
इति कैरलीपदं कूर्दनार्थक 'कूर्द' धातो निष्पन्ने
भवति इति पण्डितमतम्।
संस्कृत भाषायां रिवतानि चम्पूकाव्यान्येव
अस्मिन् अवतार्यन्ते। अत्र वाचिकाभिनयस्व
प्राधान्यम्। प्रथमं नम्ब्यार 'मिषाव्' वादयति।
अनन्तरं विदूषकवेषधारी चाक्यार प्रविश्य
मङ्गलमाचरति ततः पीठिकां। कथाख्यं
अवतारयति।







Vedika Ullas of LKG C is the Champion in STATE LEVEL **BRAINOBRAIN 2024** ABACUS COMPETI-TION held at S.H. College Thevara.



· Nainika Sujith of UKG B bagged Second prize in the Fancy dress competition held in connection with Janmashtami celebrations at **GSV** 



 Winners: ESPERANZA 2024 – Kinder Fiesta 1.0 conducted by CHINMAYA VIDYALAYA West Kochi. Ist Prize Chinmaya Vidyalaya, Tripunithura



· Karthik Krishna K. A. Bhodhika Veda Nandu, Devnath A Nair, Advaita Siddharth, Anvi Adith, Ryan Rajesh, Daksha Vipin (Fashion Show 1st Prize)



· Advaita A Rao, Bhadra Saneesh, Jaahnvi S Gokul, Subhadra unni, Swathika Vineeth, Janvi sooraj, Jhanvi V P - Action Song 1st Prize



 Swagat Sudeep... 1st Prize



Kaniha Renjith of LKG B scored Third posi-



Anamika Sreekanth of LKGC scored Fifth posi-

The National on-line colouring competitions held by The Heritage Foundation Of Art & Culture (9th edition of Tiger-My Friend)



Gaurikrishna A S .... 2nd Prize



· Avantika LKG C 2nd prize - Story

telling National Heritage Foundation

· Vaibhay Subhash - Second prize in the Karate competition held by Sports Karate Association, Ernakulam district,





· Rudhvika Sabary - Second Prize, Recreating scenes Esperenza,

 AKHILA KERALA BALAJANA-SAKHYAM Nursery Section Colouring competition second prize



telling (LKG) First prize



· Samskriti Abhilash of LKG B Third prize in the LKG Colouring competition (Spectrum Junior) held on 2nd August at Sanskara School



RUDRAKSH VARUN GOT FIRST PRIZE FOR ENTE GANDHI COLOURING COMPETITION CONDUCTED JOINTLY BY MALAYALA MANO-RAMA AND SABARMATHI PADHANA GAVE-SHANA KENDRAM ON 06.10.24.

- MALAYALA MANORAMA (SABARMATHI STUDY RESEARCH CENTRE....GANDHIAN CONGRESS 100)...FIRST PRIZE
- · 30TH ALL KERALA CHILDRENS FEST (COCHIN SHIPYARD RECREATION CLUB)....FIRST PRIZE
- KUTTIVARA (MALAYALA MANORAMA)...FIRST PRIZE
- VARNOTSAVAM (27TH KOCHI INTERNA-TIONAL BOOK FESTIVAL 2024)...FIRST PRIZE
- SUGATHA NAVATHI...(SUGATHA KUMARI NAVATHI CELEBRATIONS).... SECOND PRIZE
- . BALABHOOMI VARNAM KIDS FEST (JJ ADS AND CONSULTANCY)...THIRD PRIZE
- · COCHIN CARNIVAL PENCIL DRAWING -FIRST PRIZE.
- . COCHIN CARNIVAL PAINTING SECOND PRIZE
- . KUTTY COLOR PAINTING COMPETITION SRI SARADA VIDYALAYA AND MALAYALA MANO-RAMA FIRST PRIZE.



#### ACHIEVEMENTS



GAUR NANDHA V of class 4 became the semi-finalist for Badminton conducted by KERALA STATE BADMINTON CHAMPION-SHIP MALAP-PURAM 2014, She also won under13, under 17doubles Badminton in the RBC Interschool badminton tournament and 2nd prize for Badminton conducted by Cochin seva sangam All Kerala tournament



VAGMI **PRATHESWAR** of class 4 bagged 9th position for dance in the HERIT-AGE FOUNDA-TION OF ART AND CULTURE Competition.



VAIGA S MENON of class 1 got 3rd prize for arts in the THANAL CHARITABLE TRUST DRAWING COMPETI-TION.



Akshara Amith of class 4 secured the 3rd prize for English Elocution in the KOCHI SA-HODAYA KA-LOTSAV



ADINATH S of class 4 bagged 3rd position for music in the HERITAGE **FOUNDATION** OF ART AND CULTURE



Avnitha Rajesh of class 3 bagged 1st position for scholastic in the Colouring competition Conducted by SIP Abacus Tripunithura



Hrithika Sreeram of class 4 bagged Gold medal for scholastic in the Brainobrain state level Abacus competition



Pradvota Chiplunkar has won the First Prize in Sanskrit Story telling competition, First Prize in Solo Singing competition, Second Prize Recitation Shloka competition in Sub Junior level (1-4 std). And also he won the Gadiyaram Shanta Subramaniam medal for the overall best performance among all levels. These competitions were conducted by Chinmaya Vishwa Vidyapeeth, Onakkur on 21th August 2024 on the occasion of Sanskrit Day Celebration 2024.



Shrevas of class 4 Silver medal for scholastic in the Brainobrain state level Abacus competition



Yuktha Subramoniam of class 4 bagged gold topper in 44th National Brainobrain abacus championship competition.



DEVAHARSH ANISH of class 4 secured Gold Topper for BRAINOBRAIN ABACUS COMPETI-TION



Aadya Aneesh of class 2 bagged 3rd position for Light Music and 2nd for classical music in the Atham competition



Theertha Krishna A of class 3 bagged 1st position in the Malayalam Handwriting Competition by Balajana Sakhyam Maradu Shakha



Alaina Arun of class 4 bagged :A' grade and 2nd prize for Hindi Recitation in the CBSE State Kalotsavam.



For Pathyocharanam conducted by CIF, Vyga Rathish of class 4 secured 2nd prize. She also secured 2nd prize for light music in Atham



Sreeniketh Vipin of class 3 bagged 1st position for Arts in the Bala gokulam drawing competition, got 'B' grade for Pencil drawing and also bagged 'A' grade and 3rd prize for CRAYONS COLOURING in KOCHI SA-HODAYA KALOTSAV



Nila J Nair of class 4 bagged 2nd position in the South Indian Full Contact Kyokushin Karate Open Tournament under 40kg weight category.



(Class 4)



(Class 4)



B Pillai



Nair

(Class 4)





Durga (Class 4) (Class 3)

In Esperanza 2024 conducted by Chinmaya Vidyalaya Kannamaly, the following children got 1st prize for Fashion show.















Gouri



Deekshitha Nainika S Geethanjali Aadya Aneesh Ala Bijesh Anwitha (Class 2) (Class 2) (Class 2) (Class 1) (Class 2) (Class 2)

In Esperanza 2024 conducted by Chinmaya Vidyalaya Kannamaly, the following children got 3rd prize for group Dance.



Shiva H

(Class 2)





(Class 2)



(Class 2)









(Class 2)

In Esperanza 2024 conducted by Chinmaya Vidyalaya Kannamaly, the following children got 2nd prize for Fashion show.

Navami Arun Vedasmrithi



Sourabhi P S of class 1 secured 2nd prize for Clay modelling in Esperanza 2024



LAVANYA HARI of class 3 secured for English Elocution in KOCHI SA-HODAYA KA-LOTSAV



Hresheekesh Killimangalam of class 2 secured 3rd prize for Treasure Hunt in the In Esperanza 2024 conducted by Chinmaya Vidyalaya Kanna-

#### ACHIEVEMENTS **III**



Souparnika Anup of class 4 bagged 'B' grade for Malayalam Recitation in KOCHI SAHODAYA KALOTSAV



Shreyaan A Nair of class 4 bagged 'A' grade for Light Music in KOCHI SAHODAYA KA-LOTSAV



Ashmita Krishna Kumar of class 4 bagged 'A' grade for Water colour Painting in KOCHI SA-HODAYA KALOTSAV



JAGANNATH BHIM-SHANKAR of class 4 bagged 'C' grade for Malayalam Elocution in KOCHLSA-HODAYA KALOTSAV



Aadhvik G Kamath of class 1 bagged 5th place for Sports(Chess) in the EKM Dist School individual Chess Championship 2024



VANSHIKHA SALEEL of class 4 bagged 'B' grade for Digital Painting in KOCHI SAHODAYA KALOT-



Nadhaan T D of class 2 bagged Gold Medal for 44th National Abacus Competition



Pavithra Viswanath of class 2 bagged 1st Prize for Gita Chanting conducted by Chinmaya Viswa Vidyapeet



Sreedhaksh Sujith of class 1 bagged First Prize(Gold) for Sports( Karate) in the EKM Dist Karate Championship 2024 under 7 years



Parthiv Rakesh of 7 A Esperanza Roopkala fashion show .2nd Prize



Ayush B Nair of 3was awarded Sri.Gopalakrishnan Nair memorial scholarship on behalf of the commemoration ceremony of Great Kathakali artist Late Sri. Evoor Parameswaran



Daksha Menon of class 2 bagged a silver medal and two bronze medals in the Ernakulam District skating competition



Nadhanel of class 2 got second prize in Spiritus Competition



Nitara.V of class 2 got second prize in Spiritus Competition



Krithika Renjith of class 2 bagged 3rd position in the National level colouring competition condation of Art &Culture, 9th Edition -Tiger My Friend



Advait Venkitesh of class 2 bagged Rs.10000/- cash prize and a certificate in the State Level SIP Arithmetic Genius 2024 conducted by All India Arithmetic Genius Contest-2024



SREYA E N of class 7D won prizes in Kalaripayattu Chuvadu - First (Gold) Maypayattu -Second (Silver) Vadipayattu -Second(Silver)



KARTHIKA P R of class 7D won prizes in Kalaripayattu Chuvadu - Third (Bronze) Maypayattu - Third (Bronze) Vadipayattu -Second(Silver)



Bhaumik D Nair of class 7D bagged third prize in Splash N' Stroke held at St Antony 'S Public School, Kizhakkambalam on 14/8/24 Sanskrit Day Celebration held at Chinmaya Vishwavidhyapeedh, Onakoor on 22/8/24 ducted by Heritage foun- Bhaumik D Nair bagged third prize for Drawing competition.

Certificate/cash prize & trophy



Abhirami Aneesh VA got third prize in drawing competition conducted by Thanal Charitable Society South Parayoor. won second prize in drawing competition conducted in association with Sanskrit day celebration at Chinmaya Vishwa Vidyapeeth

Won second prize in drawing competition of Syama -Sreekrish-Jayanthi conducted by Balagokulam, Ernakulam city. Won third prize in crayon art competition, remembrance of late Mr P P Ashokan conducted by Crayons Arts Udayamperoor. First prize in drawing conducted by purogamana kala sahithya samgam, Panangadu Smaranika 2024.

First prize in drawing in Esperensa competition conducted by Chinmaya Vidyalaya, Kannamaly. First prize in drawing conducted by Changampuzha Kala Samskarika Vedhi.

Third prize in drawing in connection with November 14th conducted by the Centre for Arts.



Unnimaya class 7D - Esperanza Roopkala fashion show .2nd Prize



Dhyan sharan class 5D got performer award for SIP abacus regional competition



Akshith G Kammath of class 5 B secured State level Sanskrit recitation competition 2nd prize

#### **ACHIEVEMENTS**



Vaishnavy Panicker of Class 6C bagged

- First Prize in 'NAD-ANIRJHARI' competition conducted by Vidyodaya School, Theyvekkal.
- First Prize for Light Music at the CBSE State Kalotsvam: District Level held at Cochin Refinery School
- Third Prize for Classical Music at CBSE Kalotsvam: District Level held at Cochin Refinery School
- Received A grade for Light Music in CBSE Kalotsvam: State Level held at Ahalia Public School, Palakkad.



Karthik J Nair class 5D bagged first prize for painting competition(Attham) conducted by Tripunithura Munsipality.



PRANAV RAJESH NAIR VII C won the trophy in Brain O Brain Finals.Badminton finals participation certificate and medal & Badminton internal singles certificate and medal by



Akshara of 6 C Esperanza Roopkala fashion show .2nd Prize



SREELAKSHMI M VII D won the trophy in the Brain O Brain Finals won Silver topper in Brainobrain regional abacus competition and Gold medal in Brainobrain National Abacus competition held in Chennai.



Sarang Thittayil Illam of class VB Champion -State Level Abacus Competition.



Vilvaadri R lyer of class 5B-Gold Topper Brainobrain Abacus State Level Competition.



Malavika V class 7D -Esperaza Roopkala fashion show .2nd Prize



Nihaara S class 7D won Silver medal in Brainobrain National Abacus competition held in Chennai.



Ameya Vivek of class 6 E got second prize in Camilin Painting competition



Swastika Rakesh of class 6 B became gold topper in Brain O Brain



Yuvan Subramoniam of class 6 D became Champion in National Brain O Brain held at Chennai. Became state level champion of Statelevel Brahmin Chess Competition held at



Trivandrum

M Gokulan of class 6 D won 2nd prize in Roopkala Fashion show competition in connection with Esperanza



Nayana R of class 5 A got second prize in category 2 of Kokuya Camalin Painting competition by Camalin



Sreya TR of 5 C won two gold and one bronze for Kalaripayattu held at Paravur.



Sarangi P S of class 5 A got First prize in SPIRITUS 2024 conducted by Sri Sri Ravisankar Vidyamandir



Anika Hari of class 5 A got First prize in SPIRITUS 2024 conducted by Sri Sri Ravisankar Vidy-



Souparnika Hari got second prize for folk dance in CBSE District Kalolsavam



Meghna Nair 5C has got gold medal in Compact JU-JITSU



Keerthana Binesh of class 5 C has got one gold and one bronze in Karate competition held by JSKA Palakkad.



Keerthana Harish of class 6 C won third prize in classical dance in All Kerala Children's Fest held at Cochin Shipyard



Karthik Narayan 6 C got first prize in Camilin Painting competition Secured Second Place in South Indian Full Contact Kyokushin Karate Open Tournament under 50kg.



Sreya Anup of 6 B has won first prize in painting competition held at TDM Hall in connection with Navaratri celebration.

#### ACHIEVEMENTS SENIOR SECTION



Saptha'24- All Kerala Inter School Science/Technical competition, our Bhavish MM of Class XII participated in animation and secured 3 rd prize with 3000 /- cash prize



Nidhi M Harikumar secured Third Prize in Malayalam Elocution conducted by Bhaskara Pillai Smarakam



Doromo, an inter school competition conducted by Marthoma public school. Theertha Anil of class XII B has won the third prize in sand art



Thus Spake Gurudev, a declamation contest conducted by Chinmaya vidyalaya Kannur,Ravi Purayannor of class XIC secured excellent grade



35th International Debate competition held at Delta studies Tanmaya Nair of XI B has won the third prize



The Krithi, an inter school competition held at Bhavans Velloor. Ravi Purannayur and Abhishek Jayan of Class 11 got First prize in the video editing (Pictores Phantasies)



Sreeram V and Ramprasath M secured First Prize in Robotics(Desafio De Robotika)



In TechEd conducted by Chinmaya Vidyalaya, Vaduthala ,Malini Tarakad Seshu, Vikesh k lyer, Chinmay R, Nandana TP secured First prize in relay programming Chinmay R Vikesh K lyer Nandana T P Malini Tarakad Seshu (From left to right)



Chinmaya Soccer, hosted by our school, our Senior Football team became the First Runners up



First Runner up Dawn Cup Interschool Football Championship



National level KALARIPAYATTU competition held at Ahmedabad, Gujarat, Avani T R of Class X secured Second Prize in Chuvadu and Vadi payattu and Fist Prize in Kaipooru.



In Ramayana Quiz conducted by Thamaramkulangara Sree Dharmasastha Temple Sreeram V and Ananya Varma secured Second position



Assissi Cup All Kerala Badminton Championship U-17 Girls Single and Doubles, Krishna M R of Class 9 and Gouri Nanda of Class 9 secured RBC Badminton Championship. In RBC Inter School Badminton Tournament

- Krishna M R winner of under 17 girls singles.
- Gauri Nanda winner of under 13 girls singles and runner up in the under 11 singles Tournament.





The Sanskrit Day Celebration conducted by Chinmaya Vidyapeeth Oonakur, Paavna S of Class 9 got First Prize for Sanskrit Sloka Recitation and Third Prize in Solo Singing



In the Nadhanirjari Competition by Vidyodaya School, Lalitha Parvathy of class 11 secured Third Prize in Violin (Senior)



Sreeram V of Class X(Junior) secured First Prize in Maypayattu, Chuvadu and Vadi payattu.



Devika Menon of Class XI has won Third Prize in Malayalam Story writing and Second Prize in Malayalam Essay Writing.

Nidhi S Kumar has won

the third prize in Essay

writing Competition.

In inter school

competition conducted by

St.Antony's Public

School, Sivanya

in Crush with

Trash(Craft)

Sreeraj of Class X

In Atham 2024 competition conducted

by Tripunithura Mu-

nicipality, Senior

Abhinav K Mani of

Class XII secured

Second prize in

Light Music and

Third prize in Patri-

secured third prize

#### An inter school competition Esperanza conducted by Chinmaya Vidyalaya, West Kochi



Third in Mehendi Designing Malini Tharakad Sheshu & Deepthi S



2nd prize for Rangoli Arjun P Menon Sreeram V





Heritage Quiz (Class 8) - First prize Abhinav Renjith Kasinath Rajkrishnan





Letter writing (Class-8) -Sarangi Shyam Second prize



1st prize for Adzap (Hasyathinte Nirangal) Durga Jeevan Menon Pavitra M Kaimal Dhyan Maheswar Evan Edwin Arya Rahul Devika Arun( From left to right)



Fashion show - second prize

#### YMCA conducted Arm Wrestling competition



Evan Edwin of Class VIII A has won the silver medal



Krishna of Class XII D has won the copper medal



Mayookhasreeconducted by CV Trissur, in English Extempore Pavithra lyer se-

cured grade

"Good"

Eureka 2024 - an inter

school competition

based on science con-

ducted Rajagiri Christu

Javanthi public school

Sreeram V and Rampra-

sath M have won the first

prize in Next Gen Won-

ders related to Robotics

In CBSE Kalotsa-

vam 2024 State

Level Competi-

tion, Lalitha Par-

vathy of class 11

secured Second

Prize in Violin



Dhanjith S lyer



Keshav D



Interschol Ramanyana Quiz

conducted by Paramapattara

Kendriya Vidyalaya, Dhanjith S

Iyer and secured Third Prize.

First Runners up RCJPS inter school Football Championship

Dawn Cup Interschool Football Championship -



Best player of the Tournament Jagathdev V

Abhinav P Adjudged as the best player in the following tournament



Assisi cup football championship Dawn cup interschool football tournament RSC football tournament



level-



In Vishal cup interschool football championship organized by Gregorian public school, Chinmaya Vidyalaya, Tripunithura became the first Runner- Up, Sooryajith. S best goalkeeper of the tournament

State level Sanskrit competitions conducted by Sanskrit College Tripunithura.



Abhirami Vijesh of Class X secured Second prize in Recitation



S. Pavana of Class IX secured Third prize in Recitation.

#### National Youth Day competition conducted by Ramakrishna Mission





Ankita Vimalkumar of Class XI secured Second prize in English Elocution



Chinmaya Girls Team secured the Runners up position in Ernakulam District Level Sub JuniorFast Five NetBall championship.

The team members are:

1.Vedha Ratheesh (7A) 3.Sreelakshmi.M (7D) 5.Thanusree Vipin (6A) 7.Rayana Ranjith (9D) 9.Guruchinthana.D (9A)

2.Unnimaya. P( 7D) 4.Karthika P.R 7D) 6.Meenakshi Pradeep(9D) 8.Neha M Harikumar (9A) 10.Gayathri Anz (9D)

#### BHAVANS GIRINAGAR COURT CLASH



Pranav P- Player of the match. Aavani P R-Player of the match



Represented the Ernakulam District in All Kerala State Net Ball championship at Sub Junior Level.



Rishikesh V Menon



Vedha Ratheesh



Ravi Purayannor has won as the Third Best Speaker

In Oratorical competition 2024 Chinmaya vidyalaya, Tripunithura has won the ever rolling trophy .Team members are Ramkishan S of Class X and Ravi Purayannor of Class XI

#### PAINTING COMPETITION CONDUCTED BY CAMELINE



Diya Dhanesh of Class X secured First Prize



Ardra S Nair of Class X secured Second Prize



Avanitha Sabareesh of Class XI secured the third prize

#### **ACHIEVEMENTS**



Abhivrudh M Nair of Class VIC won VIth rank in Maths Talent Search Exam. He got a cash prize of Rs.500/-



Abhiram KR OF class 7 C won prize in All Kerala Painting competition in connection with International Book Fair at Ernakulam and NTPC Kayamkulam painting competition



Arshia Rajesh of class 7 C has won the gold medal in Karate competition held by IJSK



Pavithra Kaimal of class 7 A has won first prize in Hasyathinte Nirangal Stand-up comedy competition part of Esperanza Has won first prize in inter school English Poetry recitation



Durga Jeevan Menon of class 7 A has won first prize in Hasyathinte Nirangal Interschool Stand-up comedy competition part of Esperanza



Varsha Sumesh of VD has won first prize in Camlin Painting Competi-



Anirudh G of class V D has got first prize in drawing competition conducted by Abad Nucleus mall and first prize in drawing in Viswakarma jayanti Onam competition



Thanusree Vipin of 6 A GOT 1st in Chuvadu and Vadi payattu, 3rd in Maypattu



Sarang K Lenin Secured Gold in Team Kata and Kumite in JSKA Palakkad District Karate Champion-



Suchetha P Secured Gold in Team Kata in JSKA Palakkad District Karate Championship



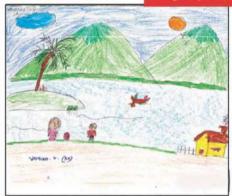
Nandini Krishna of class 6 B won Bronze – Kumite Bronze- Team Kata in JSKA Palakkad District Karate Championship



Nived Krishna of 7 A Represented the Ernakulam District in all Kerala State Mini Netball Championship

#### Drawings



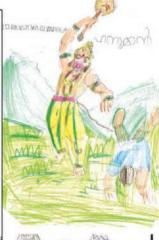














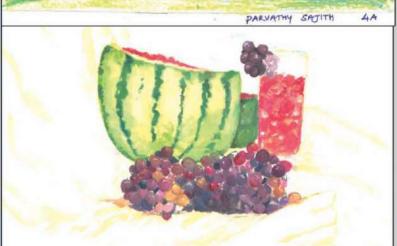
















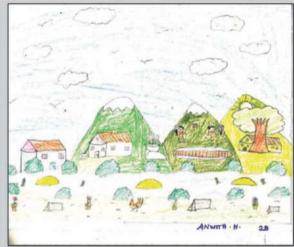


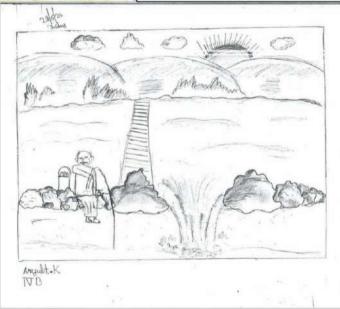


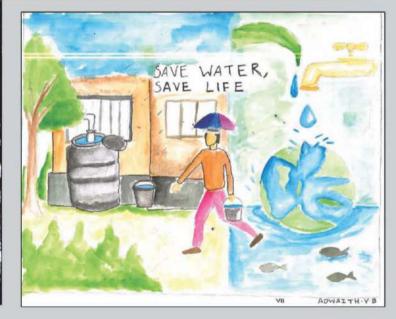


























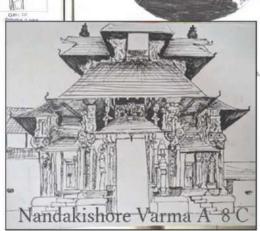






Sruthy Arun























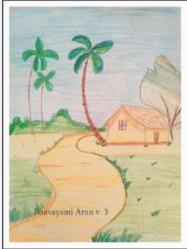




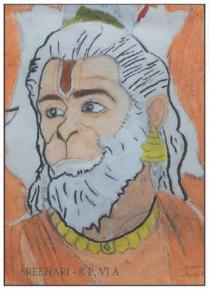








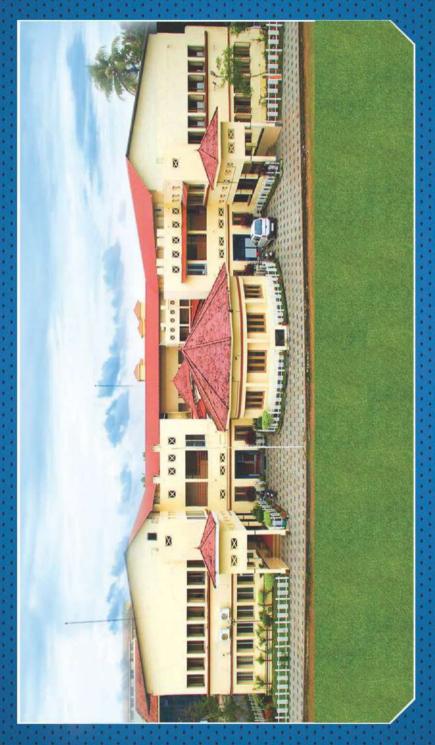












# Chirmayam

Chinmaya Vidyalaya Tripunithura, Senior Secondary School (CBSE) (A Unit of CMECT (GC)